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RED RIVER COLLEGE'S NEWSPAPER
THE PROJECTOR
October 28, 2002

Save your fork duke, there's pie

By Ruth Shead

Although there is something thrilling about receiving an A on an exam, especially one of those high-pressure ones worth 50 per cent of your final grade, a mark is incomparable to the Queen's approval.

Unless you were absorbed in reality television Oct. 8-9, you should remember that Queen Elizabeth and Prince Phillip came to town for 20 hours. During the brief visit, Red River College's hospitality department was put to the royal test and prepared the Queen's royal meal.

John Reimers, an instructor with the department's culinary arts program, said they were warned "don't be insulted if she only picks a little bit because that's what she does."

With that in mind, students and instructors in the two-year program, as well as the professional baking programs must have impressed. Jeff Gill, who was acting chair of RRC's hospitality department at the time of the meal said, "I can tell you, the Queen ate everything except for one carrot."

The steps involved in getting ready for the meal redefined food preparation. Rob Olson, Director of Auxiliary Services at RRC, began the drafting a proposal for the undertaking in April. A handful of revisions later, the pitch was accepted and meetings began.

The college began working with the Canadian Federation of Chefs and Cooks, local hotels, vocational high schools and other colleges across the province, the provincial legislature and protocol officials to bring the meal to the table.

A trial dinner was held in July, when officials from Buckingham Palace gave the green light to RRC's part in the royal dinner.

The approved menu was strictly Manitoban, beginning with appetizers of Manitoba cold-water pickerel terrine with wild rice bisque. The main course was Manitoba bison tenderloin with a red wine merlot sauce, served with pheasant pate, foie gras and morel mushrooms. Baby vegetables, including potatoes, beets and the remarkable carrots, accompanied the meat.

Dessert choices included: blueberry petit fours with almond paste, napoleon stuffed with pistachios and cream, topped with a creme anglais, and pavlova topped with raspberries.

Upon arrival at the legislature, satellite kitchens took care of the final touches and health inspectors did a final check on the food.

According to Gill, 120 waiters served the meal to the Royal couple and their 300 guests. Gill, who had the privilege of serving the Queen on her last Jubilee, credits the entire local effort for the success.

"Prince Phillip said everything was very nice thank you," said Gill, who was amongst the chefs and cooks who lined up for the Queen and Prince on their exit.

Although almost everyone in the program was involved in the preparations, RRC was only able to take about 50 students to the legislature.

For their efforts everyone involved will receive a certificate of appreciation, not to mention a notable experience for their resume.

photo by Aaron Cutler

Second-year culinary arts student Jennifer Nylen hard at work at the college's Prairie Lights restaurant.

Princess campus plans to open a convenience store

By Meera Bahadoosingh

What do a bunch of drained, hungry, and sleep-deprived students need?

The simple answer is tons and tons of sugar. Students at the Red River College's Princess Street campus may feel as though they are missing the necessary junk food elements a sometime staple of many student diets.

Chocolate, chips and gum are just some of the things provided by the vending machines-but students want more than that...they want candy!

The Students' Associations' solution to this is the opening of a convenience store in September 2003, when Phase Two of the campus will be up and running.

Todd Buchanan is the retail manager of Red River's SA, which owns and operates The Ox convenience store at the Notre Dame Campus.

He says a plan for a location at the Princess Street campus has been in the works for several months now.

"The store will run to provide students with their needs, as well as to add a positive experience," Buchanan says.

The store will be situated at the south end of the Princess Street campus off the Jubilee Atrium, beside the learning commons.

It will be a convenience store and focus on selling snack foods and drinks, but will also offer a slurpees and popcorn.

It will sell everything from bus passes, lottery items and tobacco products to the basic school supplies such as pens and paper.

The 300-square-foot area plans are to open from 8 a.m. to 4 p.m. everyday.

However, these hours are adjustable and will be determined based on the student demand.

Opening the store will not only provide students with their needed "sugar fix," but will also give them a chance for employment offering part-time job positions.

In addition the Students' Association will be looking to the students to help create ideas for a new store name and concept.

This is because the SA is thinking about revamping the Ox at the Notre Dame location, which has been the same since 1971.

First year Digital Multimedia student Char Hurd believes the opening of a convenience store is a great idea.

"Right now there isn't much for us," she says.

Char, however, does show an understanding towards the long process of implementing new student services, and points out that it will just be a matter of time until students here can have the same amenities that are provided at the Notre Dame Campus.

Fabulous futons on the way for Princess Street students

By Tineke Buiskool-Leeuwma

On Oct. 10, the student advisory group approved a plan to bring two futons into the Red River's Princess Street Campus.

"The college said no couches. It has to be a futon to go with the decor." Students' Association President David Lyman said.

The advisory group said "you can have futons, but they have to be nice ones."

The board approved a budget of $600, which will allow the college to purchase two futons.

One will be put on the sixth floor in the elevator shaft, while the other futon will be in room W507, the largest breakout room on the fifth floor.

Both futons will be bought at the nearby Fabulous Futon Factory.

Some students feel that the two futons are a little inadequate.

"I think two is not enough" Evan Braun said.

"It doesn't seem to be a major addition to the campus," Tom Buller agreed.

"We have no student lounge but we're getting futons" he added sarcastically.

Although the need for a student lounge is there, some students understand that the college is a work in progress.

"We're in a temporary place, so my expectations aren't high" said first-year student, Naniece Ibrahim.

"I'd rather have the printers work than have futons" she joked about the on-again, off-again, working printers in the PC and Mac labs.

In addition to the futons, there are more plans for the Princess Street.

The last phase of the building plans are to include a $300,000 fitness facility and an office.

There are also plans to build a 3000-square-foot store like the Ox, the store at the Notre Dame campus, which is run by the Students' Association.

"It should be fully open in 1 1/2 years" Lyman said.

"But plans change all the time."

photo by Aaron Cutler

Tim Cripps and Sarah Mawejje maxin' and relaxin' on Red River College's futons at the Notre Dame campus.

SA president says stats make tuition freeze hard-

By de Villiers van Zyl

The Canadian Millennium Scholarship Foundation's (CMSF) meeting with Manitoban Students' Association's turned out to be nothing more than a slideshow of statistics, says Red River College Student's Association president David Lyman.

The Oct. 2 meeting took place at the University of Manitoba last was led by Sheamus Murphy, public affairs officer of the CMSF. He focused mainly on presenting and defending the results of the foundation's research, rather than solutions for students in financial need.

One statistic indicates that 44 per cent of students have no debt after graduation. Lyman says although this is hard to believe what is more important is the 56 per cent of scholars that have debt.

However, when Mr. Murphy was confronted on the future focus of the CMSF on this issue, he was clearly surprised and unprepared to give any clear indications regarding the Foundations view on this matter.

"I want to know when the foundation became more focused on research than giving scholarships," asked Lyman.

"People fight the facts rather than pushing for action," he added.

The average age of students starting at Red River College is 26 and most people at that age already have debt from other responsibilities. The financial need exists, but is not accounted for in the 226-page manual that contains the results of the CMSF's assessment.

Lyman feels that the foundation concentrates more on the accessibility to post-secondary educations than the load of debt that goes along with it.

The central theme of their results states that the rapid rise in tuition fees and student loans has not reduced overall accessibility in the Canadian post-secondary education system.

"The foundation now believes they can change tuition whenever and however they want without any consequences. The frightening part is that the educational institutions now have stats in print to back the facts they already believed in." Lyman says.

He adds that 90 per cent of the figures used in this manual are from Statistics Canada and already known by most institutions. The difference is that it's the first time these statistics are bound in book form. This makes for valuable ammunition to use against student lobbyists.

"The statistics do not kill the movements towards lower tuition, but do hurt us. It makes it harder to lobby for lower tuition," says Lyman.

"I am a positive person, however, and believe that with these statistics now out in the open, people will start talking about tuition. It opens the door for tuition not to take a back seat to healthcare."

"The most important issue for the Students' Association is tuition", Lyman says.

"We will not give up the fight."

THE PROJECTOR

RED RIVER COLLEGE'S NEWSPAPER

Red River College's Newspaper for over 30 years.

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If you have an opinion about something you've read in The Projector, or would like to address an issue concerning Red River College, please write to us.

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CULTURAL INSIGHTS COLUMN

Diversity Includes Everyone

When asked the question, "What is diversity?" there are two typical responses. From those of European ancestry, the answer is often "Everyone but me!" For everyone else, the answer is commonly "People like me!"

People have many different interpretations of the word "diversity." By definition, diversity encompasses all of the ways that human beings are both similar and different with respect to race, gender, ethnicity, age, sexual orientation, religious and cultural beliefs, disabilities, language and socioeconomic status. Diversity includes everyone.

The primary dimensions of diversity are the things we bring with us to the work and learning environment: our age, ethnicity, gender, physical ability and sexual orientation. Each of these dimensions, with the exception of physical ability, is unalterable. Each strongly influences us as individuals.

The secondary dimensions of diversity that significantly shape our behaviours and attitudes include our geographic origin, level of education and income, marital and parental status, religious beliefs and work experience.

Similarity ranging from attitudes and values to demographic variables increases interpersonal attraction and liking. Individuals who are similar in background may find the experience of interaction with each other easier, positively reinforcing, and more desirable.

When individuals find themselves in unfamiliar territory, where the customs, habits and languages of those around them are different, it can be disconcerting and uncomfortable. This uneasiness often keeps individuals from establishing relationships with those who are different.

If we can learn to function from the assumption that we do indeed live in different worlds, and that others' values, behaviours and experiences may be fundamentally different from our own, perhaps we can encourage dialogue about our diversity and learn new approaches to working together toward common goals.

The personal challenge that diversity gives us is the responsibility for creating an environment in which everyone around us feels comfortable and is treated with respect.

For more information, please contact the:
Student & Community Advisor –
Diversity & Inclusive Initiatives Office
Room F214 • Ph: 632-2404

RRC home to a media monopoly?

National Post only paper for sale at Princess Street campus

By Rachel Kuehn,

Many students at Red River college's Princess Street campus have been asking the same question.

On a campus partially dedicated to public relations, journalism, and current events, why is there only one newspaper - the National Post - available for purchase?

There are two vending boxes for the Post in the creative arts Building, one outside the fourth floor lunchroom and one on the main floor.

Uptown Magazine, a free local publication, is also available.

At a previous Student Advisory Board meeting, the issue of having papers available for students was brought up by class representatives from the Princess Street Campus.

Students' Association Vice-president Schubert Beaubrun then phoned the National Post, the Winnipeg Sun, the Winnipeg Free Press, and Uptown Magazine, inviting them to place their papers in the creative arts building.

All media outlets said they would see what they could do about it, according to SA President David Lyman.

"I was unaware that the Post was there already," said Lyman.

"It has only been a couple of weeks since the meeting...I'm hoping the others will follow suit. We need to make follow ups."

Lyman also alluded to the Mini-Ox store, fashioned after the Ox store at the RRC main campus, which the SA is planning to open on the first floor. Papers would also be available for purchase at the Mini-Ox.

Lyman did not give a date for the opening of the Mini-Ox.

Although students are concerned about the lack of variety of news media, many think the issue has been taken too far by the graffiti scrawled on the National Post vending box: "Say no to media monopoly."

"It's disgusting that an immature individual defaced the National Post box after we were fortunate enough to have them come into our school," said Teresa Nickerson, a second-year creative communications student.

"That person showed their ignorance," said Merrit Buffie, a public relations major.

"It shows how little they know about anything."

Soem wonder why RRC's students should be paying for papers at all.

photo by Aaron Cutler

The National Post box on the fourth floor of the Princess Street campus.

The University of Manitoba's Management Students' Association provides 20-30 copies of both the National Post and the Globe and Mail to their students, according to their president, Cordell Jacks.

"We receive a discount. I don't have the exact numbers in front of me, but it's significantly less," Jacks said.

The papers are dropped off every morning and are available at the front entrance free of charge, he says.

"I was unaware of this," said David Lyman, when asked about U of M's free papers and the possibility of offering this service to RRC students as well.

"It's something we could definitely look into, if not this year, probably next year. If there's a need, we investigate. We try to be as proactive as possible."

CanWest employee Tara King said the normal procedure is to submit a proposal to their staff requesting a discount or free papers. CanWest publishes the National Post.

Limited copies of major daily newspapers, including the Winnipeg Free Press, the Winnipeg Sun, the Globe and Mail, and the National Post are available for perusal, at no cost, in the fourth floor library at the Princess Street Campus.

Red River College Students' Association
Events Information
Tel: 632-2081
Email: saevents@rrc.mb.ca

RRC Student Night
Friday, October 25
MANITOBA MOOSE

$10 and $16 Tickets Available in Room D102
Win Prizes such as a FREE Solo prepaid cell phone.
Free entry after the game at Tijuana Yacht Club

RED RIVER COLLEGE
MTS
RED RIVER COLLEGE STUDENTS' ASSOCIATION

HALLOWEEN SOCIAL

Friday, November 1st
8 pm, South Gym

Come in a Costume to WIN
XBOX, DVD Player, Coke Wear, Coors Light Gear, Molson Gear and MORE.

$5 Advance Student Tickets available at the Ox Store

$10 Non-student or Door Sale

Must be 18+ years to attend.
Please designate a driver.
Do not drink and drive.

RED RIVER COLLEGE STUDENTS' ASSOCIATION

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- ***New donors are needed to help these patients in need…***

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...another 4 patients could be helped by each friend you bring with you!

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WHERE: **South Gym**
TIME: **11:30AM to 3:30PM**

Bring Identification and Health Card Number

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IMPORTANT DATES TO ADD TO YOUR WEEKLY PLANNERS!!!

November 7 & 8

Notre Dame Class Rep Meeting
White Lecture Theatre
&
Princess St Class Rep Meeting
Room 411

Wednesday, October 30

CLUBS' PIZZA WEDNESDAYS
(Near the CAVE)

Friday, November 1

Halloween Social

South Gym 8 PM-1 AM

FREE DINNER FOR TWO!!!!

(GIFT CERTIFICATE $50.00)

TRIVIA QUIZ

Here's your chance to win DINNER FOR TWO (Restaurant Gift Certificate value $50.00). It's easy!!! Answer the questions correctly. Print your name, phone number and Student ID number for Red River College. Cut out this add and submit it to the Student Benefits Plan Office or fax to 633-1930 before November 29, 2002. Clues to the answers can be obtained by reading the Student Benefits Plan flyers posted on bulletin boards throughout Red River College, on the web site at ***www.gallivan.ca/studentnetworks*** or visit the Student Benefits Plan Office Monday – Friday 9:00 AM – 4:00 PM Room FM 66 (Junction of E and F building, mall level).

Question: Where is the Student Benefits Plan Office located?
Answer:
Question: What Application form does a student need to complete to obtain the SA CARE CARD?
Question: How many days does a student have to waive the health and/or dental plan?
Answer:
Question: How many days does a student have to add family members (spouse, dependants) to their health and/or dental plan?
Answer:

Name: _____

Phone# : _____ **Student ID#:** _____

The contest is open to students who are members of the Red River College Students' Association. Entries will be selected at random. The first entry with all questions answered correctly will be declared the winner. The winner will be contacted by telephone on December 2, 2002. Red River College Students' Association employees are not eligible to win.

Good Luck!! Deadline for entries is November 29,

RED RIVER COLLEGE
STUDENTS' ASSOCIATION

NOTICE OF ANNUAL GENERAL MEETING

Thursday, November 7, 2002
12:00 noon

White Lecture Theatre
Notre Dame Campus

- Approval of Audited Financial Statements
- Appointment of Auditors

The RRC Students' Association is required to have its audited financial statements approved annually by at least 25 Red River College Students. Your attendance is requested, along with at least one fellow student, to ensure we meet the required quorum

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Women's seminar explores education

By Lynsay Woollard

How many times in your life have you seen a female car mechanic or a male secretary? If you have, you can most likely count the times on one hand. Fifty, even 20 years ago, you might have laughed at the idea.

Imagine the irony of 57 women gathered in a room to recognize the contributions of women in education, surrounded by portraits of male Prime Ministers.

This was exactly the scene at the Legislature Oct. 2 when the women's directorate held a panel discussion to celebrate Women's History Month. Diane McGifford, the Minister for the Status of Women, hosted the discussion.

The panel consisted of five women as well: Dr. Mary Kanear, Chair of the History Department at University of Manitoba; Keith Louise Fulton, Chair of the English Department at University of Winnipeg; Pat Rowantree, the first female Minister of the Education of Youth; Myra Laramee, Principal of Nijimahkwa (Brother Bear) school; and Dr. Linda Asper, Legislative Assistant.

McGifford opened by introducinsome of the attendees, including Red River College President Jaqui Thachuk. She said the women would have had to fight an uphill battle, and explained what each panelist would communicate.

Kanear illustrated some of the changes for women in education that have taken place over the past 50 years. She compared the amount of post-secondary graduates in 1978, 20 per cent, to the more recent 58 per cent in 2000. She is impressed that women have gone from minority to majority in just over 20 years. "I've seen a lot of changes regarding women," Kanear says.

"There's still some way to go,"she added.

"Our time is now. This is when we have the power. Not in the past. Not in the future." said Fulton.

She also insists Manitoba should incorporate a graduate program in Women's Studies. She claims many women are leaving Manitoba because they want to continue in that field of study.

Rowantree echoed Fulton's views on needing more support for women.

"Women with greater responsibilities don't have the kinds of support needed." she said.

Rowantree believes the best way we can support women is by giving them mentors.

"You need to see people who look like you doing the jobs that you would like to have," Rowantree said.

She explained how the "Trade-up" program helps with pre-exposure and networking to ensure more success for women in the trade industry, but also said it's "Very unlikely that we're going to see an increase (of women) in the trade industry."

According to Rowantree, this has much to do with the fact that trades are "not hospitable fields," and "you can imagine what sorts of things they are encountering."

Laramee was supposed to speak about Aboriginal women in education, but didn't. She claimed she doesn't have the right to speak on behalf of all Aboriginal women because they all have their own stories; all she could do is tell hers.

At Nijimahkwa School, she holds a teaching lodge for the children. The children use this to learn what their purpose is on the earth, "so that they'll be able to stand and say that they did not come here (to this earth) for nothing.

"I will not lament about it because it happened, and there are many teachings and learnings in that," says Laramee.

Asper applauds efforts like the implementation of a youth parent center in St. Vital, but says there is stil a need for more. She spoke of going to RRC graduations. When the women over 30 went up to receive certificates, she thought of all the struggles they must have overcome.

"I've been really impressed by that as I've seen them walking across the stage," said Asper.

There have been many positive changes for women in education over the past few decades.

Let's hope that women today remember the struggles that were present for generations before us. Let's hope that we can recognize and appreciate the contributions people have made to ensure we have all the opportunities they didn't have. And, let's hope today's generation can become involved in making even more opportunities for women in the future.

Who knows, maybe one day we will see a woman's portrait hanging on the wall in that room.

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Christmas seats are limited. Book NOW!

Every year thousands of students want to fly home and back on the same few days, making space very tight during this high season. Plus, affordable fares go first.

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Happenings....

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We have campuses located all around Winnipeg and across Manitoba.
Check out the following list and learn how widespread Red River College really is:

Winnipeg:
Notre Dame Main Campus
Princess Street Campus
Kildonan East Regional Secondary School
Main Street Campus
St. Boniface Arts and Technology Center
Stevenson Aviation

Outside of Winnipeg:
Winkler Campus
Steinbach Campus
Portage Campus
Gimli Campus

Upcoming RRC Developments:
Princess Street Campus Phase 2 (Starting fall of '03)
Princess Street Campus Phase 3 (Starting fall of '04)

Where is the party?

**Get up to date information on campus events.
Win VIP passes, contests, and early sign-up for upcoming events such as Spring Break 2003.
Send an email to: pd_rrcsa@hotmail.com
and have your name added to the Events List.
Brought to you by your RRC Students' Association**

JOIN THE A-TEAM

Volunteer on the Activities Team and win prizes such as clothing, food, beverages, entertainment tickets, passes to Student Association Events, and other cool stuff. Plus you will meet a whole bunch of people and will be the envy of all your friends.

If you would like to join the A-Team, please drop by the Red River College Student Association office in room DM20 and fill out an application or email saevents@rrc.mb.ca for more information.

The Queen and I- a royal encounter

By Evan Braun

During their rapid-fire tour of Winnipeg, Her Majesty Queen Elizabeth II and His Royal Highness Prince Philip attended a banquet at the Manitoba Legislative Building. With just over 300 guests in attendance, invitations to this royal gala were few and far between.

The Queen's Jubilee Tour, a celebration of her fifty years on the throne, has placed special attention on the youth of the Commonwealth. In addition to members of the Order of Canada, past and present political leaders and local celebrities, each of the 57 Members of the Legislative Assembly opted to send one young person from their constituency to represent them at the occasion.

Guests began arriving as early as 6:30 p.m. Arriving at the Legislature via the south entrance, all guests walked across the lawn to their dinner appointment flanked by military personnel. Once inside, visitors were ushered to their tables by a host of Winnipeg Cadets.

The dinner guests rose as the royal entourage arrived shortly after 8:00 p.m., led by 12-year-old piper Elizabeth Murray. As the Queen arrived at the head table, the room quieted to accommodate a rendition of "God Save the Queen," performed by the Winnipeg Cadet Units' Band. Accompanying the meal was the music of harpist Deborah Covernton.

The evening's meal, prepared by the culinary arts students from Red River College and a number of high schools, featured a number of Manitoba's signature dishes, including tenderloin bison merlot, morel mushrooms, baby vegetables, and fingerling potatoes.

The Queen departed the royal banquet at 10:15 p.m., 15 minutes longer than she had intended to stay.

Lisa Gilmour, a political science student at the University of Manitoba and another of the 57 chosen young people, said she was excited all the way up to the night of the dinner. "Everyone's been asking me about this, and I'm just glad it's finally here."

Following the entourage's departure, Doer requested the 57 students who were invited to assemble on the grand staircase for a group photo. Doer briefly addressed the young people from the base of the stairs. "You are our leaders of tomorrow," he said. "Ready to take over?"

RRC Students' Association Annual

SPRING BREAK TRIP 2003

You could be here

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Trips starting at: $765 + Taxes

For more information:

- pick up an information sheet in the Students' Association office room DM20, 2055 Notre Dame Avenue
- or Email saevents@rrc.mb.ca

Space is limited - Deposit due by November 8

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RED RIVER COLLEGE

Two Diversity Events you don't want to miss!

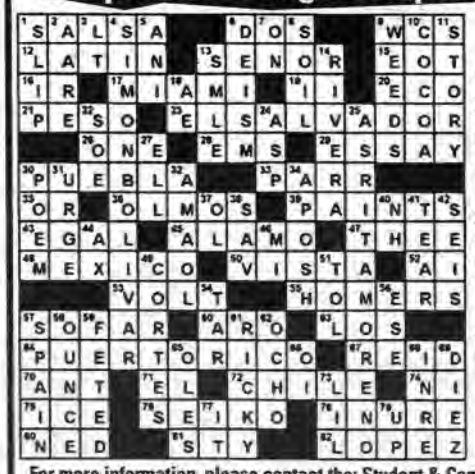
1 On *Wednesday, October 30th*, come and hear the experiences of first and second generation immigrant youth share the challenges and choices they have made since coming to Canada. Parental expectations and cultural baggage, being the bridge to a new culture and life in Canada are some of the topics that Evelyne Ssengendo and Rodrigo A. Silva-Galvez will discuss. Evelyne came to Canada at the age of nine from Uganda and Rodrigo A. Silva-Galvez was born in Chile and has lived in Canada since he was four.

2 On *Thursday, November 7th*, we are very fortunate to have the opportunity to hear about Afghanistan - Before and After 9/11. The guest speaker, Omar Baransky came to Canada in August 1999. Since his arrival, he has spoken throughout Winnipeg on what it was like to live under the Taliban rule and on poverty, hunger, diversity and the plight of Afghan women. Omar has family living in Afghanistan and will also share what their perspective is since 9/11.

Both events will provide participants with an opportunity to ask questions. See you in the **Tower Lounge** from **12 noon to 1 p.m.** for both events!

CULTURAL INSIGHTS — RED RIVER COLLEGE

Hispanic Heritage Completed Crossword



Winners of the September 4/02 Crossword Puzzle Contest:

$15 Earls voucher
Riley McKernan,
Instrumentation Engineering Tech.

$10 Famous Players voucher
Darla Stewart,
ASL-English Interpretation

For more information, please contact the: Student & Community Advisor – Diversity & Inclusive Initiatives Office: Room FZ14 Ph: 632-2404

THE PROJECTOR'S
OPINION
October 28, 2002

Don't blame me

I don't like whiners. You know who I'm talking about; those 'poor me' people, the ones who are always suffering something. I especially dislike whiners with excuses. They're the worst kind. They are the whiners who couldn't get something done because they were too tired, or too sick, etc., you fill in the excuse. But there's something I like less than whiners and people with excuses combined. Something that causes me not to get stuff done because I am a victim of circumstance. If you haven't noticed the irony yet, wake up, I'm about to whine.

My whine: every issue of the Projector looks like shit. My excuse: it's not my fault because our equipment is always broken; poor me. It's true, and I guess I'm couching my apology to the readers of this crappy paper in excuses and whines. But it wouldn't be such an example of terrible layout and garish editing errors if our computers and printer were working. Why, you ask, can't we do our jobs properly without working equipment?

Here's my excuse/reason, which is not bullshit because it's true. When four people take one entire night to put a newspaper together, the jobs are broken down to make the work manageable, i.e. someone does the pictures, someone lays out sections, etc. My job, and here's where I take responsibility, is to ensure an error-free paper to the best of my abilities. For the past two months, we've had new equipment. It is not networked properly and doesn't save information. Our five-year-old printer doesn't want to talk to our new computers. It has a bad attitude and the occasional nervous breakdown leaving us up the creek at three a.m. when we go to print a version for editing; boo-hoo!

What inevitably ends-up happening is we abandon ship, not by choice, after unsuccessfully threatening the printer with hammers and having our own temper tantrums. We salvage what we can, which ends up getting lost because of some 'file-sharing error'. What winds-up on the stands is a ghastly version of the Projector, a paper with mysterious words like 'higness' and 'stdent asistipon'.

Print night has been a bust since September. We can't do our jobs. So what you, loyal reader, end-up reading is a dreadful version of the paper that might have been.

I would apologize, you know me, but it's not my fault, honest. Blame the computer, not me.

N. Pona

Love and licks

I am a Red River college drop out and I feel fine.

Okay sure, since dropping out of the Creative Communications program at the end of September, I don't realy do anything productive. But why should I do stuff anyway? If I don't do it someone else will. Or will they? What exactly did I used to do anyway? I don't even know anymore.

I used to do stuff. I swear I did. I remember waking up at 7 a.m., rushing to school, a journalism assignment in hand, dropping it off in the old Creative Communications office and delightfully skipping off to class for another joyful day of learning. Adrenaline used to flow for through my veins when my instructor would hand me back an exam, but now I don't get excited about anything (and I mean anything). I sit on my ass.

I hear my former classmates and friends bitch about how hard school is and about all the work that's piling up, drowning their fun. So I tell them grab a shovel, scoop that crap away and come sit on my magic carpet of life and futons and double doses of anti-depressants.

But no, all those poor suckers have to be keen and have to be ambitious and have to have futures. Sure, next year they'll all be working, making dough, while I'll be eating President's Choice cheese spread, sipping on Crown Royal, chewing Tums, watching amateur porn. My former classmates will eventually get promoted, get married, have kids. I'll buy a My Buddy doll and a poodle to keep me company.

Why are people so God damn motivated anyway? You know what the problem with today's society is, besides the Dallas Cowboys? Doing stuff. We people always have to be doing stuff. Even when I go out of my way not to do stuff, I still end up doing stuff, because not doing stuff is doing something, and in case you didn't realize, something is stuff.

Like yesterday, I woke up and said to myself, "Fuck." And then I said, "Cutler, today I'm going to do nothing." But I had already done something. I woke up, damn it. Why did I have to wake up? To make matters worse, once I woke up I had to eat, so I ate. Then I had to go get a hair cut and get a wart removed. I was so tired by the end of the day I didn't even have enough energy to masturbate. Some of friends can whack the kosher salami five times a day, spilling their seeds of life everywhere.

I don't even want to get it up anymore because getting it down is so hard.

I hate Red River College and I hate stuff, but most of all, I hate you.

Loves and licks,
Cutler

Cutler

Nothing's changed and nobody cares

Well, the civic election is finally over. Signs are coming down, shaking hands can stop their shaking, babies cheeks can finally heal from all that kissing and that mud can get of Mayor Glen Murray's back and into Al Golden's past again.

But seriously, what was the point of all that?

By the end of the Oct. 23 election the mayor had won again and only two seats at city council, Transcona and Point Douglas, ended up changing, and only because their incumbents chose not to run again.

Three councillors were even acclaimed, winning their ward simply because there was no one else running against them. Here's to Dan Vandal in St. Boniface, Garth Steek in River Heights/Fort Garry and Gord Steeves in St. Vital. Have a few more on us gentlemen.

So, nothings really changed, has it?

Murray ended up garnering the support of roughly half Winnipeg's voting population, while Golden managed 37.5 per cent. Murray's win wasn't as convincing as his team of political spinsters were looking for, but nevertheless, he did win.

The mayor will go on at city hall with the same members of his executive policy committee, his knights of the round table if you will, and make decisions for roughly 600,000 people with the help of this exclusive people he pays an extra couple of grand to take his side on Winnipeg's most important issues.

Although the mayoral race ended up being closer than most expected, everybody and their dog knew Golden didn't really stand a chance. His political platform, designed to trash Murray and cover up his criminal past, managed to fool a few citizens, but obviously not enough.

However, what may be of most concern is that over half the city's eligible voters, including yours truly, chose not to voice their democratic opinion.

With a mayor already chosen months before the election even took place and no serious competition in any of the 13 wards where the incumbent ran again, I chose to spend my time doing things which outcome I had some kind of control over, such as assignments at school and things to make money so I can continue to have assignments at school.

The more popular and better looking man, at least according to Golden, won our mayoral race. I guess I'm happy with the outcome. I'd rather have a man who likes to party and is into the arts than a criminal as my mayor anyway.

But just to keep things interesting, I'll be sure to keep some space in my daytimer (as if I even have a daytimer) four years from now so I'll have someone to vote for when the next election comes around.

S.K.P.

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ENTERTAINMENT

Surviving Halloween

If you could take one Halloween costume to a desert island, what would it be?

By Ruth Shead

When Survivor was at the height of its popularity, my boyfriend at the time was anti-television. Because I badly wanted him to love me as a sensible and intelligent woman of the twenty-first century, I joined him in refusing to stay-in Thursday nights to indulge in escape with the rest of North America. Consequently, I became a closet fan, relying on my roommate to tape the show, so I could sneak out of bed in the middle of the night and remain true to my obsession and true love at the same time. When differences eventually exposed the fiction of true love the relationship ended, leaving me broken-hearted and lonely. Luckily it wasn't yet the Survivor off-season; I still had time to hunt for truth in reality, a Thursday night television-show if you prefer.

I'm not going to hide the fact that I am abusing this Halloween's Thursday date so I can talk about Survivor. If you think I'm a freak, it is the season. I know there are more of you out there. A certain journalism instructor at Red River College was caught asking his first-year class if they knew which Survivor used the term 'disingenuous' repetitively on the 'He said/She said' episode. More than one person answered correctly.

So because Halloween falls on a Thursday this year, it only makes sense to join reality and play along with Jeff and the gang. And of course the first rule of Halloween is that you can't just pass off an unusual outfit as a costume. No, dear survivor, you must act your part as well.

If you haven't caught on, these are instructions: How to become Survivor for Halloween.

Gather together 16 of your closest friends, or strangers (strangers might work better). You can even settle for 15 and exclude the Jeff Probst player. He would just annoy everyone at the party, which will preferably take place on a deserted beach. Understandably, it is a bit fresh outside these days, so an indoor party will suffice. It will feel more tropical and you're supposed to be in Thailand. Turn the thermostat up.

Hopefully nobody has forgotten the rules: two tribes, no food, unless you are on Sook Jai, then you can have some of bananas and a chicken to get you through the evening. To make it feel more real, you might consider taking only a drumstick. Come to think of it, the game will probably go better with a couple of drinks; pretend both tribes have won one of those fancy reward challenges where Jeff gives out a two bottles of wine and everyone gets sauced. Since you haven't been living in the bush for weeks, you might have to accommodate by increasing the proof or the quantity.

We'll start with Chuay Gahn. Initially act upset if you were selected for this tribe. Everyone looks old, or overweight..or old.

I suppose by default, the oldest female should play Jan. You know that you are the next to go, so just keep really positive and hope that some of your teammates start to fight throughout the night. (By the time of publication, I'm betting granny is gone.Enjoy the party.)

Pick the laziest men to play Clay, Ted and Brian. According to these clowns, Helen can gravitate towards the kitchen for the rest of the night, pretending to apologize for being disingenuous towards Ghandia, while wishing she had never voted off that sweet girl from Tennessee. Helen, I think you have a secret alliance with Brian, which will keep you safe until the merge. Make yourself at home in the kitchen.

Actually, a really good costume would be to become a member of the Survivor camera crew, who do a very interesting job hiding all of the alliances; mind the one Ted believes he's in with Brian. Not to mention they are survivors themselves, having to film all of those boring puzzle challenges Jeff has been insisting on this season.

If you land the role of Brian, don't say too much. You are clever. You must have a television at your used car lot. Those are some unlucky swimming trunks. Were you a porn star? "I predict that you will win Survivor this year, or at least you will make it to the final three. Be prepared to close the party.

On acting Ted, don't pretend you didn't see this coming. Spend the evening dry humping. Don't forget to dish out disingenuous apologies. You might be gone by the time of publishing, as our preview hinted towards an incident involving you and a life preserver. I wouldn't make myself feel too much at home, even though you thought you were sleeping with your wife.

Pick an avid golfer to play Clay. If this is you, run around the Halloween party threatening people with ass-whoopings and tell them that you will wear a chastity belt if they give you a bite of their hamburger.

Sook Jai. Again, by default, oldest male will play Jake. Since the first episode when he picked the tribes, we haven't heard much from him, so lay low. Shake your head in disbelief every so often, but remind yourself that they are young and fit. They're all so damned excited to be in your tribe they won't vote you off until they have to. This will happen sometime in the merge, when somebody remembers that you are a land broker and you don't need the money as much as some of the others might.

The ultimate Halloween costume is Ken. Since introductions when everyone clapped after he told them about his job with the NYPD, he's been guaranteed immunity. If you are the chosen one, unless the Oct. 24 fight goes sour you will go all the way.

In the opposite corner is Robb. Oh young, stupid Robb. You brought a skateboard to the beach. Shii Ann will tell you: Stupid, Robb. I could do a logic puzzle in my sleep: skateboards + beach = stupid. And again, by time of publication, I'm betting Robb is gone if Sook Jai loses. Don't forget to flip everyone off before going home.

And Shii Ann, along with the oh-so-smarter attitude, this costume must possess an underlying nervousness because as Shii Ann, you don't think anyone likes you (except maybe Jake comforting you in the one sentence he gets each episode). It's unfortunate that you are smart because I think that you are right, but I like you and was hoping that you'd make it at least to the merge. I have my doubts. P.S. Don't forget to lick your fingers.

Gossip columns are circulating rumours that one of the remaining female characters is really a male. Maybe that's why Penny and Erin spend less time in front of the cameras than Sook Jai's chickens. For fun, choose men to dress up like these two.

For the five cast as the rejected castaways: Chuay Gahn's Pastor John, should work on his sense of humour, as telling a group of dehydrated strangers, who are supposed to be your teammates, that muddy syrup is their water supply isn't so funny. Tanya should drink too much and puke for old time's sake. And Ghandia? Oh how to act like disingenuous Ghandia!

Sook Jai's Jed can continue to nap and Stephanie, you're weird. Cranky and weird. Spend the night outside, regretting that you didn't jump tribes. None of you actually even have to show up, but Halloween is for spooking and I think it would be fun to haunt the remaining Survivors with your memory. For some reason they always feel guilty.

Maybe this is more of a commentary disguised as a Halloween story. But that's the point. Amen.

Scary stuff at the SA

By Holly Nelson

Witches will waltz, monsters will mosh, and mummies will unwind with a little wrap music at the SA Halloween Party on Friday, November 1st."It's the most fun of the year!", said Michael Blatherwick, the SA events co-ordinator.

"Manitobans know socials, but this [Halloween] is special - the guys get dudded up, the gals get dudded up, and they have a great time."

This year's masqueraders will have a chance to go home with some dandy prizes including Coke Wear, Coors Light Gear and Molson's Gear, as awards for costumes(the competition categories remained a mystery at press time). Also there will be two great door prizes, an XBOX and a DVD player. Any party animal will have a chance to win these, costumed or not.

The SA gang pulls out all the stops when it comes to Hallowee'n decorations.

This year, Blatherwick says, they expect to have the walls of the South Gym lined with more than two dozen jack 'o lanterns with orange firelit eyes.

Their shining faces might be distinctly warped, though. They are the product of the annual Spooky Kegger pumpkin-carving contest, held in late October. Dance music for this year's party will be provided by the popular local agency, Aime's Music.

You can get your tickets at the Ox for $5 for RRC students if you buy them ahead of time. Tickets for non-students, or at the door, are $10.

Students at the new Princess Street Campus who might not have the time to hike all the way out to the Notre Dame campus can reserve tickets ahead of time by calling Blatherwick at 632-2081, or by e-mailing him at sa_events@rrc.mb.ca. SA Halloween Social Friday, November 1st, 8:00 pm to 1 am. Red River College, Notre Dame Campus South Gym

Write for the Projector
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Avary learns Rules of movie-making

Van Der Beek twists wholesome image in sexy film

By Daniel Jebb

MOVIE REVIEW
Rules Of Attraction
Starring James van der Beek

Writer-director Roger Avary's talent has always been in the wicked energy he brings to the screen. Avary is best known as the Academy Award-winning screenwriter who co-wrote Pulp Fiction with Quentin Tarantino.

In the few years following Pulp Fiction, Avary and Tarantino each directed one film. Tarantino wrote and directed the slow, star-studded Jackie brown, while Avary wrote and directed the schizophrenic, ultra-violent Killing Zoe. After watching both, it's easy to imagine a sadistic Avary fighting with Tarantino for the inclusion of a leather-clad sex toy called the Gimp.

This brings us to Avary's new film, the Rules of Attraction, a highly stylized, superficial movie about a group of shallow characters at the ultimate party school.

James Van Der Beek stars as Sean, a morally corrupt sex hound who wants to sleep with Lauren (Shannyn Sossamon). Lauren is a virgin who is saving herself for Victor (Kip Pardue), who spends most of the movie off-screen in Europe. Also, Lauren once dated Paul (Ian Somerhadler), a sexually voracious bisexual who wants to sleep with Sean.

The anti-American Pie?

The Rules Of Attraction was originally a book written by Bret Easton Ellis of American Psycho and Less Than Zero fame. It is clear that Avary is trying to keep the feel of the novel in his film. Rather than just using Ellis' book as source material, Avary uses every trick he knows to keep the narrative structure intact.

The film begins at the "End Of The World" party and quickly introduces us to the three primaries. Each character's scene begins with a narrative over the action and then the sequence is played backwards and starts from another character's perspective. This yo-yo structure is jarring at first but helps to understand the characters. Other techniques used include split screens, voice-overs and the occasional fantasy sequence.

Performance-wise, everyone is on top of their game. Many critics have said that Van Der Beek is using this movie to kill his Dawson's Creek image. Rather than playing someone completely different, Van Der Beek is playing the twisted, corrupt version of Dawson. He's still a lovelorn guy pining for the mystery girl who sends him love letters in the mail, but he's also an insensitive, cruel drug dealer who can't remember the last time he had sex sober.

Shannyn Sossamon finally gets a chance to act after sleep-walking through roles in A Knight's Tale and 40 Days And 40 Nights. Her story is one of betrayal and you can see her slowly becoming hardened as the movie progresses.

After a few supporting roles, Ian Somerhalder finally gets a lead which he plays wholeheartedly but doesn't get as many scenes as you hope. 7th Heaven's Jessica Biel plays Sossamon's slutty roommate with gusto. Other notable appearances include Kate Bosworth, Fred Savage and Eric Stolz.

Not everybody will love this movie. Any film that has more alcohol, drugs and sex than a party at the Playboy Mansion will alienate a few people. But if you're looking for the anti-American Pie, this is it. It may be trashy and sleazy, but some people find that entertaining.

Pfeiffer pfilm pfails to pfulfil expectations

White Oleander seduces, but can't commit

By Angela K. Dyck

MOVIE REVIEW
White Oleander
Starring Michelle Pffeifer

All right, I must confess. I was seduced.Rarely do I venture out to the movie theatre, where the screen continually gets larger while the legroom gets smaller. Even in the back row, my hypersensitive stomach does not fare well with too much motion displayed on the monstrous screen. Instead, I tend to favour the comfort and stability of home video.

Last weekend, the toxic beauty of White Oleander lured me out of Blockbuster and into Silver City.

When I came home from the movie, I was more than impressed. First of all, I was amazed that my stomach didn't lurch once. Of course, if there's no action on the screen, there's no action in my stomach. Second of all, I was in awe over how enticing the movie trailers are, considering the lack of excitement in the actual movie.

White Oleander is only the second project under director Peter Kosminsky's belt. Based on the acclaimed novel by Janet Fitch, the movie is centred around Astrid (Alison Lohman), a teen living in the shadow of her gorgeous, charismatic, and self-centred mother Ingrid (Michelle Pfeiffer). When Ingrid is sent to jail for murdering her boyfriend who dared to dump her, Astrid is sent to a string of foster homes.

Her first foster mother is a Bible-toting ex-stripper named Star (Robin Wright Penn), with whose live-in boyfriend Astrid begins a torrid affair. She then lives for a time with Claire (Renee Zellweger), a sweet but self-hating actress who looks to Astrid to find the love she's missing from her distant husband (Noah Wyle). All the while, her mother attempts to continue running Astrid's life from behind bars.

The storyline is interesting and has a lot of potential. Unfortunately, that potential is never reached on the big screen. The movie is somber and depressing throughout, with no humour to lighten the mood, save one fleeting moment where I cracked a smile. The feature is flat and lacks momentum. In fact, throughout the movie I found myself wondering what's going to happen next; not out of interest, but rather out of sheer hope. That said, the performances of the women are incredible. Pfeiffer is deliciously evil as Ingrid, and it's amazing to see the conflicting emotions flit across her face. Wright Penn is especially good. Her portrayal of a flamboyant yet insecure Star is remarkable. Unfortunately, even such a stellar cast can't save a floundering flick.

White Oleander didn't measure up to my expectations, and I suspect it didn't measure up to the book. I can't shake the feeling that the two hours I spent in the theatre would have been better spent at home with the novel.

Or maybe at Blockbuster video.

Ska-ry monsters invade the West End

Fourth annual ska party combines the old and the new for two nights of terror

By Sam Thompson

Halloween seems like hardly the time for upbeat, reggae-tinged party music, but for the fourth year in a row, the West End Cultural Centre is playing host to the city's biggest annual ska party--Skallowe'en IV.

This year, the enormously successful celebration of ska, reggae and pop-punk has been expanded to two nights, October 30th and 31st, in order to keep up with the recent explosion of local ska acts and the sell-out crowds of the past three years.

"It's always a sellout show," says Ian Lodewyks, the bassist of ska-punkers the Barrymores. "I know for a fact that every band has something amazing planned for the special occasion of Halloween," he says. "I can't let any info out, though."

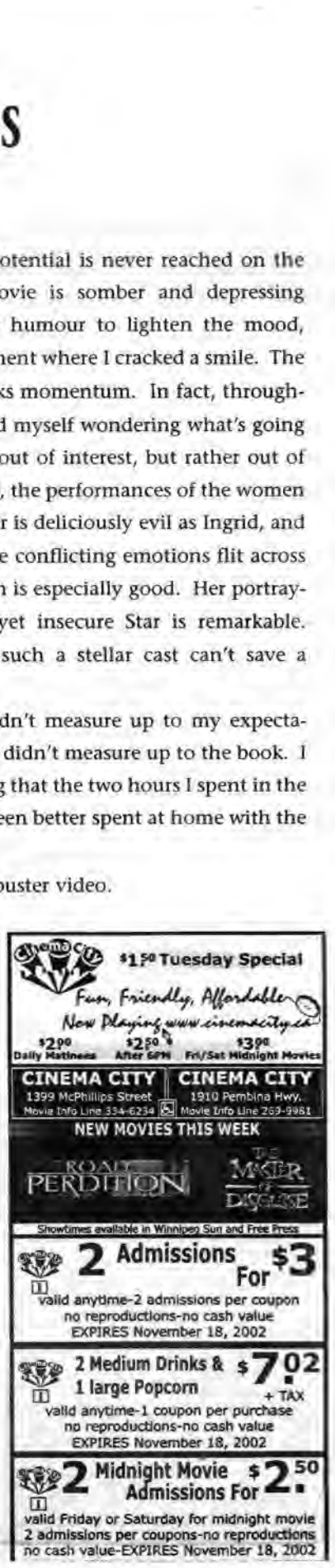
Although show organizer Dave Zegarac claims the lineups of both shows were chosen at random, there seems to be a definite theme to each night of this year's Skallowe'en. October 30th is like a reunion of ska bands from the old days. RWPO, JFK and the Conspirators and Grandpa's Army, all groups from the last wave of Winnipeg ska bands, are set to kick off the festivities along with Bailey's Car and newcomers Happy Nipple Project.

October 31st features newbie scene favourites like the Wedgewoods, the Afterbeat, the Barrymores, Ten Too Many and punk group the Brat Attack.

"It's now the biggest ska show of the year," says Lodewyks. "It's a chance for the Winnipeg ska bands to get together with every other band in the scene and have some fun and play music. If you want to see everything the Winnipeg ska scene has to offer, it's all right here in these two nights."

If previous Skallowe'en parties are any indication, local acts will be pulling out all the tricks in their reptoires. Expect a treat.

Skallowe'en IV kicks off Oct. 30 at the West End Cultural Centres. Tickets are $6.00 per show or $10 for a two-day pass.



Breaking records and eardrums

By Joff Schmidt

Put some earplugs in." This is the safety-conscious advice given to an unwary visitor to the St. James jam space of He Broke, one of Winnipeg's up-and-coming (and loudest) metal bands.

He Broke are currently rehearsing for the release party for their first CD, Consume To Live. The band, made up of Andrew Volk (vocals), Matthew Friesen (bass), Kevin Stevenson (drums), and Loren Stevenson (guitar), will officially release the CD at the Royal Albert on November 8.

The foursome have been performing as He Broke since may 2001, but started as Sith, a five-piece, in 1999. "One day we went for coffee and we started the band, " jokes Loren Stevenson, who works by day as a print designer for Polar Bear Productions, a local CD manufacturer. He describes the band's extreme metal style as a "creative release" for the band members. But what does He Broke offer their listeners?

According to Volk, a University of Winnipeg education student, their music "draws mainly from stoner rock, Euro-melodic metal and metalcore--a hybrid of metal and grindcore. We're loud and dark and thick."

"And slow and fast," adds Loren Stevenson.

"We don't really know what we are, " Friesen summarizes.

Identity crisis aside, He Broke lists bands such as Godflesh, Isis, and Eyehategod among their influences. However, they refuse to be pigeonholed, and incorporate diverse musical styles into their writing. Drummer Ken Stevenson, who is pursuing his Master's degree in sociology at the University of Manitoba, lists Led Zeppelin's John Bonhamm and the Police's Stewart Copeland among his major influences, and brings their syncopated sensibilities into his drumwork. His brother Loren's playing makes extensive use of musically complex jazz-influenced chordings, an approach he took when Sith pared down from two guitarists to one. "I wanted to fill out more space, so I started using all six strings, " he says.

This approach is clearly heard on Consume To Live, which was entirely independently produced and recorded. The band spent close to three months recording and mixing, working in The Gas Chamber, their own home studio. The CD is being released by Tear Gas Media, a multimedia company founded by Friesen, Loren Stevenson, and Polar Bear Productions graphic designer Heather McKinnon. For mixing, the band brought in the expertise of Mike Klassen, bassist with G-7 Welcoming Commitee recording artists Malefaction. Klassen's presence was important in that he was an "unbiased ear," according to Friesen. The home studio-based "do it yourself" approach to recording was the only way for He Broke to go. "We were totally satisfied" with the finished product, says Friesen, adding that having full creative control over recording and mixing was vital to the band.

In addition to the CD, the band also finished their first tour in August, playing four shows in eastern Ontario. While the tour was successful in getting he Broke's name out to larger audience, playing shows in cities with small metal communities isn't always financially rewarding for a band just starting to make a name for themselves. "We were going to change our name to 'We're Broke' after the tour," Loren Stevenson laughs.

The local scene has been more supportive of he Broke, though, and they have only good things to say about the local independent music scene. "There's a lot of good metal," in Winnipeg, according to Kevin Stevenson.

"From what I hear, the scene is picking up," Volk adds. "People in general seem to be taking more of an interest in live music. We've also got really good promoters here."

And while they've just finished one recording, He Broke is already looking forward to their next. "We've been doing more writing and developing our style," says Volk. The band hopes to have their next recording out in time for a summer tour.

This may be a good time to invest in earplugs.

He Broke play their CD release show at the Royal Albert on Friday, November 8, with Standstill and Volition. Tickets are $5.00 and will be available at the door. Doors open at 8:00 p.m. For more information, visit http://www.geocities.com/he_broke.

Hot eats at a cool price

Restaurant's wide selection a delight

By Naniece Ibrahim

Strip malls do not indicate fine dining but Nicolino's, located in a strip mall south of the city, is delish dining at a reasonable price point. The cozy atmosphere creates a very comfortable space for causal dining with friends or family. It is attached to a bar called the Orbit Room, and there are live bands playing every Saturday night.

Nicolino's is also associated with the Sorrento line of restaurants that are famous for big salads and good pizza which is part of the delivery section of the restaurant; Nicolino's dining room is separate from the Sorrento chain. When the owner, Nick Zifarelli, was asked what makes Nicolino's special, he stressed the fresh seafood which he brings in three times a week, as well as the features which are the daily specials.

The menu includes a food guide which indicates what items are vegetarian, organic, and Winnipeg Humane Society Certified which is helpful for the conscientious gourmets. The menu has a range of things to choose from especially for the finicky connoisseur. Besides the famous salad section, there are a variety of pastas which come with warm bread and a choice of mixed greens or Caesar salad, and main meals, which come with the same choice of side salads, with the addition of seasonal vegetables, and a choice of wild rice pilaf, pasta al olio or buttermilk-chive mashed potatoes.

Three girl-friends and I started off with the calamari and Manitoba bison spring rolls. The calamari portion is enormous. The calamari is tender, crispy, cooked perfectly, it is served with a citrus aioli which has zing, and is to die for, (equivalent to some high end restaurants in the city, such as Amici/Bombolini, which is famous for its calamari).The bison rolls come with a blackberry habanera dip, but even without the dip, the rolls are quite hot and spicy so order them if you like it hot.

We ordered the sweet potato and provolone perogies served with pecans, sautéed red and yellow peppers, and cilantro pesto sour-cream and the vegetarian roti with chickpeas, yam & potato curry in a dhalpourie wrap drizzled with yogurt. A tossed salad with fresh basil vinaigrette, and a Caesar salad accompanied these two selections. The Caesar salad was creamy, garlicky, and delectable like a Caesar salad should be. Then an enticing dozen perogies arrived.

The roti was also scrumptious; the filling was more like a curry stew, rather than a drier filling as found at Bar Italia.

Two of us ordered the legendary salads with chicken, and they lived up to our expectations. The cheese salad and the feta salad with mixed greens and fresh basil vinaigrette (which is Nicolino's house-made dressing, highly recommended!).

The chicken was tasty and tender, the salad fresh, crisp, and the basil vinaigrette was past divine. The portions are generous so come with your appetites. We accompanied our meals with the reasonably priced premium house wine, Lindeman's Shiraz-Cabernet ($25/litre).

Our server Lorraine Freiboth was professional and she made our dining experience pleasurable. Nicolino's is good value for your money, it easily earns 4.5 stars.

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❑ October 11, 2002	❑ January 17, 2003
❑ October 25, 2002	❑ January 30, 2003
❑ November 8, 2002	❑ February 14, 2003
❑ November 22, 2002	❑ February 28, 2003
❑ December 6, 2002	❑ March 14, 2003
❑ December 13, 2002	❑ March 18, 2003
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music reviews

THE HEADSTONES
The Oracle of Hi-Fi
MapleMusic Recordings/Universal
****/5

Since their debut in 1993, the Headstones have racked up quite a resume: three Juno nominations, extensive worldwide touring, drug additions, rehabilitation and five albums. The fans of this Canadian band will not be disappointed with the release of The Oracle of Hi-Fi on October 22, 2002.

The album offers a traditional rock and roll sound, combined with wicked guitar riffs and vigorous drum beats. Known for their pungent rebellious lyrics, the Headstones consummate this album with a modern edge served with a side dish of where life has taken them.

Lead guitarist Trent Carr says, "You can't write and record a record and finish it if you're wasted." In the past, overindulgence restrained the band's ability to portray their music the way they originally intended. Now sober and under a new label, the Headstones feel they've returned to their rock roots. Hugh Dillon, lead singer of the band says, "It's like what we had at the beginning, only improved."

The first single off the album is Reformed (Every Single Failure), an appropriate title for the band's recent lifestyle alteration. And whether you're a new fan or an old hand, The Oracle of Hi-Fi delivers everything expected, minus the heroin.

BLUE RODEO
Palace Of Gold
Warner
***/5

"I think I'm finally getting tired of this game," sings Jim Cuddy on Blue Rodeo's 9th studio album. After sitting through the 14 tracks of new material, I may just be inclined to believe him.

Gone are the catchy riffs and punchy melodies that propelled this Canadian group to stardom with hits like "Diamond Mine", "Trust Yourself", and "Somebody Waits". Instead, Cuddy and crew prefer to wander off their musical path in favour of experimental tunes that utilize horn sections, strings, and more extensive backing vocals. A track like the lead single,"Bulletproof", offers a good representation of what to expect from the rest of the album; chorusy guitars, orchestrations, and a laid back ambience.

Blue Rodeo is a band that has never been content to sit back and relax on their past successes. Perennially releasing new material and touring steadily has given the band a strong fan following, and a consistency that many new bands lack.

Considering all the relevant and solid material that the band has served up in the past, they can be forgiven for trying out new ideas, even if they do not always seem fully realized. One thing you can count on from Blue Rodeo is that even if they make an average album, they will always come out with

Frosh: The Mullet Years
Universal
***/5

Frosh: The Mullet Years is a throwback to an era where music really mattered, or at least back to a time where guys weren't shy about wearing tight leather pants and showing the world what kind of unit they were sporting.

Highlights of this 'package' are Talk Dirty to Me by Poison, Youth Gone Wild by Skid Row, and Cinderella's Gypsy Road. It's no wonder these bands didn't have the staying power. When you write your best songs on your first album, it's hard to follow them up.

The only problem I have is the poor band choices made on the second half of the disk. Great White, Scorpions, Whitesnake, Jackyl-give me a break. During their heyday, those bands did not pull in the chicks-which we know is the whole point to being in rock and roll.

Surely we can come up with better stuff than this. Where's L.A. Guns and G n' R? And am I supposed to believe Motley Crue and Faster Pussycat can't make the grade here?

And why the hell is Sum 41 on this disk? Including Pain for Pleasure--a song that makes a mockery of the genre--is brutal, and further

FREESTYLERS
Pressure Point
Mammoth Records

***/5

England is a country that has always been fascinated by reggae music. Ever since the massive waves of Caribbean immigration to Great Britain in the 50s and 60s, reggae seems to have found its second home, throwing an upbeat influence into almost every established musical genre on the island.

The Freestylers are a group that have benefited massively from this reggae influence. An otherwise generic, boring "electronica" record, Pressure Point features wicked dancehall vocals to liven things up.

Two incredibly talented toasters who would likely murrrdah any competition in the dancehall, Tenor Fly and Navigator's skills are almost put to waste on this record. All but a few of the backing tracks are repetitive and irritating; the top-notch vocals are the only thing that saves them from being absolute garbage.

However, when the Freestlyers throw a lickle' bit a' Jamaica into the beats as well as the rhymes, things work out perfectly. Electronic experiments with dub and traditional roots reggae prove ideal to back Tenor Fly and Navigator's microphone chatting. Even a hip-hop track, Weekend Song, suits the vocalists, creating the summer party vibe the entire album seems to be shooting for.

THE CORB LUND BAND
Five Dollar Bill
Stony Plains Recordings Co. Ltd.
****/5

This is a great album perfectly suited for the music industry's flavour-of-the month: alt- country, but one that can still invoke memories of the simple songwriting style of Hank Williams or Merle Haggard.

Corb Lund, who was for 12 years a member of The Smalls, makes sure to explain his roots. Lund added a cover photo of him bustin' broncos as a youngster growing up in southern Alberta and a couple of shots of his family members doing the same in the sixties, just to make sure it's known heís not jumping on the bandwagon.

Songs range from the country twang of the title track, a simple tune about running whiskey across the border, to the drunken sing-along of Time to Switch to Whiskey. In the album's liner notes, Lund assures "all yahoos brought in were appropriately gunned for the recording session."

Five Dollar Bill also includes some darker country and blues, including the foreboding danger of No Roads Here and the Russian menace of Apocalyptic Modified Blues, as well as a talking blues tune, Expectations and the Blues, reminiscent of some early Bob Dylan songs.

The Corb Lund Band also includes the required country sentiment with Heavy and Leaving, and the waltzing Buckin' Horse Rider. But these tunes fit perfectly in the album, providing a much needed rest from the hectic intensity The Corb Lund Band displays for Five Dollar Bill's other tracks.

FOO FIGHTERS
One By One
RCA Records
***/5

The Foo Fighters' fourth studio album finds Dave Grohl and his revolving cast of side players making a conscious attempt to create something more resonant than the band's previously enjoyable, but wholly forgettable, pop fare. The result is some of the darkest, most guttural material of their career.

Highlights include the claustrophobic slow burn of Tired Of You, the absolute bombing Low and the briliant Times Like These, whose unsettling 7/4 time signature and major key chords give it an almost jangly post-punk Mission of Burma-esque feel.

Unfortunately, One By one falters as it hits the midway point and many of the later tracks, Overdrive in particular, reek of filler. Ultimately, for all its heavy-handed seriousness, very little of the album sticks with you long after you hear it.

On One By One, Grohl's conceptional reach exceeds his compositional grasp. He has hit upon an interesting formula for the Foos with his synthesis of dissonance and melody, but needs a stronger set of songs to showcase it.

-Damian Purdy

JULEE CRUISE
The Art Of Being A Girl
Water Music
*** 1/2 /5

After a nine-year hiatus, Julee Cruise has returned to the musical forefront with a new CD that offers a fresh perspective to a saturated genre of female vocalists who assert their femininity through hackneyed clichés and tired premises.

The legitimacy and authority that Cruise holds over her peers and counterparts is derived by a non-compromising album, that is pleasantly enhanced with Cruise's thoughtful lyrics, passionate melodies, and self-actualization that is lacking in today's manufactured pop stars.

Best known for her work with filmmaker David Lynch and composer Angelo Badalamenti, Cruise gained instant success and notoriety by providing vocals on both Twin Peaks soundtracks. Lynch and Badalamenti also co-produced her first two albums, Floating Into The Night (1990) and The Voice Of Love (1994).

Jazzy melodramas, quirky string ensembles, and her soothing trademark vocals parade through such riveting tracks like Three Jack Swing and You're Staring At Me.

Her previous releases offered soft-spoken and beautifully crafted soundscapes, while this release attempts a more mechanical and electronic precision that chokes some of the emotion that is present on her earlier material.

This CD is about when music focused on entire albums and not just surrounding three singles with filler material. it is medicine that has to be

SCOTT NOLAN
Postcards
Indpendent
***/5

Scott Nolan's Postcards features 13 original tunes recorded with the help of his band and a whole pickup truck full of his friends. The blistering twin guitar of Damon Mitchell and Cletus, my two favourite gunslingers in Winnipeg, compete with Nolan's slow southern singing drawl during the album's highlights.

These include the frantic pace of the album's opening track, Dark and Lonely, and the strutting groove of Famous in Texas. The album also has a bar-room blues song complete with Nolan's raspy, whiskey-soaked vocals, Corinna Sad Eyes, and the fastest tune this side of Austin, Girl From West Virginia.

This song also features Rudimental vocalist Sarah Dugas, who has the most amazing voice this side of New Orleans, pushing the song on and on with Nolan and a seemingly infinite amount of searing guitar licks from Cletus and Mitchell.

Nolan's relaxed singing and mature, road-weary lyrics belie his relatively young age. He manages to capture that feeling of hitting the road with nothing but your blue jeans and cowboy hat on Postcards, his debut album...

The album does tend to lag a bit on a few tracks (rock and roll will save my soul) as Nolan's sensitive side takes over with the prerequisite country tales of love lost, trucks breakin' down and dogs running away accompanied by some gentle pedal steel guitar.

LOUDERMILK
The Red Record
Dreamworks Records
* 1/2 /5

Don't let the skinny ties and shag haircuts fool you. Washington state's Loudermilk is far more Mötley Crüe than mod, and this is not a good thing. Through the majority of the Red Record's fourteen tracks singer Davey Ingersoll delivers his pseudo-poetic rants like a hyper-emotive Vince Neil, overtop of some of the most impotent metal riffs I've hears in a long time.

In fairness, Loudermilk does fare better in quieter moments, like Mai and 97 Ways To Kill A Rockstar, showcasing some interesting arrangements and atmospheric touches. Even these, however, are sabotaged by Ingersoll's achingly pretentious lyrical stinkbombs that sound as if they were ripped from the pages of a teenage girl's diary.

The truly scary thing about the Red Record is the self-serious conviction with which Loudermilk delivers this tripe. Are they actually under the impression that reviving the corpse of 80s metal would be an interesting and worthwhile endeavour? Fifty-six minutes

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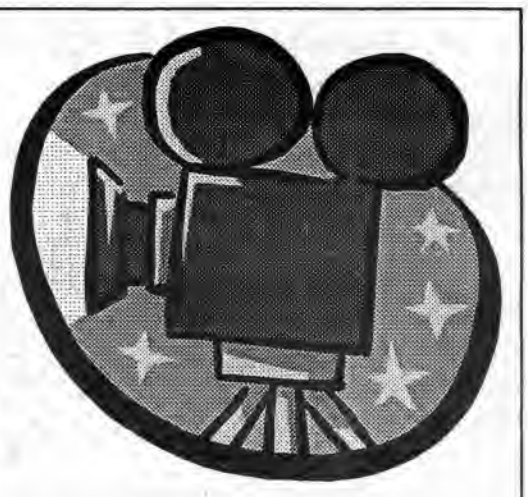

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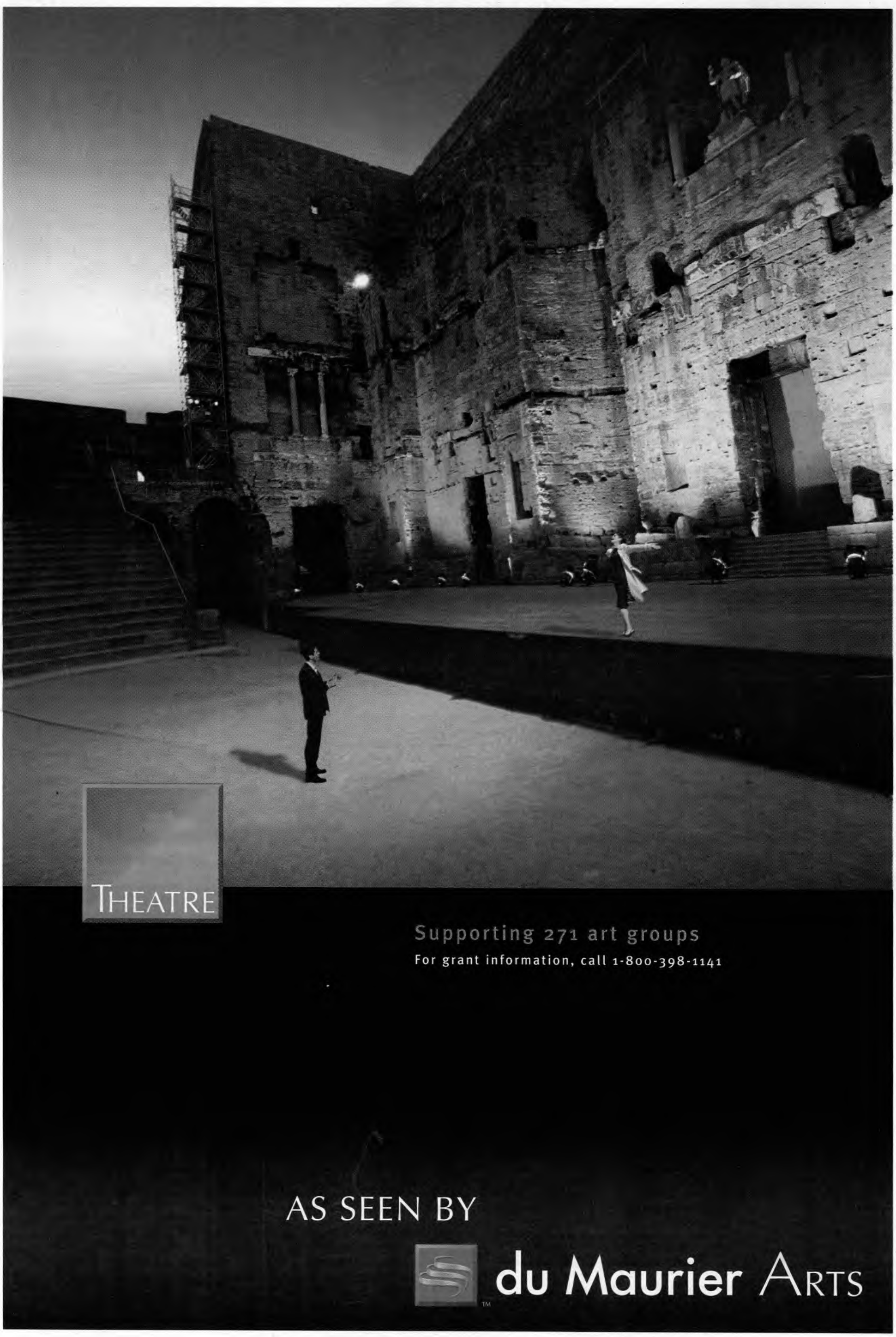
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