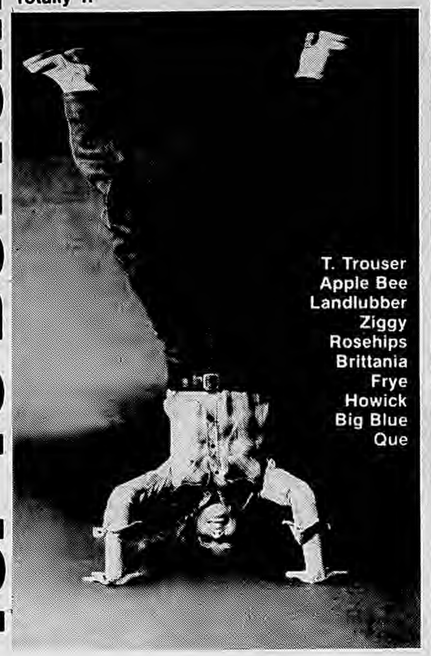
TOP TO BOTTOM

Totally T.



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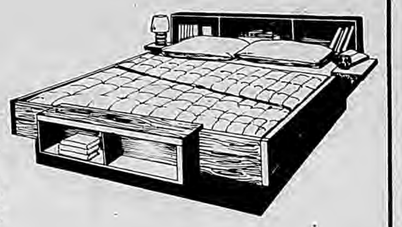
Waterbeds for grownups



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Red River Community College Student Newspaper

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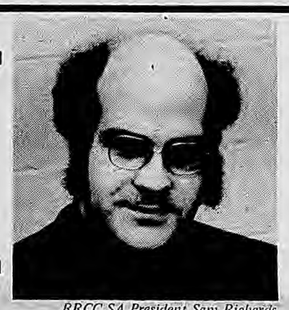
See Page 3 for Nomination Form



RRCC SA President Sam Richards

RRCC Election Day Extended

by Michelle Dumaine

Elections for the Student Association constituency representatives are still dragging on.

So far, only four of the sixteen positions have been filled, and by acclamation to boot. For that reason the SA executive have extended the election day up to Wednesday, November 17, with nominations closing Tuesday, November 16, 1976.

SA vice-president, Gary Eastman feels that perhaps the only way to have full representation on council would be if executive personally gathers all students in a division together and organize them to elect someone for their rep." Unfortunately this is not only impossible during school hours, but ridiculous," said Eastman.

"I don't like to have to trick people into the position. You'd think there'd be someone interested enough in what we're doing with student funds," Eastman said.

There is also still a position open from last spring's election in the Civil Technology division. And also one seat in the Chemical-Mechanical Technology constituency that is in jeopardy because of poor attendance by their present rep. (none).

Obviously seats on the council are not filling up fast. In the past, the position of constituency rep has been merely a rubber-stamping job; but it doesn't have to be. Seventy-five per cent of the council vote will wipe out an executive decision. So if you're a rep with a problem, rally all your fellow rep votes and get an issue changed or added at the next council meeting.

President Sam said "Council input makes our decisions stand or fall." So if your division isn't represented by an elected rep then you're dependant on some other understanding represented division to present your say.

If you're a student in Automotives, Electrical Electronics, Drafting and Metals, Business Certificate, Business Diploma, Medical Certificate, Arts Certificate, Commercial Arts, or Civil Technology, you are one of 43 unrepresented courses in Council . . .

Why not contact Gary Eastman and become a constituency rep for your division. The only requirements are that you're a full time, daytime student that will give faithful attendance to your position.

Meanwhile, congratulations to the Construction division who found their constituency rep in Keith Millan (Carpentry), Business Certificate, with Italo Panico (C&I Sales) with two seats left to fill from this division.

Business Diploma with volunteer Harley Spiller (CAP) with another seat left to fill in this division.

Electrical Technology with Aleck Fedorkiw (Computer Tech).

The above mentioned reps have won by acclamation in the October election. However with the extended election dates your course can still find representation in Student Council. So "Elect-A-Rep-Now".

Student Aid Committee

Sam Is On SACC

by Andy Blicq

"The Student Aid Consulting Committee gets good people, thought and ideology but at times it's like pissing against the wind," said Sam Richards, SA president.

Mr. Richards is the college's representative on the consulting committee which meets about once a month. The purpose of the committee is to look into aspects of student aid and advise the Student Aid Branch of recommendations.

The SACC is a good organization but it is extremely slow in getting things doen. Each year the student representatives change and it takes the new students a long time to learn the ropes.

Sam said, "in certain circumstances the committee is very effective but we can only make recommendations. It hasn't got much strength but at least it gives the students a foot in the door and we do get a viewpoint expressed."

Members of the committee are representatives from the Student Aid Branch, and one student rep from every post-secondary school in the province. However, schools outside the city are rarely represented because students find it too far to come and attend the meetings.

Mr. Richards is also a member of the Appeal Board. The Appeal Board gives students who feel they have received an unfair assessment a chance to have their applications reviewed.

Experience has shown Sam a few problem areas in student applications. He suggests that "students get their forms in as early as possible to avoid the fall rush, and if there is something that they don't understand in the forms they should get help from the Student Aid Branch."

He also emphasized the need for students to include as much factual information as possible in their forms and appeals as well as assessing all of their costs including dental care and eye glasses. It helps to have a record of receipts or estimates of these costs.

Some of his personal recommendations are directed at the Student Aid Branch. He feels that it would help speed appeals if there were full time Appeal councillors from September to November.

Some adjustments on the form are necessary. A simpler form is being prepared for next year. He thinks there should be a method for the students to calculate their own approximate expected awards and he recommends a more detailed form describing how the students award's are released.

Sam also hopes that students will remember that the Student Aid Program is designed to *assist* the students only after all their other financial avenues are exhausted.

A Course for Entrepreneurs

by Greg Cox

Zacharias, an instructor of communications, wants to revitalize initiative to everyone's benefit.

The option course he is introducing next term is called Entrepreneurship. It will show students how they can be their own boss, earn lots of money and help make the community a better place to live.

"The rewards of self-employment to the individual can be greater than the rewards of working for someone else" said Zacharias.

He added that the rewards for the community are recognized by all levels of government and that is why small business incentives are greater than ever.

The course is presently, being offered to Business Administration students only, but Zacharias hopes to see future students from other areas of the college partake in Entrepreneurship too. He sees no reason why an electrical or automotive student wouldn't one day go into business for him or herself.

Zacharias feels the prospects of starting one's own business are often neglected by business students. "To a large degree, this is due to the student's social background," he said.

The course will not necessarily produce a classroom of entrepreneurs upon graduation. It will likely produce some. It will produce others later. It will make better, more inquisitive career persons of the rest.

Zacharias's course was not designed to produce experts in seventeen business-related areas. Rather, the areas to be covered are of particular interest to someone starting his or her own business. The course will be taught from the 'start up' perspective.

The class will take trips out to the community, visiting businesses in Winnipeg. Entrepreneurs will also come into the class and tell how they made it on their own.

Video-taped intereviews with business people will be used as a teaching aid for the course. Zacharias is presently building up a video-tape library for student use.

"Not anyone can become a successful entrepreneur" said Zacharias, "without first having intelligence, aggressiveness and a good curiosity".

Not surprisingly, Zacharias is an entrepreneur. As a nine year-old he was out picking sunflower seeds while other children his age were playing hop-scotch. He did his job faster and better than the other workers and consequently made more money than the rest.

Zacharias lives in a new house, recently valued at over $100,000. When he built the home only an actual $500 dollars came out of his own pocket. He feels if people are just willing to take risks they can become successful in whatever way they set out to be.

"Entrepreneurship is a way of channelling our energies. It is not something you can do for only eight hours a day. It is the kind of thing you must really enjoy as it takes much time and energy" he said.

He added, "if someone tells you to rake the leaves, you might resent doing it. But if it is something you want and like to do, raking the leaves will be a lot of fun".

What's Going On

Dennison Booth

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with

DENNISON BOOTH

Friday, November 12, 8:00 p.m., South Gym, Admission $3.00

Tickets on sale at the S.A. Office and Information Booth

Get tickets early we're usually sold out by Thursday.

VIDEO 76

November 22 & 23	Stevie Wonder in Concert
December 6 & 7	Chicken Little Comedy Hour Part II

Tower Lounge — 11 - 1 — ADMISSION FREE

THE JAM POT

November 10	Bill Russell
November 17	Student Jam Session
November 24	Shirley Eckhard

Wednesdays 11 - 1 — White Lecture Theatre

Admission: Free

If you wish to take part in the student jam session please notify Lyn Johnson at DM - 20 or call Extension 370.

IN CONCERT

GARFIELD

One of the Greatest concert acts to come out of the east in years

Tuesday, November 9th — South Gym — Shows at 11:10 12:10

Admission Free

JOIN
REBELS ROUSERS
THE R.R.C.C. MARCHING BAND

We're ready to go into rehearsal. RRCC will be showcasing their 50 piece marching Kazoo Band at this year's Christmas Parade on November 21st. If you wish to take part sign up at the S.A. Office, DM-20, before November 12th.

*Qualifications — Must be able to walk and hum at the same time. *at the same time.*

ARTIST IN RESIDENCE

November 16 - 18th — Tower Lounge — Leathers

Showing: RRCC Student - **Frank McTruck**

A chance for Winnipeg Craftsmen to showcase their talents and products.

TRANSCENDENTAL MEDITATION PROGRAM

Introductory Lecture

Thursday, November 25 — 11 & 12

Black Lecture Theatre

Special film presentation features interviews with Larry Bowa, Joe Namath, among others.

Everyone Welcome — No admission charge

COLLEGE TEAM MAKING ROOM
FOR SPECTATORS
JOIN THE REBELS ON THE ROAD

Seat will be available on the hockey team bus for RRCC supporters commencing on November 10th. If you would like to see the Rebels away games come to the S.A. Office for further information. All seats are advance sales and are limited. Support your hockey team at home and on the road this season.

1st trip November 10th — Exhibition game in Morris, Manitoba

Leave RRCC at 5:00 p.m.

Limited number of seats available at $5.00 per seat.

PARENTS ARE A PAIN

Come to the Black Theatre Monday, November 15 at 12:15 p.m. to see Red River Reader's Theatre present "Ticket to Tomorrow", a play about crises in the family. Directed by Irene Karasick. Stage manager Barb Ross.

Bright, Young, Talented Types Needed

If you don't fit into any of these categories not to worry. However, if you are interested in helping out with RRCC's Yearbook give us a call. Salary involved if you're a keener. Apply at the S.A. Offices located at DM20 beside the Cave. Meetings Wed. noon hour. S.A. Office.

Student Union Conference Blooming Success

by Brian Mitchell

"American Student Unions really have their shit together" said John Coy, SA business manager referring to the pros he met during a recent Association of College Unions International conference in Bloomington Minnesota.

Coy was accompanied by SA president Sam Richards and secretary treasurer Sid Johnson at the conference.

Although Red River's SA is not a member, the three felt the "slightly under $430" spent on the conference was worth it.

The regional get-together focused on professional involvement in student unionism. Student Unions in the States operate quite differently from our own. They're operated by the universities and colleges, utilizing paid professionals apart from the student government.

Seminars ranged from leadership development to using time effectively. The information systems seminar and 'research and survey' were my favorites. "They will be very useful in my work as SA president," said Sam. He plans to set up an evaluation seminar with the old and new executive at year end to discuss the successes and failures. Stifling a yawn, he also suggested a parliamentary procedure introduction for council members.

Coy felt the conference will aid him in his work with the Association of Canadian Colleges of which he is a board member.

He said the ACCC is experiencing growing pains in it's embryonic state, compared with the ACUI, which he termed a "mature adult". He said "the ACUI is a highly organized group with resource persons available on almost any subject".

Coy, a resource person for ACCC, has plans for an exchange program with North Hennepin Community College in Minneapolis, Minnesota in hopes of better understanding the American system. "I am considering a leadership development course for next years executive at RRCC", said Coy. This year the executive had no course of this nature available.

Lyn Johnson, SA activities director, was in Toronto during the same week-end taking in a Talent Buyers conference. She considered it a success.

RED RIVER COMMUNITY COLLEGE
STUDENTS' ASSOCIATION
OFFICIAL NOMINATION FORM

"We, the undersigned students, hereby nominate _____, a student in the _____ course at R.R.C.C. as a candidate for the position of _____ for the Students' Association at the election now about to be held."

Witness our hands the _____ day of _____ 19___.

Signed in the presence of:

1._____
2._____
3._____
4._____
5._____
6._____
7._____
8._____
9._____
10._____

"I, the said _____ residing at _____, Phone No. _____ nominated in the foregoing nomination paper consent to such nomination."

Witness my hand the _____ day of _____ 19___.

Signed in the presence of:

1._____
2._____

FORMS ARE TO BE FORWARDED TO THE SA OFFICE.

cut along dotted line

RRCC Construction When Will It End . . .

by Kathy Michalchuk

Students have undoubtedly noticed the workmen in the Courtyard around Building C. The men are working on one phase of a renovation program that is far from finished.

"The estimated cost of restoration to RRCC buildings is $6.2 million," said J.G. Malus, project coordinator.

The program is divided into three phases. He said each phase required special approval and funding by the provincial government.

The remedial work is being done in order of priority he stressed.

Phase I: A retaining wall was constructed around Building D, E, and F to relieve the structures from high earth pressures. The contractor, Trident Construction Ltd., was awarded a contract valued at $848,250.00 to do all the necessary work, said Malus. However, the work at the site ceased some two months ago.

"The job is 100 per cent behind schedule of completion because of the inability of the contractor to meet his original schedule," he said. "For his own reasons the contractor decided to cease work leaving approximately 15 per cent of the project unfinished.

The contractor has terminated his activities and has received payment for the 85 per cent of the work completed. The owner of the buildings, the Province of Manitoba, will award a new contractor with the remaining money to complete the job, Malus explained. The 15 per cent of work left will hopefully be finished before this Christmas, he said.

Malus outlined the work to include: restoring fencing along the edge of the parking lot west of Building E, the wiring to plug-ins for parking stalls, repaving the area of the parking lot torn up by the contractor's work, and brick paving restoration adjacent to Building G.

A drop in level from the sidewalk at Building D and F because of unfinished portions of the project are a hazard, he said. Barricades have been set up to protect the public.

Phase IB: This is the remedial work being done on Building C.

"A preliminary budget for the work has been presented to the Management Committee of the provincial cabinet," said Malus. "After all tenders for this work have been received, the budget will be presented again for final approval."

Phase IIA: The retaining wall will be extended along the north and west walls of Building G, said Malus. The power house, in need of strengthening, will not receive any portion of the retaining wall. The framing system of the boiler house permits reinforcement to be done in the floor system, he said.

Phase IIB: Work will return to Building C. Internal strengthening will require the installation of eight extra columns Malus said. Four will be centrally located and four will be concealed.

The columns begin at the plaza level and extend upward to the seventh floor. There will be special grillage on the mall level to distribute the weight of those columns not resting on the intersecting point of the beams, he explained.

Malus said the reason for this reinforcement is "to alleviate a structurally underdesigned condition in the existing floor framing of each floor."

A vierendeel truss system to be located in such places as the glass framework of the Buffalo Place will probably go unnoticed by students, he commented.

The earth surrounding Building C exerts too much extra pressure on the walls, Malus said. Some soil will be removed to permit the construction of retaining walls of the same principle as those around Buildings D, E and F but not on the same scale.

Also, the drainage system under the LRC needs additional pipes to accommodate water still surfacing from an artesian well, added Malus.

Phase III: A general clean-up of very isolated portions will be done. These are certain scattered areas of structural underdesign inside Building G and in the classrooms of Buildings D, E and F, said Malus. "They are of lowest priority."

The work has progressed as far as Phase IB.

"Hopefully the total program will be completed before the end of 1978," said Malus, "and no further work will be required."

Once upon a time a College was built.

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Mailbox

"Wake Up Dave Supleve"

Says Past Sports Director

Dear,

While taking a lunch break from my duties with Allied Arc Welding and Public Relations consultants I came across a copy of your last issue in the Port A John. Even though a few pages were missing I must compliment you on the obvious effort that is being made to improve the next issue. Now, however I must tear a strip off your collective backs.

Secondly, some of your papers new features really caught my eye. I refer to the column so obviously ghost written by Bob Gylytiuk (bet you thought you had me fooled) and the collections of homilies, witticisms and recipes by Dave Supleve. They were certainly provoking.

I must take umbrage with one small item in Mr. Supleve's column however. That is, his comment to the effect that last year's sports Commisar, I knew him well, never had any ideas in writing in the college paper for the general student body to read.

Pish tosh! I am a firm believer in sharing my thoughts with the common people. I remember well working all night on my column and dropping it off at the newspaper offices in C building only to be greeted by blank stares and animalistic snarlings from the poorly trained staff. Their peaked hats and uniforms never impressed me. It is a lucky stroke indeed for all of us that my assistant sports director lucked out and was appointed sports editor of the paper.

I can not explain the lack of communication that existed between myself and Mrs. Rauw. I found her a most attractive and erudite spokeswoman and I remember discussing my sporty ideas with her long into the night in our regular bar. Somehow these never found their way to print.

I say "wake up Dave Supleve" get those facts straight before you go off half – (well that's another story). Besides, if you had passed the ball to Jim in the last minute of that intramural basketball game which we later lost in overtime, I would not be mad at you and have to spend my nights in bars telling stories about your sexuality.

Professionally,
Biff Wood

Editorial

Socials in Jeopardy

. . . Vandalism Appalls Administration

by Brian Mitchell

Pubs and socials could cease to exist, dry up and fade away.

It's so easy. No notice of closure necessary. RRCC's administrative pen would merely neglect to sign the needed permission to obtain liquor permits for school events. Without such a document, liquor permits could not be issued. Administration would also outlaw the use of campus facilities for these events.

Administration will take this course of action if vandalism at pubs and socials continues.

It is hard to believe fun-loving college students would stoop to stealing trophies and mugs, slash sixteen chairs, tear table trim, render an elevator inoperable, punch holes in walls and demolish a clock. These nurds are playing havoc with our chances to continue enjoying our weekend hububs.

This would be a sad reflection on the successful work being done by Lyn Johnson, Program Co-ordinator. She has managed to sell out every social this year. People are enjoying the events. They're talking about them at school, encouraging friends to attend.

But, complaints are resounding from socials to administration at an alarming rate. The administration have held three meetings already, to discuss recent two-sided complaints and bad feelings. Lyn has also received memos about the complaints.

Damages will have to be paid by the Student Association. The SA is insured for damages, but two or three claims filed could mean a rise in insurance rates levied against them.

Lyn Johnson is concerned about the problem. Future pubs and socials will see another City of Winnipeg police officer on duty. Lyn feels this isn't going to help much. "It's not fighting we have to worry about, since none have occurred. It's the damage being done, that goes undetected," she said.

John Coy, SA business manager said, "the pubs and socials are in jeopardy."

Problems arose last year after Inter City Leisure sponsored the annual Flipper Game tournament. During the marathon dance that followed, Inter City Leisure brought in a jukebox filled with collector 45's. The jukebox was broken into and valuable records were stolen, along with the tournament trophy.

Lyn's budget will be billed to replace the trophy to reinstate the event.

This year at the Third Annual Molson Boat Race, the trophy and a first place was taken during the Ken Tobias concert. A booby prize was also swiped.

Molson was displeased and for good reason.

This kind of behaviour is totally unacceptable in a civilized society.

Lyn has suggested replacing these items too. But how long can the Student Association be expected to foot the bill for damages? And how long can they fend off the administrative leers? And how long can the administration tolerate such facility abuse? Not very long, I contend.

What was thought to be a childish prank, turned out to be a horror story for SA and Administration.

It's enough to make us normal people sick. These offenders need treatment.

Projector Classifieds

FOR RENT

Two furnished rooms for rent with sink, fridge & stove. Vicinity of Wellington and Toronto. Phone 772-7843.

Two single bedrooms available November 1st; or room and board. Carlaw and Osborne. Phone 453-4872 fro more information.

Want reliable person to share home with mother and eight year old. Would like someone who would consider babysitting the occasional evening and Saturday in part payment of rent. Located near vicinity Fashion Square. Phone 832-1782.

To sublet starting November 1st — two bedroom apartment on McMillan Avenue, near Corydon and Osborne. Close to bus and shopping. $214. a month, including parking. Please call 452-3852 or 452-6244.

MISCELLANEOUS FOR SALE

For sale: Echo guitar, rarely played. Mint condition. New nylon strings. Must sell. Please call 284-1677 after 5 p.m.

For sale. 5-D-78 belted tires. Four have 7,000 miles. One is brand new (but won't sell separate). Also two G78-14 used winter radial grips — Dodge owners. Rim — Dodge Charger 14 inch. Phone between 7 and 8 p.m. Mondays and Thursday, or Tuesdays between 8 & 9 p.m.

Must sell. Round waterbed, three months, features include — custom made frame covered in crushed velvet, heater, liner, headboard, heavy duty bag. Call Rob at 775-1233 or 774-3933.

Stereo for sale. Two - Pioneer HPM-200 speakers ($1000). One - Kensonic P300 power amp. 200 WRMS/per channel (new, $1225. — asking $900). One - Pioneer Spec 1 pre-amp (new $800 — asking $675). Call Dan at 261-7797.

Two Kelly Spring Field snowtires, Studded H-78-14, $30. Call 668-6172.

Free! Kittens. Two females, four months old, one grey and one white and grey. Please call today: 772-8247.

For sale. One lab coat. A-1 condition, extra large size. Call Charles Carrier at 256-6663 after 4 p.m.

For sale. Black and white Westinghouse portable T.V. Rollers included. Proper working condition. Phone 475-9597 after 5 p.m.

For sale. JBL 16 speakers. Pair $270 with warranty. 35 watts per channel RMS can take 50. Call Mark 452-7273.

Willing to do typing in my home for students. Call 339-9467.

WANTED

Business accountancy student needs tudor; preferably someone in second year Business Administration, with good accounting marks. Need help badly. Call Earl at 339-7512 after 7 p.m.

Wanted — female companion for quiet 25 year old man who enjoys concerts, country music, jazz and photography. (abstainer). Call Steven at 775-0750 between 9 a.m. & 2:30 p.m.

CAR SALES

For sale. 1974 Chev half ton. PS, PB, 350 four barrel. Call 268-1487.

For sale. 1973 Toyota Corona 2 dr. hard top. Four speed, radio, snow tires, excellent condition, low mileage. Call 2773 RRCC.

For sale. 1970 Plymouth Road Runner 383. Four speed, air shocks, Ram air and herst stick. Phone 667-7188 and ask for Danny.

Four sale. 1971 half ton. 5300 miles. Six cylinder automatic, best offer. Phone 586-7810.

Must sell 1966 Oldsmobile F85 330 2 SP. Mags, airshocks, tapedeck, very good condition. Asking $650. Phone 786-2967.

For sale. 1969 Camero. New rebuilt engine, $3800 offered, engine modes and mags. Call 775-5779.

For sale. 1970 Triumph 500 rebuilt. $700 or best offer. Call Don at 888-5316.

For sale. Air conditioned 1970 Mercury PB, PS. Cheap, Call 775-2298.

For sale. 1974 750 Suzuki. 7,600 miles, very good shape. $1600 firm. Call Doug at 667-1834 after 8 p.m.

Booze Banned at UBC

VANCOUVER (CUP) — The student pub at the University of British Columbia will not be serving beer for the next month.

The student council voted 20-10 Oct. 20 to prohibit liquor from Alma Mater Society functions and outlets in the student union building until November 22.

The decision – which AMS representatives say will curb vandalism and liquor abuse on campus – closed the pub (The Pit) and the liquor lounge (The Lethe) effective Oct. 20 and barred liquor from functions sponsored by clubs and undergraduate societies in the building.

The council made the decision because it feared the liquor administration branch of BC (LAB) would revoke the Pit's liquor permit unless students moved to curb alcohol abuse by Pit patrons.

Representatives met with RCMP Sgt. Al Hutchinson and "he informed us there was a problem, and he was writing to the LAB and the intention was to close the Pit down," according to council chair Phil Johnson.

"We decided to take the matter into our own hands. We thought it was better if we took that initiative and exercise our control. We would rather keep that control than have it forced on us," Johnson said.

The council also voted to compensate undergraduate societies for expenses already committed to functions which will be hit by the dry up, but it will not pay pub employees their full wage.

Employees will be paid for only half the time they are scheduled to work. The Pit reopened Oct. 25 as a coffee house.

The council also defeated a motion to ask the university administration to stop serving beer and wine until Nov. 22 in its pizza parlour. It will remain the only liquor outlet in the student union building.

SUMMER EMPLOYMENT OPPORTUNITY FOR PHYSICALLY HANDICAPPED STUDENTS

The Youth Secretariat is compiling a mailing list of all physically handicapped students (Gr. IX and up) who are interested in registering for summer employment, 1977, through the STEP-In Government Program. If you wish to be considered for summer employment, please leave your name and particulars with Bev Burns in Support Services, Rm. D102A by Friday, November 12.

For further information contact:

Jody Robinson, Youth Secretariat, Tel. 284-8240 ext. 228

Frustration Forum

by Tom Lewicki

Now that the intramural flag football program is into play-offs the cries of: the referee stinks, the ref's a moron, he's blind, deaf, dumb and, generally handicapped are echoing through the hallways. So it seemed the ideal thing for this column. But one cannot write a column without getting a few facts, so I asked around about what the problem was. No one really knew, but the fact that a refereeing problem existed couldn't be denied. Teams picking up 75 yards in penalties while the other team didn't get any, referees fighting in the hallways with players, no officials showing up for games, general incompetence, that sort of thing. Of course they're not all bad but the general level seemed pretty poor.

Okay, now that the problem was defined, I needed a solution. The perfect one, and the first to come to mind, was to find a scapegoat and blast him with the power of the press. And if the head of intramural sports wasn't the perfect choice, then who was? So this morning I headed to the gym to see June Graham; with the half formed notion of picking up a few quick background facts and then nailing her to the cross in my column.

But I'm not going to. In fact the rest of the column generally jives with June Graham's views. What happened was that I ended up talking with her for about twenty minutes, and having my outlook on the situation completely reversed. She didn't talk me into it; I'm not easily talked into things I've made my mind up about beforehand. The truth is, what she had to say made a lot of sense.

The first thing she did was admit that there was no system to the football refereeing, the complaints were probably justified, and there was no helping the situation. And the student was the main culprit. What!? Never, I thought, would this be acceptable to me. But it is.

The referees are students like you and I, and they do the job of refereeing mainly because they make three dollars a game. It's not the most pleasant job, but a buck's a buck. But what most guys should realize and don't, is the fact that if you're accepting money, it's a job and some responsibility has to be accepted too. The responsibility of showing up for your scheduled game, and of learning the rules well, and of trying to keep impersonal and just plain doing a good job. As I said before, there are good refs and there are bad ones, so don't get riled up if you're doing all these things now. But if you aren't, pay heed. And lots aren't.

I'm painting a pretty bad picture of referees, it's true. They aren't the one and only villains in this story though. There's many little things that add up to hassles in the refereeing business. The fact that the number of football teams has gone up in the past three years from 22 to 37, *without* a corresponding response in numbers of people willing to referee. In this situation one takes what one can get, says June.

Also a major factor is RRCC's high turnover of students. If a referee's really good, he won't stay around long because he's in a one year course or the last year of a two year stint. And each year the character of the players changes slightly. This year seems to be a bit more physical than other years, which makes for increased tension on the field.

And finally the college gets into the act. (you didn't actually think I'd leave them out, did you?) Funds are insufficient for the Phys. Ed. department, June works hard and she can't keep an eye on everything at once; another staff member would spread out the workload. Closer supervision and better quality would result.

Perhaps a Recreation Technology course could be instituted. Wouldn't it be nice to have properly trained people refereeing football for marks in a refereeing class? A central pool of lots and lots of referees who give a damn? Sounds good.

But I think it's time to stop rambling and sum things up. To the guys who bitch: have some tolerance, there's no cut and dried solution to all this. To the guys who referee: put some effort into the *job* you're doing. To everyone and anyone: June Graham's open to suggestions on solutions. If you've got one, tell her about it. It could be the one shot cure-all that everyone wants.

Gonick Says:

Students Should Support Attack On Controls

by Rick Johnson

The Canadian Labour Congress needs student support to fight government economic policy according to Cy Gonick, Associate Professor of Economics at the University of Manitoba.

Cy Gonick, Associate Professor of Economics at at the University of Manitoba.

Along with other elements of the population, however, students see labour unions as the enemy, he said. They do not see themselves as being victimized by the state and the private enterprise economy. This is "a massive confusion on their part" Gonick said, adding that "the media does a terrific job in keeping people confused and keeping people divided.

"Students are actually getting less for their money" but don't perceive what is going on. For example, Gonick said, the federal government's priority today is energy development which is extremely expensive, partly because private industry is not themselves prepared to supply all the money.

In order to obtain money as a "passive partner" in energy development the federal government has decided to curtail wages in the public sector and to cut social programs like education and health. "In turn this has forced provincial governments to take up the slack by cutting their own programs and raising tuition fees," said Gonick.

He also said that students of course are also affected like any other wage earner or consumer.

Students therefore, should be supporting labour's attack on wage and price controls such as the October 14 day of protest. It was quite significant according to Gonick. For the first time in Canadian history a large portion of society confronted the state over policy. Over a million people were prepared to follow CLC leadership in opposing wage controls.

At the same time "If... it was a one shot affair in which the only result is that organized labour's leaders are offered a few seats in advisory commissions then I think that that would indicate to me that it was a failure." On the other hand Gonick said that if it was a first phase in a "much strengthened a further escalated attack against government policy then it will have been an important event."

He added that instead of the present system of unfair controls what is needed is a policy that can deal with inflation and unemployment at the same time.

"For example industries are producing at 75 per cent of their capacity in a time when there is a shortage of goods and services and high unemployment," Gonick said.

"What has to be done" he said "is to take those 750,000 people who are out of work ... and employ them in areas of priority ... to produce essential goods and services which are in short supply, and the best example of that is housing." Gonick says there is no reason for a shortage of housing. Price increases need to be curtailed by curtailing land prices and interest rates. Banks should be providing easier mortgage money for housing either on their own or by legislation. If necessary the government should provide funds directly.

"Similarly" Gonick said, "if land developers balked at reducing the price of land and themselves engage in a strike ... as a result of their profits being curtailed then again the government, the state would have to provide an alternative system of supply of housing."

"There are consequences of a tough anti-inflation program," he said.

Gonick said the Schreyer government in Manitoba took "the most reactionary" alternative available in responding to federal cut backs by instructing all departments to cut a certain percentage from their budgets. Their other alternatives were to raise the money, probably through borrowing, to cover the federal cuts or to increase taxes.

But the best policy would have been to eliminate waste in government and to "increase resources into those areas that need it and withdraw resources from areas that are less essential," Gonick said.

Gonick believes the Schreyer government supports controls in principle. If Manitoba withdraws from the federal program it will likely institute it's own controls, probably along the lines of the Saskatchewan system.

Oil In The Family

NEW YORK (LNS-CUP) – If you have ever baked a pound cake following the instructions on Duncan Hines Delux II Devil's Food Cake Mix, you may have noticed the cationary advice on the lable: "Be sure to use Crisco Oil as some other oils may cause the cake to fail."

The Consumers' Union, publisher of Consumer Reports, wondered why one particular cooking oil was specified, and decided to conduct a bake-off. They bought three samples of the mix, a bottle of Crisco, and bottles of two other brands of cooking oils. None of the cakes fell: all were practically identical in height, texture and taste.

Why was such specific advice given about oils if there is no difference? Duncan Hines has a parent company: Proctor and Gamble. And Proctor and Gamble is also the parent company of Crisco.

Try Try Again

Our apologies to Labatt's for the error. Labatt's has contributed one hundred dollars to the Shinerama Campaign drive, not fifty dollars as reported in our last issue.

Shinerama proved to be a great success in Winnipeg, with a total of over $32,000 collected. Public Relation Director Bev Weston and the many volunteers from the College should also be congratulated for a job well done.

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Travels With Andy

Island in the Sun

by Andy Blicq

Would you like to spend your Christmas vacation on a tropical island in the Mexican Caribbean? Sounds nice, but for most students the chances are slim, too say the least.

Students have a hard time staying financially afloat during the school year without skipping off to the Caribbean on their holidays . . .

A sun-soaked beach on this little idyllic island.

Inexpensive accommodations on the Isla Mujeres.

. . . But perhaps you have a little bit left from your summer earnings or maybe your bursary. For $375 you could spend up to a month on a tiny island in the Mexican caribbean, called Isla Mujeres.

Isla Mujeres is an idyllic island set away from the tourist traffic that frequents Mexico in the winter. The island is about four miles long and so narrow you can just about see the other side of the island from the beach.

Most of the streets are paved with white beach sand except for the town square which is surrounded by small restaurants shops and hotels. Some of the hotels are really nice and quite cheap ($8-$10 a night) but the best place to stay is tucked up in the North West corner of the island.

Las Hammacas is a hostel situated about one hundred feet from the beach. Accommodations are simple and cheap. A rectangle of huts surround a cabana covered patio that is wonderfully cool during the heat of the day. A real asset is the hot showers, running water and toilets rarely found in places this cheap.

The best part about Las Hammacas is the price. You can sling a hammock for about 20 pesos ($1.60) a night if you use your own, or 30 pesos ($2.40) if you rent one. There is also room to pitch a tent (20 pesos) and cots are available. The best deal are the hammocks which are cool and unbelievably comfortable to sleep in.

The owner runs a little store where you can buy beer or vile Mexican soft drinks, but if you want something to eat other than potato chips you will have to go into town.

There are fairly cheap restaurants in town where you can get anything from sandwiches to delicious turtle soup.

However, there is a fish market about a quarter mile from town. If you go down there in the evening you can buy a single three pound fish for about a dollar or two pounds of fresh shrimp for about two dollars. You can take your fish back to Las Hammacas and cook it on an open-pit barbecue there.

For your other culinary needs there are two grocery stores, numerous fruit stands and a terrific bakery. In general the food is quite cheap.

The nicest part about the island is the people. The Mexicans are friendly and if you stay at Las Hammacas you will meet travellers from all corners of the world. While we were there we met people from the US, Canada, Denmark, England, Germany, Switzerland, and New Zealand.

The greatest attraction is the beach, of course. Palm trees and white sand slope gently down to the tourquoise-green water. The beach faces the mainland and the strait is always calm and shark-free during the day. It is dangerous to swim the rough and shark-infested seaward side.

Isla Mujeres is renowned for its coral reefs that are filled with beautiful fish and diving equipment is available at cheap rental rates.

Isla Mujeres is a long way from Winnipeg and getting there can be expensive. However, there is a cheap way to get there. If you have a car and can round up a few people with cash, you are already one step ahead. Four people sharing gas can get to Houston, Texas (your flight departs from there) for about $25 each, providing they drive the twelve-hundred miles straight through.

It is not hard if you have four drivers. There are insured compounds in Houston where you can leave your car. Those without a car can leave the driving to Greyhound for about $165.00 return trip fare.

The Aeromexico flight from Houston to Merida costs about $114.00 on a thirty-day limit excursion.

Merida is the major city in the Yucatan Penninsula. From the Merida airport, take a cab to the bus station and ask for a ticket to Peurto Juarez. That will cost you about four dollars. The three hour bus takes you right to the pier where you can catch one of the battered boats that cross the short channel to the island.

Thirty dollars a week is more than enough money for food and tequila so you can live very cheaply. The cost of your return fare should be less than $300, especially if you drive or hitch-hike to Houston.

The most important point is that it is really worth the trip. Isla Mujeres is a beautiful place, one of a few inexpensive places left in Mexico. If you would like more information about the island, or Mexico in general, please get in touch with me at the Projector Office.

Many roads on the Isla Mujeres are paved with white beach sand.

Transcendental Meditation

by Deb Derksen

When you mention Transcendental Meditation, most people relate it to some sort of Eastern religion.

Not so, says Rose Marie Papetti and Sylvia Broverman who were lecturing here on TM, October 28 and 29. Sylvia is an instructor at the World Plan Centre in Winnipeg and Rose Marie is a Business Administration student who has been into TM for a number of years.

There is no need to shave your head, change your diet, or burn incense all the time. Transcendental Meditation is a mechanical technique used to achieve a deep relaxation.

To meditate sit in a comfortable position, close your eyes and repeat a special word (your mantra) for twenty minutes twice daily. The technique itself is taught by specially trained instructors.

After a period of meditation, you will experience a feeling of deep rest and increased awareness of the world around you.

The mantra is a concept that has been confused by the public. People are often skeptical of the idea that one nonsensical word can help them. "If one sound can help me, why shouldn't another do just as well?".

Rose Marie answers that different sounds affect us in different ways. Many people, when they hear fingernails scratching on a blackboard become very agitated. On the other hand, a certain piece of music could calm them.

The word "mantra" is Sanskrit meaning "sound whose effects are known." A mantra is selected for you by your instructor based on your personal needs and characteristics. It will have only positive effects on you.

Okay, you might say, but how does the instructor know which mantra to give you? How do you know he didn't just pick out the word out of thin air?

John White, in his book *Everything You Want to Know About TM Including How To Do It*, tells of a beginning meditator with the same question in mind. After being initiated and given a mantra, he went to another initiator. He was initiated again, and given the same mantra. Still skeptical, he went to a third initiator, and again given the same personal mantra suited to his particular mental needs.

According to one of the TM brochures, the Transcendental Meditation technique allows the mind to spontaneously experience fundamental levels of thought, until thought itself is passed, then we go to the source of thought, our own reservoir of creative intelligence.

Rose Marie compared the thought process to a bubble rising in water. Ordinarily, the "bubble" of intelligence rises through the mind where it bursts upon the surface as something we call an idea. Through the use of the Transcendental Meditation technique, we can go down to meet the bubble as it is rising. Eventually, we can reach down to the level where the thought has been originated, our level of "creative intelligence."

According to Maharishi Mahesh Yogi, the originator of The Science of Creative Intelligence from which the TM program is derived, there are seven states of consciousness. We all experience the first three: sleeping, dreaming and waking. However, once in TM instruction we transcend these first three stages, and go into the fourth stage, transcendental consciousness. Beyond it are still greater states of consciousness cosmic consciousness, god consciousness, and unity.

According to scientific research on the TM program, body functions slow down significantly during the fourth state of consciousness.

After 20 minutes of meditating, oxygen consumption decreases more than 16 per cent, as compared to 8 per cent during a deep sleep. Before meditating, the breath rate of an individual is about 15 breaths per minute. After meditation, the rate goes down to four breaths per minute. The rate that your heart works at is also reduced by 30 per cent.

Sylvia Broverman quoted the Maharishi in saying that the TM technique produces ideal social behaviour. "Once one per cent of a city's population is meditating, the crime rate drops significantly." She gives the example of Victoria, B.C. where 3 per cent of the population are practicing TM. In Winnipeg, one half of one per cent are meditating.

"But isn't it possible that you will experience the benefits just through auto-suggestion?" you may ask.

No, says Rose Marie. People who are very skeptical about it will come out refreshed after their first meditation. TM utilizes your natural tendency to think, and works whether you believe in it or not.

Prices for the Transcendental Meditation program are $180 for families who begin the course together; $115 for adults; $60 for college students; $50 for high school students, and $30 for kids between the ages of 10 and 13. Under ten, the children are asked for two weeks' allowance.

Many people will say that the prices are rather high, and would be reluctant to give it up, even if they had it to spare. Sylvia said that the organization is planning to present a petition to the government to subsidize people on limited incomes (like we students) who wanted to take up TM instruction. There are no further charges after your fee is paid.

"Fine" you say, "so I dish out sixty bucks to be enlightened, but where does my money go to?"

The World Plan Centre is an ed-ucational non-profit organization. Their revenue comes mainly from the fees charged to the students enrolled in the program. The money is used locally, nationally, and internationally. Some of the money's uses are wages for the teachers, printing promotional materials, upkeep expenses of the buildings themselves, training funds for teachers' trips to Europe, and expansion.

Anyone interested in learning more about Transcendental meditation technique can contact the World Plan Centre here in Winnipeg. Their address is 51 Horace Street at St. Mary's Road, Winnipeg R2H 0V8. Phone: 247-5565.

Getting Yours

Written by Caroline Marden
Photography by Malcolm Rawlings

This week students were asked their views of the Student Association

Linda Rempel – Business Administration 2nd Year

I'm satisfied with the activities the student association plans – in fact, I work for them part-time myself. It seems a lot better this year than last, maybe because of more student involvement. It is pretty much monopolized by the business administration faculty. In a way, this is good because they have the training to know what they're doing, but in a way it's bad because they don't really represent the student body.

Clary Makinson – Painting & Decorating, 1st Year

I don't really have much opinion. I don't know anyone on the council. I just come here. There isn't much information around anyway, I think the student paper is full of shit. The student council should do something about the Jampot thought, cause it's really lousey.

Jeff Krause – Business Administration 1st Year

In a way, I think some of the offices help students, but some are jobs where they don't do much but collect a salary. They don't seem to have much power over student issues. For instance, I went down to the office and made a suggestion about painting the backdrop of the South Gym black to give a better staging for the groups that play there. They said that totally out of their hands.

Marie Dubois – Advertising Art 1st Year

Actually, I don't know what the hell they do with the student's money. I'd like to see them have a say in textbook sales – maybe they could establish a cheap used bookstore or something like that, that really affects us as students.

Joey Harris – Computer Analysis, 2nd Year

I don't really notice them to tell you the truth. The music socials have been pretty good this year, and they're putting on some good freebees like the bar-b-que. This seems like as good a way as any to spend student funds.

Lesley Massey – Child Care, 1st Year

In my faculty, we're out in the field a lot, so I don't really know much about what they actually do. I heard that they were helping a student who got kicked out unjustly – this is certainly a good thing. There isn't really much information available on what they do though. In fact, there's a great lack of communication in R.R.C.C. – like the parking space confusion, or information about student activities.

Mary Anne Unrau – Nursing 1st Year

I think the student government should have a voice in bursary allocations. I think that this issue is being handled very unfairly at the moment. Student government should have a lot to do with this as it directly affects us as students.

Geoffrey C. Dent – Creative Communications 1st Year

It seems to me that the student administration has an over abundance of people from business administration. I think this has produced a clique, but students aren't really aware of this because there is no information about how things are set up and run, or even who is running the activities. I think that they are pretty much manipulated by the college administration anyway, because it controls their budget.

Surfacing

COSMETIC RIP OFF

Reprinted from Peak

Sometimes it is difficult to figure out what topics are interesting to the general public. After delving into my files, I came up with an interesting survey that is both interesting and terrifying.

It is a CTV inquiry into cosmetics that took place close to two years ago, but the results of which have not changed; their meaning is still just as significant, if not even more pronounced.

Make-up . . . the tool that so many women use to attract men. From mascara to lipstick, the idea is to make a woman more sensuous, more beautiful, and many times is supposed to reflect the particular woman's personality. But the horror stories about cosmetics are not often revealed, and there are large corporations quite willing to hide the facts from the public.

Allergies galore have resulted from use of various cosmetics. According to the survey, in the category of women over 18, 29 percent reported adverse or allergic reactions from cosmetics. In a survey of ophthalmologists, it was shown that women have suffered corneal ulcers, keratitis, conjunctivitis and inflammation of the eyelids. Dermatologists revealed various cases of rashes, infections and chronic eczema.

A study was done on various skin creams to ascertain what reactions the skin had to these creams. Different products were rubbed inside the ears of rabbits twice a day for two weeks and the result was acne pimples or blackheads. Dr. Leyden said that the cream most commonly resulting in skin irritation was Noxzema.

On to soaps...a panel of dermatologists did an experiment on various women to see how soap would affect them. People with normal healthy skin were not affected, but for people susceptible to skin rashes, Ivory was the most irritating. Mildly irritating soaps included Zest, Dial, Irish Spring, Safeguard and Palmolive Gold, and mild soaps were Dove and Neutrogena.

Contamination of various cosmetic products was widespread. An examination of sixteen products right off the store shelves showed that three were seriously contaminate. As the survey pointed out, a brand new tube of lash brite mascara contains pseudomonas bacteria that could cause blindness within 48 hours. An example was reported at length of a woman who was actually blinded and sued Revlon.

Lipstick was shown to contain castor oil, other types of oils and various kinds of waxes. Some pearlescent lipsticks contained scales from the underside of the east coat herring. After CTV V harrassed various cosmetic industries, they finally learned that the cost of producing a tube of lipstick, including the container, was from 1 to 5 cents.

For those of you who use skin creams, a word of caution: one of the main ingredients of skin creams is Collagen, one of the ingredients of jello pudding. Dr. Steinberg reported that the creams basically rehydrate the skin, gluing down the scales which eventually are being shed away from the skin. The common ingredient is oil, and is basically like Crisco. That is, if you marketed Crisco with a dash of perfume it would sell and meet all present health requirements.

In a survey of young women at the age of 13, 91 percent use makeup, and it is a trend that doesn't seem to end. Add to this the various vaginal deodorants in every flavour you can name, the various dyes for your hair, polishes for your nails, and it can be seen that corporations have a great deal of room to manoeuver and utilize their products. Their realm is wide and the majority of women fall prey to advertising without realizing the potential danger to their bodies.

The profits vs. the danger do not equate; all of us must use more caution with cosmetics and preferably eliminate them altogether.

Fielding Questions

Planning Reduces Abortion Spiral

"Abortion is a surgical procedure with a mortality and morbidity risk, and should not be viewed as an alternative to family planning", said Planned Parenthood of Manitoba in April of 1971.

In Canada, the most serious aspect of abortion is its spiral. In 1974 over 43,000 therapeutic abortions were performed in Canada, up dramatically from 1,100 in 1970. Manitoba's abortion rate has climbed from 221 performed in 1970 to about 1,400 in 1974. If family planning services, information and education were available to all segments of the Manitoba population, therapeutic and illegal abortion would not be eliminated, but they would decrease. Such a decrease would save both public cost for the procedure and help lessen the number of women "at risk".

When discussing family planning's role in lessening abortion, the need for more adequate counselling services for women faced with the abortion situation must be mentioned. Manitoba women who must have an abortion for valid and legal reasons should be able to receive immediate and adequate counselling concerning the surgical procedure. Planned Parenthood believes that further counselling, education and information for women who have had or are contemplating an abortion should be readily available to all concerned.

An Alternative I.U.D.

The second most effective birth control method (The Pill being the first) is the intrauterine contraceptive device, the IUD or loop as it is more commonly called.

The IUD is a small object manufactured from inert material such as plastic, which is inserted into the uterus by a doctor. As long as the IUD remains in place, conception usually does not occur. Doctors do not understand exactly how or why the IUD works but it can stay in the uterus indefinitely and prevents pregnancy in about 97% of women who use it. A woman being fitted with an IUD may experience cramps in the pelvic region along with light bleeding during insertion or shortly thereafter. Menstrual periods may become longer andmore abundant; and the quantity of vaginal discharge can increase somewhat, but generally these discomforts don't last.

The thread or threads attached to the IUD make it easy for a woman to check for its presence. However, these threads, usually made of nylon or of a synthetic material, are very thin and can be felt by neither partner during sexual intercourse. Sometimes the uterus expels the IUD and if this happens a physician must be contact immediately. Like the Pill the IUD does not require any attention before, during or after intercourse and so does not interfere in any way with a couple's spontaneity.

For further information, contact Planned Parenthood Manitoba, 304-504 Main Street.

Sexism Sells

NEW YORK (LNS-CUP) – To attract customers to their stores, owners should "reinforce the stereotypical roles of both men and women in their advertising," a speaker at a workshop on retail advertising told a recent gathering of retail executives.

In "successful advertising," according to the speaker, advertising executive William Huckabee, "men act and women appear."

The Cinema

by Dwight Dubowits

One of the more surprising films to trickle into Winnipeg in recent days is a rather stupidly titled movie DEATH WEEKEND. Surprising, because it's a Canadian film – and it's good. A rare combination.

Canadian films have earned themselves a lousy reputation over the years. Aside from the odd success like *Duddy Kravitz*, *Paperback Hero*, or *Black Christmas*, our films have usually turned out to be, well, boring – partly because our producer/directors have tried to veer away from 'Americanizing' their products, and mostly because filmmaking money in Canada is as hard to find as cold beer in England.

Death Weekend, I hope, is the beginning of a new direction in Canadian filmmaking. Believe it or not, there is not one single solitary reference to Canada in the entire script, which is refreshing, to say the least. Instead, the producers have chosen to spice the film with all the ingredients audiences *want* to see – namely, an excellent, if rather worn, plot; good acting, camera work, and lots of tension.

Set somewhere in the lakelands of Northern Ontario, the story concentrates on a young couple terrorized by a gang of meanies during a long weekend at a vacation home. It's pretty predictable stuff, in the Straw Dogs tradition, but it's nothing anyone would get bored with. Brenda Vaccaro (an American) does a good job handling the portrayal of the terrified heroine-turned avenger, and Don Stroud (also American) does an even better job as the head meanie.

Some reviewers have objected to the kind of violence shown in this film, but I wonder why. It's hard to imagine a terror film having any kind of effect without violence, and the violence in this film isn't any more explicit than some other films making the rounds anyway. Besides, it's kind of neat. What some reviewers (and other opposers of film violence) don't realize, is that people *want* to be shocked in this fashion. It's nothing more than a thrill. Leave us alone and let us enjoy.

All in all, Death Weekend works out pretty well, especially when you consider that it was shot on a budget most American producers would scoff at. There are better films, to be sure, but this one makes the ratings not because it is Canadian, not because of some silly Canadian quota policy, but simply because it's fun to watch. Not bad for a bunch of Canucks.

Garfield

by Deb Derksen

"Music should be music, not noise," says Garfield French in Sound Magazine.

French is the founder of the rock group Garfield, which is to play here.

"All my life, I've hated screaming guitars and banging drums," quotes Sound. "Music requires subtleties and textures, not just pneumatic hammering."

French's background was mainly folk and acoustic. His influences were Tim Hardin, Dylan and Lightfoot, from whom he learned the importance of lyrics.

"A good song is one thing, a good arrangement another; a good song and a good arrangement is a dynamite combination," says French.

Garfield's brother Dennis was leading a rock group a few years back. French saw the possibilities in Dennis' band, and when Garfield himself started working on it, molded it to his own musical ideals, it certainly became a "dynamite combination." Garfield is now one of the hottest new groups in Canada.

However, there is still the question of making it with the public as a whole as well as the recording industry.

They, like many other groups, took to the university and college circuit. Now, when everybody wants them, they still play the universities because they were there when they needed them, French says.

The group is made up of Garfield French, Chip Yarwood, Maris Tora, Walter Lawrence, Jacques Fillion, Dennis French, and Paul O'Donnell.

Garfield will be here Tuesday, November 9, in the South Gym. No admission. Shows are at 11:00 and 12:00 noon.

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Entertainment

Jampot

by Corinne Taubner

A soft-spoken young man, in his early 20's, with bare feet and a voice a bit like George Harrison, played under the name of Fraser Lindsay, ("just Fraser please") on October 27 here. He had a good, fast, guitar, and a curious chant, which he repeated in every song, inviting the audience to join in. This sound was almost like a jew's harp, loud and clear – like boys make when they blow through their hands.

I asked Fraser later about the sound and he admitted it was his trademark. A student at U of M, he takes film, music, astronomy, occult-reading and linguistics (science in language). Sounds have always fascinated this musician, who believes that our body responds to certain vibrations, creating a "mantra".

He played originals in his two sets, songs he has picked up as well as popular songs, but all in his own style. To start off there was a Hebrew chant called "Jeremiah" then "Carnival Matters" and later a piece entitled "Warrior's Dance". This was about Carlos Castaneda's book *Journey To Ixtland* which states that death is always behind your left shoulder and when you die, you must dance before death. "Morning Came About Midday" was a pretty tune about a morning that didn't want to get up.

Although Fraser apologized for being unprepared ("... it's too early in the morning ...") I found the songs a bit drawn out and thought he could have done better – his personal background says so. Stillmore, a radio program that started two years ago with Bob Harrison as programmer, served as a stage for local acoustic music. Fraser played on it, along with Jim Donahue and Bill Hamilton. He was also with Junior Barnes when they first started.

Right now, he's playing in lounges; last week at the Grant Motor Inn.

I liked his pleasant personality and friendliness, which came out in his music. It was very relaxing, and a nice change from seeing others who try to outdo themselves on stage.

Review Two

There seem to be more and more "groups" coming into being. First it was bands of musicians, now it's things like "Up With People", the Contemporary Dancers and theatre troupes of every size and shape. The Myriad Theatre Company is no exception. Although there are only six besides the director, their repetoire is abundant with not only comedy but mime – "clowns" and serious drama. They use two kinds of acting. The Stanislovsi ki style is by method, that is, when someone plays an old woman, she's pretending she *is* that old woman and affects her manner. Then there's the Brecht style, which is more conscious acting, e.g. what would an old woman do in this situation?

How did the group get started? Director Steven Eadie, formerly of Actor's Showcase, says they're mostly university graduates under 25, who wanted to get together to act. Only one is still in school; Debbie Wiens of Winkler, who is at U of W taking four courses. Then there's Laura Gerrand and Lorina Harding, two very different personalities. The 'boys' are Howie 'Zowie' Stover and Doug Bagot, both presently employed at the post office (as strikers?) and Larry Swanson of Dauphin, who works at the U of M bookstore.

They've been practising for six months, four days a week, and the result was a very polished show, at the college on November 3.

Their musical backup is the Central Continental Cowpokes, a bluegrass boogie band, who play instruments similar to the Cast Iron Potty Band.

I saw the show at 12:00 which started off with a satire in the well-known Monty Python style of a sadistic group of Germans and a "trained" Englishman. Larry Swanson was the loud-mouthed Hogan's hero, who had the Englishman on a string. (Lorina Harding). She does tricks, and the German finally ends up shooting her when she bites his hand.

The implications are obvious the German's ideas of being a Super-race are ridiculed and the quality of their products laughed at when at the end of the gun of the German uses doesn't work. The mention of Ed Schreyer as next trainee starts us thinking, but about what is unclear.

The satire focuses not only on politics. Pier Gint, a contemporary play about a young man's aventures in the world, (currently being prepared by the U of W) is "bastardized" by a run-on series of skits and the main character becomes Penny Glint, (Howie Stover).

In the first scene we see Penny as a "perfect little mama's boy" who spends time sending the widowed Mrs. Glint off on fantasy trips, where she is a little girl playing with a little boy. In the second scene Penny is off to his grandmother's and stops at a bar where he meets a local prostitute. She gives him a pair of glasses which turn him into a homosexual. While in this state he meets Trudeau (Lorina Harding), who is begging for change in the street. Penny offers 'him' a dollar, but he says he can't take it because he's only allowed 80% of the Canadian dollar. Then he gets on a bus with a girl who thinks she is back in 1969, going to Woodstock, (Debbie Wiens). Who when realizing her mistake, turns to the "Fonz" as her new hero.

Not until Penny is confronted with the man from welfare (Doug Bagot) does he take his glasses off and become normal, and his grandmother ceases to look like a football player.

There are many valuable messages in this skit, masked through comedy. The fallacies of the Canadian government are shown when Trudeau refuses a dollar because he can only take 80%, young people who conform to whatever is "cool", at the time brought out by the girl on the bus.

The company gets these points across in a professional manner, keenly aware of their audience and surroundings. The store Penny gets change from becomes the Crazy Ox, the school his mother saved her money for is Red Liver College and when the girl on the bus asks "where am I" the bus driver answers "Portage and Hargarve".

Yet the most amazing thing about the whole show is the unrehearsed tag impromtu at the end. One member starts out with a situation, another person comes up and talks to him, then is relieved by another person who starts talking about something completely different, which the first person has to pick up, then that person is relieved and a totally different scene put on, and so on.

These impromptu, spur-of-the moment situations can be anything, but are always a run-on skit between two people. They require great skill and instantaneous decisions, as the action must keep going. Attention is necessary if an actor is stumbling over words, or doesn't come off well, he must be replaced immediately.

So far, the troupe has received no grants, but is planning to start a workshop teaching children their skills.

They want to stay together and tour schools in the city.

Likely they'll be coming back to the college in a few months, where they'll certainly be welcome.

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Records

ROD STEWART

by Mark Silbermann

Rod Stewart's newest album release, *A Night On The Town*, is going to prove a wise investment from Warner Brothers, as this album may join the list of renowned classics with a wide range of appeal.

A Night On The Town is ingeniusly produced, with a variety of musical styles, making the listener become completely intent to the lyrics the rusty-voiced Stewart delivers.

One album side plays fast music, consisting of basic progressive rock, using unique utilization of instrumentation. A string section appearing at strategic intervals of the songs, plus guest appearances by Cat Stevens on guitar and The Tower of Power horn section contributes to the color of the arrangements.

A Night On The Town, along with Wings, At The Speed of Sound, and Jeff Beck's Wired, could be a product of a trend of rock music. The appreciation of loud-raunchy rock may becoming obsolete, and the low-key moody-type of musical compositions seems to be greater appeal.

One single has already been made from this album. Tonight's The Night is currently on the top ten playlists in most radio stations across Canada and U.S.

Another song worth noting is The Killing of Georgie. This song deals with a homosexual who is rejected by his family and eventually moves to New York City. In New York, he gets slain while trying to stop a fight. In this two-part song, the second part is a eulogy where Stewart continuously sings, "Georgie is dead".

Great credit must be given to Rod Stewart on how he interprets an incident such as that to make it a song which is tasteful and harmonious.

Listeners would be cheating themselves if they listened to only parts of the album. The smooth transitions from each of the songs, and the plotting of the cuts makes A Night On The Town for listening not for noise.

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Reader's Theatre

by Kathy Michalchuk

It's a different approach to drama. It's a stimulating method of expression.

Reader's Theatre is based on the concept of speaking the majority of the lines directly to the audience. Interaction between the actors is kept at a minimum with few, well-defined moves.

The actors' constant prop is the script in their hand. The stage contains only the essential props, simple in nature. Elaborate costumes are replaced by clothes that symbolize, by color and type, the character being portrayed.

Don't get the wrong impression. The scene is not rigid with actor's fiexed on one spot. They move around the stage with purpose and refer to their scripts occasionally. Music and singing may also be incorporated into the production.

Red River's Reader's Theatre Group is starting early this year. Their efforts at the present are concentrated on a first production that will debut on November 15 on the stage of the Black Lecture Theatre.

The group includes first and second year Creative Communications students assisted by instructor, Irene Karasick. All members contribute ideas about the structure of the play but the director is largely responsible for the final coordination.

The group is planning more production in the near future. Attend their first performance. If you are interested join the group. Let your creative mind contribute ideas to future endeavors of Reader's Theatre.

Junk For Sale

SAN FRANCISCO (ZNS-CUP) – Now that the "pet rock" and "Sandbreeding kits" have run their course, a San Francisco firm is marketing the latest in gift gimmicks: It's called "junk".

For $4, shoppers can buy a chocolate-coloured package of junk which, according to its warranty, is absolutely worthless. Among the items inside are a defective balloon, a smashed ping pong ball, a broken clothes pin, bits of paper and feathers and an empty book of matches.

"Junk" is the creation of Tom Pattinson, who has formed what he calls the junk company. "Junk" is already being featured in such stores as Bloomingdale's, Abraham & Strauss, Nieman Marcus and J. Magnin.

Pattinson says he got the idea for "junk" after looking through gift stores and realizing that most people were spending money on worthless trash. Incidentally, the warranty says that if you can find any legitimate use for junk, your money will be refunded.

Sport's

Intramurals At A Glance

Flag football has finally been completed after a season ot arguing, bellyaching and scrapping coupled with officiating problems. (See frustration Forum page 5) The turbulant season has prompted intramural coordinator June Graham to warn that the sport will be dropped from the intramural program if the situation still exists next season. Ms. Graham said, "It's too bad that many students are not responsible and mature enough to handle body contact sports." She added that students don't seem to give a damn about future students.

This column is not meant to be a "beef and bouquet" list but considering the problems Ms. Graham wants to point out many students and staff also cooperated fully in the operation of the program. She especially cited the few students who risked "life and limb" to referee the football. "They did their best but took a lot of crap," Ms. Graham said. She stressed it was easy to complain about the quality of officiating but asked, "Where were all the belly achers when the campaign for competent referees was on."

The intramural volleyball schedule has been plagued with rescheduled games. Many of the games have been rescheduled because of overlapping times for football players some have been due to timetable changes by instructors, e.g. exams in lunch hour slots. Many students have complained that this is unfair. When one team is forced to cancel obviously the other team is deprived of the opportunity to play as well.

The real loser has been June Graham. This year Ms. Graham has had to draw up a schedule for 92 teams. She estimated this took her 21 hours, most of it on her own time and then it gets +$%&*&&+*†(bleep) Ms. Graham said, "the intramural program should have priority if the slots scheduled were open when the team entered.

With the gym being heavily used it has become increasingly difficult to reschedule games. Ms. Graham says she may have to drop teams that are plagued by academic changes from intramural leagues. The only other solution would be to run games after classes.

Ms. Graham said many instructors do cooperate with the intramural program and have been willing to alter classes to allow students to participate.

INTRAMURAL NOTES: The program will again have a fund raising drive before Christmas with proceeds being turned over to the Sportsmen Corner. This is a project sponsored by Jack Matheson of the Tribune and Hal Sigurdson of the Free Press to help the needy. The money is used to purchase food hampers for families during the holiday season. Last year the drive was disappointing, raising only $300.00. A goal of $600 should be attainable if Athletes learn about the project... Table tennis entries are up from last year. The addition of doubles is attributed for the increase. Competition will continue until Christmas... I still haven't received any feedback from those who control the purse strings about why the part-time position behind the counter was discontinued.

Kaplan Prepares Skiers

RRCC physical education instructor, Jack Kaplan, has announced plans for an introductory conditioning class for skiers.

The session, planned for Tuesday, November 16 at 4:00 in the north gym, will give skiing enthusiasts and novices alike demonstrations on exercises that will help condition muscles required for skiing. Students will have the opportunity to try the exercise under proper supervision and will receive a printed copy of all exercises.

Mr. Kaplan, resident physical fitness buff, said, skiers should start getting in shape for the coming season *now* in order to avoid the customary aches and pains that customarily follow the first few outings.

Anyone interested but wishing further information should contact Mr. Kaplan in the phys-ed department in the north gym.

Basketball
RRCC Rebels
vs
U o M Jr. Varsity
Wed., Nov. 10
North Gym 8:30

TOP TO BOTTOM

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Rebel Roundup: Basketball

RRCC Men's Squad Unveiled Tomorrow

The men's basketball team begins its 76-77 season tomorrow night when they tangle with the University of Manitoba Junior Varsity in the north gym. The game is the second of a double-header which opens the Manitoba Junior Basketball league schedule for its 76-77 season.

This year the Rebels will be coached by John Loewen who takes over from Jon Gurbin. Last year Loewen coached the Junior Varsity team at the University of Calgary. He is a graduate of the University of Manitoba and played for the Bisons for five years. He also played with the Alberta Summer Games Team.

Loewen is not completely unfamiliar with the Rebels and the ability required by the players. He saw the team play last year in the 4-West finals in Lethbridge Alberta when they finished last in the four province tournament.

Twenty-two hopefuls turned out to try to crack this years varsity team. Loewen kept all players including five returnees from last year's team.

John said he is pleased with the calibre of player he has been able to attract to the team but is concerned about the team's lack of height. "We could use a little more size," he said.

The five holdovers are Roger Twerdun, Joe Di Curzio, Sandy McBride, last year's most valuable players, Jeff Krause and Dave Stastook.

The most promising of the newcomers is forward Jeff Syvret. Syvret has had experience with University of Brandon Jr. varsity. Others rookies making the grade this year are Brian Whitney, Laurie Guderyan, Virlin Parisien, Frank Stewart and Ed Gordon.

Loewen said he will stress defense in his coaching. Although he plans to use some zone defense. Offensively the team will use a pattern offense and work on ball control. "We haven't got the greatest shooting, right now," Loewen said.

Loewen said he expects Junior Varsity squads from the University of Manitoba and the University of Winnipeg to be the class of the league. Teams from St. Vital, St. James and River East make up the rest of the six-team league.

Loewen is confident that the Rebels can move up at least a notch from last year's fourth place finish in the league. Realistically, there is only a slim chance of upsetting the two universities.

Things will be more clear after tomorrow's game.

Game time for the first game is 7:00 with the Rebels scheduled to start their game at 8:30 p.m.

John Loewen – Rookie Coach

Roger Twerdun

Jeff Syvret

Dies "Natural Death" Women's Basketball

Six bodies are just not enough. The phys-ed department has been forced to fold the women's basketball team, at least temporarily.

A phys-ed official said there will be another attempt to reorganize a team next January to compete in the 4-West provincials.

The shortage of players is nothing new to women's basketball at the college. Actually, the situation is close to last year's experience when a team was assembled at the last minute to represent Manitoba in the 4-West championships in Lethbridge. That team, with little time for practice, was dubbed unmercifully by the other provinces and finished dead last.

It was felt that part of the problem in the past is that the women were entered in an "A" class league in the city. This year arrangements had been made to enter the team in a less competitive league. "No one likes getting their tails beat off, all the time... But still when we found a different league we still couldn't drum up the interest," said June Graham, a college phys-ed instructor.

Only about five or six women had been showing up for workouts. The coaches just felt the school could not commit a team with so few players. The college could have continued sponsoring a team in league play using alumni and staff members to round out the roster but with gym facilities and finances already being strained the decision was made to drop the sport.

Dave Suplwe...

So the Bombers made the playoffs... Fine, but I still don't think they'll make it to the Grey Cup... Although it has been said in the past that a running game is what you need when the cold weather arrives... But can a couple of southern boys (Beaird and Washington) adapt themselves to freezing temperatures and cow pasture fields like Taylor Field... Semi-finals in the west and east go this weekend, both on the tube... They're bucking some pretty tough competition though... Who really wants to watch a bunch of grown men play on a frozen wasteland (Regina) when they can watch Miami or Los Angeles, basking in sunshine?... My selection for the Cup, Saskatchewan from the west and Ottawa from the east... I do conceded however, Winnipeg might be better, but only if the game were played in August... I don't know if someone from the Jets got a hold of this paper or not but the week I mentioned the fact there were no tickets available at a reasonable rate to students they offered ducats at two dollars off for weekend encounters with Minnesota Fighting Saints and San Diego Mariners... It didn't work though, students weren't breaking down the doors to get in... Really wouldn't swine flu be better than seeing San Diego or Minnesota... Still on the Jets, watching a game on CKND is better than dishingout eight bucks to be there in person... Even if the color isn't set right on your TV...

Red River College hockey team is playing in the Manitoba-Assiniboine Hockey League this season... Coach John Schillinger (the great entrepeneur from the Crazy Ox) said the interlocking schedule the league plays with the Manitoba Eastern League will give his boys good experience... A large turnover on the hockey Rebels this season with just one returnee from last year... Contrary to times in the past, this year's squad is made up largely of out of town boys and the interlocking schedule should given them an opportunity to play in front of friends and relatives (that aunt you always hated) in their home towns...

Who the hell is Biff Wood?... After much sleuthing I found out that is non other than Bruce Wood, last year's sports director... Seems Biff (ugh) took exception to things I said in last issue about how he never had anything in the paper... In the letter Mr. Wood states that many times he brought contributions down to the Projector office in C building... Terrific Biff, but the office isn't in C building... Well, Biff you finally got something in the paper... Nice to hear from you again ol' boy...

I'm relieved there are plans for a ski trip this winter because if someone upstairs doesn't hurry up we won't get enough snow this winter on the slopes of LaRiviere, etc... And when I say the man upstairs I don't mean Mr. Talbot... When I arrived here in the fall of '75 word was about that tennis courts were to be constructed for year round use... After keeping my trusty tennis racquet in my locker for over a year I took it home the other day... I guess funds didn't permit the construction of the courts... How are the Kangaroo Kids from Dauphin doing?... Heard that inramural football enthusiasm got out of hand on a couple of occasions this year... Seems after beating each other's head in outside the school some fights were carrying over into the halls... It's not whether you win or lose, it's how long the opposition stays in hospital... I think next issue we should have bowling scores in this space...

Super spread a few weeks ago on the Swedish Jets in Sports Illustrated... Since the WHA won't be along for too many more years it had better the publicity now before it merges with the NHL... Credit to one of Winnipeg's top writers, Reyn Davis of the Free Press, for supplying much of the material used in this story.

Since I ran out of material about 30 lines ago, this is as good a spot as any to quit... Still haven't got my secretary, Rauw says they can't afford one... I'm not asking for much, just one ravishing beauty... Bye now.

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Details and entry forms available at the Student Association Office.

In Hockey:

Defense Faulty; Rebels Bounced 10 - 4

The Rebel hockey team opened their league schedule in the Manitoba Assiniboine Hockey League by dropping a 10 - 4 decision to the Kildonan Sabres in a game played Oct. 29 at River East Arena.

It was the second straight loss for the Rebels. The team had dropped an 8 - 5 decision a week earlier in their only pre-season game.

Rebel scoring was divided among four different players. Nino Cantafio opened the Rebel scoring at 15:24 of the first period to pull the team within one goal but Kildonan came back with two quick goals and the period ended 4-1.

The second period closed 9-3. Denis Marion and Keith McLennan potted RRCC goals.

Captain Obie Erickson counted the lone Rebel goal in the final period.

Coach John Schillinger was disappointed with the defensive play of the team. He said the team gave away three or four easy goals. "The team didn't deserve to win the game but they were better than the score indicated. We'll be working on defense in our practices," he added.

The team has an exhibition game scheduled against Morris on Nov. 10. The game will be played in Morris. The team sees its next league action Nov. 12 when they meet the St. Boniface Riels in St. Boniface. On Nov. 19 they play Stonewall in Stonewall.

STAT LEADERS

	GP	G	A	Pts.
Keith McLennan	2	2	2	4
Obie Erickson	2	1	3	4
Denis Marion	2	1	2	3