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For more information, visit your RRC Students' Association office in Room CM20 or Room P110
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the projector

RED RIVER COLLEGE

november 6 2006

cover ann christiani GD2

The Projector

EDITOR-IN-CHIEF
James Turner
editor@theprojector.ca
(204)-990-7490

NEWS EDITOR
Joanna Fultz
news@theprojector.ca

HEALTH, SPORTS & LIFESTYLES EDITOR
Kathryn McBurney
health@theprojector.ca

ARTS & CULTURE EDITOR
Amie Lesyk
arts@theprojector.ca

LAYOUT & DESIGN EDITOR
Lynsey Sable
photos@theprojector.ca

LAYOUT & DESIGN
Tyrone Fontaine
tyrone@blackplastic.ca

LAYOUT & DESIGN
Brooke Nelson
brookeandjoel@hotmail.com

LAYOUT & DESIGN
Jessica Phillips
jessikaphillips@yahoo.com

ADVERTISING CONTACT:
Guy Lussier glussier@rrc.mb.ca

BriefNews

AUDITOR'S MEETING

The RRC Students' Association (SA) is holding a general meeting in order to obtain the approval of students of their audited financial statements.

According to SA bylaws,the statements are to be approved by 25 RRC students and the SA is requesting students attend the meeting so they can meet this requirements and involve them in the process.

The meeting will be held on Nov. 7 at noon in the Green Lecture Theatre at the Notre Dame campus.

Be there or be square.

MOUNTAINS CALLING

Want to ski or ride, but NOT in a ditch? Here's your chance, and probably for the cheapest rates going.

The annual ski bunny trip to Fernie put on by the SA is upon us and they are now taking deposits in CM20 at the Notre Dame campus and P110 at the Princess Street campus.

The trip is scheduled over the Mini Break and be forewarned: it has sold out the consecutively for over a decade – get yer tickets now!

PROJECTOR WANTS YOU!

The Projector is looking for writers from all ends of our college. Every program, from each campus is eligible to express themselves in this paper – it is your voice. We welcome any willing participants to join us at our next story meeting on Friday, Oct. 6, in room W102 (the newsroom) at the Princess St. campus, at noon.

Bring some good ideas for what you'd like to write about, or listen to some of ours. If you have an idea and just can't wait, email us- contact info is directly to your left.

NEED TO CATCH UP ON NEWS?

Extra! Extra! Read all about it cheapo! FREE Winnipeg Sun newspapers are available compliments of the RRC Students' Association at the RRC Notre Dame and Princess St. campuses.

At Notre Dame campus, you can find them near the Timmy's, outside the BookZone and outside the Voyageur (access via B building).

At the Princess St. campus, catch your daily read also near Timbo's, outside the bookstore and in the cafeteria.

Now you have no excuse not to be informed!

D'Oh!

A typographical error in our last issue listed Allie Wall as the author of an article. The correct spelling of her name is Walld. *The Projector* regrets the error.

The Projector

c/o Red River College
Students' Association
P110 -160 Princess
Street Winnipeg, MB
R3B 1K9
Phone: 204.947.0013
Fax: 204.949.9150

ContributingWriters

Aaron Zeghers
Nisha Tuli
Jason Hasselmann
Rhys Kelso
Helen Cholakis
Paul Grigaitis
Erin Chatelaine
Matt Wright
Melissa Martin
Davina Pessagno
Shawn Houde
Meghan Delorme
Brant Batters
Doug McArthur
Jack Rach
Chris Webb
Sara Atkinov
Alyson Pile
Dan Verville

AWORD

"Never let school interfere with your education."

- Mark Twain

Students Want To Stuff The Ballot Box On Campus

By James Turner, Editor-in-Chief Photo by James Turner

Winnipeg post-secondary students say they were frozen out of the recent civic election, and are calling for the city to put polling stations at schools to make voting more accessible to them.

University of Manitoba (UM) student Allahyar Arza says he would have loved to have had a chance to vote against Sam Katz in the Oct. 25 election, but says he was stuck on campus.

"This is the second largest city in Manitoba," he says, pointing to the crush of students coming and going from bustling student union building at the UM.

"I think having a polling station here would have an impact on the result [of the election]."

Arts student Beverly Maiers agreed with Arza, saying although she found the time to vote, there would have been less pressure had there been a polling station right on campus.

"It was just something else I had to think about during the day."

Gary Sran, the president of UMSU, the university's student union, which represents more than 28,000 people, says he contacted the city about having a poll in place so students wouldn't have to leave the campus to vote, but was rebuffed by elections officials.

"They said they weren't going to change their plan that they agreed on this summer," he says.

Rex Masesar, president of Red River College's Students' Association, says he contacted the city in the first week of October to look at having polls so students could vote at RRC's Notre Dame and Princess Street campuses, but was told the idea was logistically too complex, something Masesar disputes.

"They said they can't do it – I would say they didn't want to do it."

Masesar also says he's interested in working with the city on the issue, saying he'd at least like to see an advance poll for students for future campaigns.

Turnout for the municipal election was the lowest since 1989 – just over 38 per cent of eligible voters cast a ballot on Oct. 25.

Marc Lemoine, the City of Winnipeg's senior elections official, says putting election day polls in post-secondary schools creates a tracking headache for election officials.

"It's a very difficult thing to do…you can (track votes) with computers, but the harder part is getting it back" to have a hard copy of the votes cast, he says.

Election rules say people wanting to vote on election day can only do so in the area they live in.

Lemoine says taking polling booths into schools like Red River College or the University of Manitoba would involve preparing and tracking many different ballot combinations.

"There are 57 total combinations of ballots because wards cross over… boundaries don't always line up," he says.

What's The Big Deal?

On a national scale, the decline of young people (between the ages of 18 and 24)voting in federal elections has become a cause celebre, as Elections Canada tries to get people between the ages of 18-24 to the polls by holding Rock The Vote concerts and partnering with celebrities.

In its final report on the 2004 federal election, the electoral watchdog says it confirmed that young people "vote less than other people," saying the overall "decline in voter participation in Canada over the last 15 years is chiefly due to an unprecedented drop among the youngest age groups."

Elections Canada estimates only 30 per cent of eligible voters across this age category in Manitoba vote in federal campaigns.

Still, Lemoine says the city is always looking for new customer service-based initiatives to make the voting process more accessible.

According to the city's official election results, there were 448,000 eligible voters for the Oct. 25 election.

More than 200 advance polls were available around Winnipeg, such as city hall, hospitals, the remand centre and seniors' residences.

15,447 people used advance polls prior to election day.

Service Sector Spurred By RRC

By Joanna Fultz, News Editor

After the recognition of dwindling statistics in 2001, the need to revamp Manitoba's tourism sector was recognized, spurring Travel Manitoba to begin overhauling its strategies, goals and infrastructure. On Apr.1, 2005 the revamped Travel Manitoba was put on the map, making the province's hospitality and tourism industry a good bet for students looking to get into the business at a time before the predicted boom.

The hospitality and tourism program offered by RRC at its Notre Dame campus is an integral part of Manitoba's flourishing tourism industry. The two-year diploma program gives those aspiring to work in the hospitality and tourism sectors many of the tools needed to construct a sturdy career in the framework of the industry.

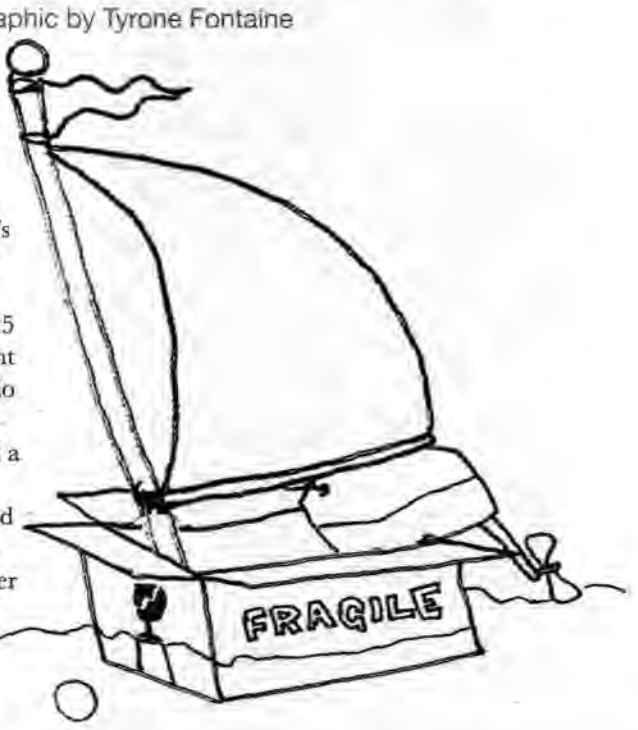
According to the Travel Manitoba website, www.travelmanitoba.com, one of the key components to the Travel Manitoba Act is something that may give the number of future jobs for RRC hospitality and tourism management graduates a significant boost, "[Travel Manitoba will] Promote the training, development and employment of persons involved in the tourism industry…ultimately, Travel Manitoba will collaborate closely and in partnership with the tourism industry and governments to attract visitors to Manitoba, sustaining and creating jobs and businesses in the tourism sector in the province."

Providing practical experience and preparing students to enter the industry with as much applied knowledge and field-related skills as possible are cornerstones of the program. The co-operative education work placement (CO-OP) is something students take part in twice for three and a half months during the 24 consecutive month program. The CO-OP is viewed as one of the most essential and successful educational models students learn from during their time at RRC.

"After spending a summer up north it is one of my favorite places in the world - and I have travelled extensively. The other benefit is that I was able to make enough money in wages and tips to pay for both years of the Red River tourism program," says Marcia Hrechkosy of her work placement at Ganglers North Seal River Lodge, a five star fly-in fishing lodge located in Northern Manitoba. Hrechkosy was an RRC tourism major who graduated in 2004 and now is the tourism marketing coordinator for the Folk Arts Council of Winnipeg. "[My CO-OP] had the benefit of the exposure to the beauty of Northern Manitoba. If you are going to work in the tourism industry in Manitoba you have to love the province."

College on the Poop Deck

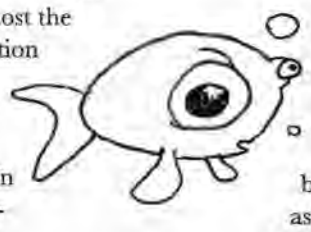
By Paul Grigaitispgrigaitis@yahoo.com Graphic by Tyrone Fontaine



Gilligan may want to consult with Manitoba's high school students before any future departures aboard the S.S. Minnow. With only two sheets of four by eight foot cardboard, a roll of duct tape, 25 feet of string, a 500 ml container of rubber cement and a paperclip, Manitoba's students are able to do what a movie star, a millionaire, his wife, a professor, a skipper and a pretty smile couldn't do: build a boat.

On Oct. 30, in recognition of National Skilled Trades Day, the first day of National Technology Week, Skills Canada Manitoba hosted the first-ever Manitoba cardboard boat races. The event was held at Winnipeg's 17 Wing Canadian Forces Base.

Red River College staff acted as judges for the event. The college sponsored the trophy for best design, and in coordination with Skills Canada Manitoba they host the annual Skills Canada Competition in April.



"Every province is doing an activity to promote and highlight career opportunities in the trades," said Maria Pacella-Augellone, executive director of Skills Canada Manitoba. "We're celebrating students that have embraced and chosen trades as a future option, and were also trying to reach out to youth who are still considering and trying to draw them into the trades."

Students from Crocus Plains Regional Secondary School in Brandon spent approximately two weeks preparing for the event.

"We have to do races and a weight challenge, so we had to decide which one we wanted to focus more on or if we were going to focus on both," said Crocus Plains student Clayton Heppner. "We made a vote that we should go for really fast and carry a lot of weight." They were awarded with both best in class and best design. "It went fast like we were expecting, but it didn't hold as many people as we expected," said Heppner.

Eleven teams of four students from six different high schools took part. In the speed challenge, team members race the boat two lengths of the pool using their hands as propellers. The weight challenge measures how many team members a boat can hold for two minutes.

One of two teams from Lord Selkirk Comprehensive Regional Secondary School was the first to complete both challenges.

Their boat withstood a total weight of 590 pounds, the combined weight of all their team members. It earned them best weight time.

Best time was awarded to Winnipeg's Tec Voc High School.

Red River College
STUDENTS' ASSOCIATION

Make it yours!

Feel Free to contact us at:

Rex Masesar
President
(204) 632-2474

Michael Cochrane
Vice President Academic
(204) 632-2477

Helena Morales
VP Support Services
(204) 632-2480

Jesse Wilson
Vice President Princess Street
(204) 949-8466

Message from the Executive

Over the past two weeks we held two very successful events. The "Spooky Kegger" and "One Hellura Costume Party" at TYC both had lots of people out enjoying themselves and were both a great time. Your Student Association puts on these events for your enjoyment. They also allow you the opportunity to meet other people at the college and make new friends.

On November 16th we will be holding a Poker Tournament at Princess Street. See the SA offices for more information. We will also for the first time be holding a Dodgeball Tournament, on November 23rd at Notre Dame Campus. To enter a team for the Dodgeball Tournament, come by the SA offices to pick up registration forms and get more information.

RED RIVER COLLEGE
STUDENTS' ASSOCIATION

NOTICE OF ANNUAL GENERAL MEETING

Tuesday, November 7, 2006, 12:00 noon
Green Lecture Theatre
Notre Dame Campus

- Approval of Audited Financial Statements
- Appointment of Auditors

The RRC Students' Association is required to have its audited financial statements approved annually by at least 25 Red River College Students. Your attendance is requested, along with at least one fellow student, to ensure we meet the required quorum of 25.

Up Coming Events

Nov 6 - Nov 17

ANNUAL GENERAL MET.
- Nov 7th (Noon)
- Green Lecture Theatre

CLASS REP MEETINGS
Notre Dame:
- Nov 7th (Noon)
- Green Lecture Theatre

Princess Street:
- Nov 8th (Noon)
- Multi-Purpose Room

POKER TOURNAMENT
- Nov 16th
- PSC CAFE
- Time T.B.D.

Join the SA Events Email List.
saevents@rrc.mb.ca

CHECK OUT THE SA WEBSITE @ WWW.RRCSA.COM

CLASS REP MEETINGS

NOTRE DAME CAMPUS:

- November 7th
- Green Lecture Theatre

PRINCESS STREET CAMPUS:

- November 8th
- Multi-purpose Room

BOTH MEETINGS START AT NOON (PIZZA LUNCH INCLUDED)

STUDENT HEALTH & DENTAL PLAN OPT-OUT DEADLINE

30 Days from Start Date of Full Time Program

OPT IN -RETURNING STUDENTS:

30 Days from Start Date of Full Time Program

FAMILY ADD ON DEADLINE:

30 Days from Start Date of Full Time Program

Notre Dame Campus: Room FM66
Phone: 632-2503
Princess Street Campus: SA Office P-110 (Reduced Hours)
Web: www.gallivan.ca
e-mail: sahealth@rrc.mb.ca

Notre Dame Campus
CM20 - 2055 Notre Dame Avenue
Winnipeg, Manitoba
R2H 0J9 (204) 632-2375

Princess Street Campus
P110-160 Princess Street
Winnipeg, Manitoba
R3B 1K9 (204) 949-8466

Voter Turnout Terrible

Rhys Kelsorhys.kelso@gmail.com

Winnipeg weather is unpredictable. Holding an election at the end of October may have proven to be a dangerous thing for the city because weather conditions may have prevented people from voting.

On Oct. 25 – civic election day in Winnipeg – the temperature reached a high of 10 C. Weather was not preventing people from going to vote in the 2006 civic election, but the city saw its lowest voter turnout since 1989.

According to the City Clerk's department, voter turnout for the 2006 election was 38 per cent.

"There is a shared responsibility around voter turnout with the city, the candidates and the actual voters," says Marc Lemoine, deputy city clerk and senior election official.

Outgoing city councillor Donald Benham, who lost his council seat on Oct. 25 to Brenda Leipsic, would not speculate on whether a higher voter turnout would have helped him in the election, but he thinks that the turnout

> "The election is run by older people who don't know what young people want – and that won't change until young people get involved."

was so low because the election was not seen by the public as being exciting. Benham says more young people need to get involved to increase the numbers.

"The election is run by older people who don't know what young people want –and that won't change until young people get involved," says Benham.

In a sample poll of 20 eligible student voters at the Red River College's Princess Street campus, only three students said they had voted in the election. Kent Brown, a student at Red River College moved to Winnipeg in the fall of the 2005 from rural Manitoba. He was eligible to vote, but he felt he was not familiar with the councillors or the issues of his ward to go vote. I asked him if he was ever sent anything in the mail or visited by a candidate.

"The only thing I ever heard about the election was when I saw the signs for candidates," says Brown.

Lemoine says that there were many things that the city did for this election to try and bring out more voters.

"We expanded polls from 162 to 182 so it was more accessible for the public to vote. Also with the new legislation that was passed on Jan. 1st, 2006 we were able to change advance polls so anyone could vote without needing a reason."

The advance polls were a success as there was a record turnout of almost 16,000 people. Lemoine is looking to continue to make voting more accessible to everyone including students.

"We are looking at offering advance polls out in the community at universities and shopping malls," says Lemoine. "It is a difficult thing to do because you would have to have 57 different types of ballots, as well as all the voter information for the whole city."

Lemoine has also looked into Internet voting, but right now in Winnipeg it is required to have paper ballots. Lemoine points out that even if voting becomes accessible to everyone it doesn't mean that there will be a large turnout.

"The city of Markham, Ontario despite offering Internet voting in 2003 had a turnout of only 27 per cent."

Remembering To Remember

By Amie Lesyk, Arts & Culture Editor Photo by Lynsey Sable

With an aging population of Second World War veterans, one has to wonder if the remembrance is dying out as well. For smaller towns in Manitoba it is a struggle to get a turn out to the traditional Nov. 11 Remembrance Day services.

A tiny legion hall in Woodlands, Manitoba drew about 80 people last year. Part of the reason for a lacking crowd might be that this municipality has only two surviving veterans, out of 300 from the area who served in and survived the Second World War

Robert Baldwin is one of those veterans.

"There's so many who see [Remembrance Day] as a day off work, a holiday, but they never stop to think why," he says. "They have the choice of wearing a poppy. They could have been wearing a swastika."

Baldwin brings out his old war medals and sets them down on the table. The metal clinks inside the plastic bag. He can barely remember which one is for what. It's been nearly 61 years since he earned them.

He was 18 years old on Nov. 11 of 1943, when he left for basic training with the Canadian Air Force. In less than a year he was an air gunner onboard a B-24 Liberator, patrolling the channels and seas around England and Ireland during the Second World War.

"We came so close to losing that war," Baldwin says as he looks down at his hands.

His crew would fly for 12 to 14 hours straight trying to spot periscopes in the water. They hunted German submarines and escorted ship convoys carrying supplies to England.

He served alongside men from Australia, Belgium, France and many other countries at war against Germany and its allies. Many of the men he fought with who died were strangers, but some were life-long friends.

"Lads I went to school with since grade two, they were lost, they never came home," says Baldwin.

Eventually the Allied Forces won the war and Baldwin remembers that day very clearly.

He picks a photo out of his stack of black and white Polaroids.

"The war was over and they were just resting at peace there, no more to do," he says pointing at the photo which shows Lancaster bombers sitting dormant on an English tarmac.

Other photos show groups of young guys posing in the streets of London or laying in the grass outside of barracks

Nov. 11 is the day when "the free world stopped, and paid tribute to the ones that paid their sacrifice," he says.

Remembrance Day services will be held all over Winnipeg and Manitoba on Nov. 11

Manitoba Not Conceding Defeat To Youth Brain Drain

By Joanna Fultz, News Editor Graphic by Jessica Phillips

Due to the 60th birthday celebrations of our oldest baby boomers this past year, Canada's population is aging, but according to Statistics Canada, Manitoba is experiencing its seventh year of consecutive population growth in the 15 to 24 year old age bracket. Manitoba has been filling its fountain of youth from international waters. Wilf Falk, chief statistician of Manitoba, says that the province will most likely exceed 9,000 immigrants this year, up 14 per cent from last year. The province has a goal to have 10,000 new immigrants each year.

"We are still losing young people to other provinces – we always have and probably always will," says Falk. "But we are gaining largely on the international scene due to the fact that we actively promote immigration to the province through the provincial nominee program…roughly 80 per cent of immigrants to Winnipeg are under the age of 40."

According to the province, the Manitoba provincial nominee program (MPNP) chooses trained workers with skills, language proficiency and occupational experience to be nominated for permanent resident status in Canada.

From 1992 until 1999, the province had a net loss of 2,579 people in the 15 to 24 age bracket, along with a net loss in all other age groups. Since 1999, the province has seen a substantial influx of people in this age bracket with 3,294 more young people moving to Manitoba than leaving.

Given the growth of this young age bracket, international students looking to find affordable education in the country are making up a good portion of the population increase.

"First of all, [the reason I came to Winnipeg] as an international student, Manitoba was one of the cheapest of all the country," says Sayed Mahmud, an international student at the University of Manitoba (UM). "I have been to Toronto, Montreal and Vancouver and the people in Winnipeg are the best. They are friendlier and more honest than most." Mahmud is a faculty of management student in the Asper School of Business who moved to Winnipeg in September 2004 and plans to gain one year of work experience in Manitoba before moving back to Bangladesh.

In order for graduated students to apply for the priority MPNP international student stream, they must be employed with a long-term, full-time job in the province. Lois Ward, the co-ordinator for the International Centre for Students at the UM says many students want to stay in Manitoba after graduation, but due to a combination of the MPNP guidelines and time constraints involved with immigration policies, many are unable to as they only have approximately three months to get a job after graduation because of international visa guidelines.

As the national and provincial labour market is threatened by the consequences arising from an increasingly aging population, Falk says that regardless of where the youth is coming from, the key to keeping Manitoba's labour market strong is by introducing new blood to its veins.

"Having more young people bodes well for the labour market…young people bring needed creativity and enthusiasm into the work place," he says.

To Get the Shot or Not?

By Matthew Wrightmattwright82@yahoo.ca

Dr. Tom Jefferson says there isn't enough scientific proof to justify the mass inoculation of millions of people for the flu shot.

Jefferson's analysis – released in the British Medical Journal on Oct.27 – argues that "there is a huge gap between policy and evidence." Jefferson points to a lack of broad-based scientific trials to determine if the shots are fulfilling their goals. The paper was released one day after federal Health Minister Tony Clement released a statement encouraging Canadians to get the flu shot because "immunization saves lives."

According to the government of Canada's Health website, www.hc-sc.gc.ca, between 4,000 and 5,000 Canadians die annually from flu or flu-related symptoms.

Approximately 10 million doses of flu vaccine are distributed annually in Canada.

The nature of the virus itself poses problems for researchers, as it's difficult to interpret data because the incidence and circulation of the virus vary each year.

Jefferson points to three main problems with assessing the effectiveness of the vaccinations when compared to their stated goals. The first lies in the fact that there is a heavy reliance on non-randomized studies, particularly with the elderly. He sees a selection bias in the study population. Pure random selection of participants would yield a much more balanced view of the vaccine's effects.

Secondly, Jefferson finds a disturbing lack of evidence of the stated effects of the flu shot program.

"In children under two years vaccines had the same effectiveness as a placebo, in healthy people under 65, vaccination did not affect hospital stay, time off work, or death from influenza and its complications," he said.

The last problem he sees is the small amount of information known on the safety of the vaccines. For example, he says that in one study, several million observations were taken but safety was only reported on five of the trials.

The vaccine is made up of bits of the virus and grown in fertilized hen's eggs. As the flu viruses are capable of changing from year to year, so does the composition of the vaccines, thus the recommendation to get a yearly shot. The antibodies are effective for four to six months.

According to Jill Chambers, immunization program specialist for the Manitoba Ministry of Health, last year 220,000 vaccinations were performed in the province, up 20,000 from the previous year and they are hoping for more.

"We are hoping the numbers keep going up as they have been. Our flu shot campaign has been very successful – it's become quite recognizable," she said.

Last year Manitoba spent $2.6 million on the flu shot program, a figure inclusive of administration costs as well as the vaccinations.

Production of vaccines was delayed this season due to the addition of a new strain of the virus that needed to be added to the vaccines in accordance with recommendations from the World Health Organization.

Flu shots are to be available for all by the end of October. Unless you meet the eligible criteria for a free shot, such as being over 65, vaccine fees can range from between $12 and $25 depending on the clinic.

Forced Help for Addicted Youth

By Davina Pessagnodavinapessagno@hotmail.com

A new provincial law will allow parents to force their children into a stabilization centre to recover from the abuse of drugs and booze.

The new service is part of the Youth Drug Stabilization (Support for Parents) Act that comes into effect on Nov. 1.

Billed as an addiction service to help families find the right resources and support for youth with serious substance abuse problems, parents considering this option must provide proof that there is indeed a problem. If a youth is chronically abusing one type of drug or more, or is at risk of physical or psychological harm, they can be detained.

They also meet the criteria if parents can show that all other resources have been exhausted. Once it has been determined this is the best option by the Youth Addictions Service, an application can be filed with a peace officer to order the apprehension of the individual.

The act is intended for last-ditch cases, where youth absolutely refuse to seek help for their addictions.

"The service is really intended for a last resort. It is to provide a single entry point for families struggling with addictions. We navigate them through the system and direct them to the right resources," says Lori Middendorp, provincial co-coordinator of the intake service.

Need of stabilization services are based on an assessment at which time an addictions specialist determines what options are available to help the youth and family.

Following in the footsteps of provinces like Saskatchewan and Alberta, the Manitoba government has recognized the need to take stricter measures when dealing with youth and addictions.

"This is the first time Manitoba has implemented mandatory assessments," says David Patton, the research director of the Addictions Foundation of Manitoba (AFM).

Approximately 2,200 youth across Manitoba were treated by or used the AFM service last year, says Patton. According to the AFM's 2005 annual report, the average age of youths treated by the AFM was 15 to 16 years old. Over 60 per cent of youths treated were male.

AFM conducted an extensive survey in 2004 called Alcohol and Other Drug Use by Manitoba Students. There were 6,673 students randomly selected throughout Manitoba schools from Grade 7 through Senior 4. Results showed alcohol consumption was the most frequently used substance. About a quarter of students surveyed said they drank heavily on a regular basis. Patton says the latest trend is binge drinking and females are starting to catch up to the males.

Marijuana ranked second as the highest drug used. In addition, there has been a growing trend in the use of methamphetamine, otherwise known as crystal meth.

Another study conducted by the Canadian Centre of Substance Abuse and AFM found that the cost of substance abuse in Manitoba has risen dramatically since 1992.

Released in April 2006, the study estimates health care costs attributed to substance abuse (alcohol, illegal drugs, tobacco) is approximately $325 million a year.

If a youth is chronically abusing one type of drug or more, or is at risk of physical or psychological harm, they can be detained.

Manitoba Schools Tighten Their Belts on Nutrition

By Sara Atkinovsatnikov@hotmail.com

As kids, we were taught about the benefits of following Canada's Food Guide to Healthy Eating. In health class we learned how a balanced diet could benefit us, and in foods and nutrition class we learned how to prepare nutritious meals. So why was it that when we went to the cafeteria to buy lunch, we had options like fries and gravy, hamburgers and deep fried pizza pops? Where were the healthy options then?

In an effort to narrow the gap between what is taught and what is offered, the Department of Healthy Living has released a handbook containing nutritional guidelines for all K to 12 schools within the province. Topics like serving sizes and what grains to eat are covered to help each school make its own healthy nutrition plan.

The handbook is the culmination of a provincial initiative called Healthy Kids, Healthy Futures. In June of 2005, the government released the Healthy Kids, Healthy Futures task force report. It contained information and recommendations gathered from surveys that had been distributed to schools across the province. The most common recommendation was that there needed to be some sort of written nutritional guidelines in place, so each school could ultimately create a nutrition plan best suited to its students.

But because Manitoba has so many different kinds of schools in such varying locations, the handbook offers suggestions, not strict rules for better nutrition.

"We realize all schools have different needs. This handbook will help each school create and reach a nutrition goal on their terms," said Paul Fieldhouse, a nutrition policy and research analyst for the Department of Healthy Living.

With the release of the handbook, the Department of Healthy living hopes to see some immediate change as a result of its suggestions, but also realizes a lot of the changes may happen over time.

"Our goal in the immediate to medium-term is to change the food environment to better match what [students] are taught as to what they can get. We want to bring them more in line with a healthy lifestyle," said Kerri Irving-Ross, the minister responsible for healthy living. "In the long term, we want to change school food culture. Instead of kids expecting and getting fries and hot dogs, we want them to expect and get healthy food."

"School should be a place where they can practice some of what they learn in terms of making healthy food choices. This is something that will take a lot longer, and we realize this," adds Irving-Ross.

tenten

Need Affordable Housing?

Ten Ten Sinclair Housing Inc. manages a three story apartment block located at **1010 Sinclair Street** in the Garden City area of Winnipeg.

- One bedroom
- Subsidized rent through MB Housing
- Near shopping centres
- Near bus stop

A short interview and Reference Check are required.

Call: 339-9268 ext. 0

It Only Takes 4 Hours to Save a Life

Help fight heart disease and stroke.

Volunteer for the Heart and Stroke Foundation of Manitoba's Door-to-Door Campaign this February and help save a life.

We are looking for approximately 4000 volunteers to help with our campaign in Winnipeg this February 2007. Help in your neighbourhood by being a Zone Chair, Area Coordinator or door-to-door canvasser. This is a great opportunity to build your resume and get involved in your community. To sign up or for more information please contact Kristin Clapperton, Program Manager at 949-2011.

Clearing The Air

I tell ya, they're scared. Really scared. It might have been going on since January of last year and I just didn't notice. The Conservatives are on edge. Twenty-one months later and they are still frightened of the other party. In the last two weeks the ruling party has unveiled their plans for the environment and for crime.

Environmental Mistress Rona Ambrose recently announced the Conservative party's Made in Canada Clean Air Program. That's a news feature in itself to be dealt with another time, like maybe 44 years from now to see if they were right. It struck me as odd that during her CBC Radio interview one afternoon she repeatedly started off sentences with the phrase, "Unlike the past government…"

More recently, Justice Minister Vic Toews announced the federal government's tough new stand on crime. Again, on CBC Radio, I heard him utter, "Unlike the previous government…," repeatedly.

The constant comparisons led me to two different conclusions. Either the current administration is sorely desperate for qualified speechwriters or they are absolutely terrified of the now-defunct leaderless blue party rising out of the ashes and retaking the throne on Parliament Hill.

Seeing as this institution alone could provide able, well mostly able, speechwriters by the dozen - I'm forced to accept the latter.

I'm then left to wonder whether this is the curse of the minority government. Constantly looking over your shoulder like a criminal, always expecting the worse. That thought alone has always been the deciding factor throughout my life whenever I contemplated undertaking in any illegal activity. I just couldn't live like that. It would ruin my vibe, as I'll be the first to tell you - I like to chill. Plus, I had friends like that in my past, whom I always thanked for showing me that it just wasn't worth it.

It would be nice for our leaders to focus their attention on matters at hand, live in the now for the benefit of all of us. The majority of us (not me) told them that yes, we want you now, fix us and make things better for all of us. Stop looking over your shoulder at things you cannot control, stop living in fear and accomplish things in the time you've got. You're there for us, not for yourselves. Focus on the people, not the party.

Hopefully, I'll be there 44 years from now, at the ripe old age of 79, and what's left of my original teeth will tremble out of my mouth as I repeatedly utter the phrase,

"I knew they were wrong."

You can reach Matt at mattwright82@yahoo.ca

EDITOR'S DESK: **a letter to the editor**

October 30, 2006

My wife Natalie, invisible and stumbling under her burqa, and I in my Afghan Chitrali hat, deliberately spooked the Peace Alliance Winnipeg (http://www.peacealliancewinnipeg.ca) crowd marching to demand "End Canada's War On Afghanistan!". Note "On", as in Canada is the enemy.

Waving our purple-colored finger tips recalling the 80% turnout in democratic elections in Afghanistan, we were told "Democracy is not for everyone". Our Afghan friends in Canada and Afghanistan need to hear this message, whose success would be the second abandonment of them by the West.

One Herat University medical student, Mr. Bashir Ahmad, put it this way, in imperfect English: "Those who talk for the people of Afghanistan, without consulting them, have difficulty imagining what everything would be like here when Karzai is gone and the Taliban put their boots on the necks. It may even be difficult for them to imagine there are people here who, the same as they themselves, dream for a future and can feel the pains as deeply as anyone else."

Another undergraduate student on the opposite end of Afghanistan, who fears retaliation by the Taliban if identified, said: "I would like to focus on one thing here that the security problems of Afghanistan is not only the problems of Afghanistan, it is going to be problems for the whole world, the clear example is the incident of 9/11 in New York and so on.... Not only Afghans should thank and appreciate the sacrifices of Canadian Troops in Afghanistan the whole world should thank and appreciate it.

If the International Community leaves Afghanistan alone as they did after the withdrawn of Soviet Union, I am sure it is going to be a big problem for the whole world as I mentioned the example of 9/11 in New York. I am in Afghanistan and I see that is what is going on here."

Natalie and I work as volunteers for Afghanistan through Canadian Women for Women in Afghanistan (http://www.w4wafghan.ca), which pays teachers' salaries and houses and educates orphans there, for Books with Wings (http://bookswithwings.ca), which sends whole libraries of books to Afghan universities, and professionally on Stop Afghan AIDS, an attempt to halt their nascent HIV/AIDS epidemic before it explodes.

The Islamic Republic of Afghanistan is named such because its population is 98% Muslim (cf. the neighboring Islamic Republics of Iran and Pakistan). In the transition between tradition and modernity, its courts need to wend their way towards consistency of Islamic law with modern human rights. It's not easy, and loopholes are sometimes used to avoid individual injustices, rather than trying to rewrite the Koran and Hadith. All major religions have codes of conduct and face these problems.

It was therefore ironic to hear one protestor argue against Islamic law for Afghans while the three Muslim men amongst the 200 marchers expounded on the delights of life under the Taliban. Of course they now live in Canada, where a woman can choose to wear a burqa or not and is allowed to work, musicians don't get their hands chopped off, girls can go to school, and kids of all ages can delight in flying kites.

These Muslims also refused to see the movie Osama, produced in Afghanistan by Afghans, portraying the life of a 12 year old girl who disguised herself as a boy to be able to go to school, and what the Taliban did to her. They won't read books by Canadian reporters Sally Armstrong and Kathy Gannon on Afghanistan, saying "It's all lies".

Oppression anywhere diminishes all of us. Afghans are hungry for education, sick and tired of 30 years of war, civil war, and lack of human rights and democracy. They had almost defined a modern, Muslim society for themselves by the 1970s, which slipped away into devastation. It's a long haul getting back and going forward. Canadian Forces are providing security from the remaining Taliban who burn schools, from the suicide murder raids from Pakistan by madrassa students funded by Saudi Arabia, from the remaining warlords and the criminal drug and human traders.

A whole Afghan generation grew up without education, but did not lose hope. Canada's choice is to sustain that hope or abandon them and the next generation of Afghans.

One protestor remarked how nice it is that we live in a democracy where he and I can disagree. He forgets how many Canadians died defending freedom in Western countries, and thereby protected our own freedom. Don't Muslims deserve the same?

Richard Gordon
GordonR@ms.Umanitoba.ca

Lip Service

After years of only having sex in the dark and refusing oral sex, K. was sick and tired of her little problem. So the 24-year-old posted in an online community dedicated to women's sexual health.

"I have an embarrassing deformity," she wrote. "My labia are… weird. The inner ones hang outside the outer ones. They're so disgusting. How can I fix them? Does anyone else have this problem?"

As it turns out, thousands of women do. Their problem, however, isn't that their inner labia extend past their outer; that is a normal anatomical feature shared by an estimated majority of the female population. Their problem is a culture which, in the name of profit, is willing to tell women their vulvas are deformed.

In her book The Beauty Myth, Naomi Wolf titled her section on cosmetic surgery "violence." The term isn't so far off the mark: think about a surgeon slicing into a normal, healthy breast and stuffing it with a lifeless sac of saline gel, and you'll see what she means.

But of that violence, the most nauseating form is genital surgery. With every other part of the female body regularly being cut apart and reassembled, the only gold mine remaining to surgeons lies between our legs, and they've taken to it with the kind of self-righteous zeal normally reserved for reconstructing the faces of accident victims.

Practitioners tell us that labiaplasty and so-called "vaginal rejuvenation" surgery is changing the lives of women for the better and giving them confidence in the bedroom. In hopes of acquiring this, women shell out thousands of dollars to have their labia cut away.

What surgeons neglect to mention is that all these procedures do is force the most sensitive parts of the female body into shape that has no anatomical validity.

The holy grail of vulva surgery is the so-called "porn star vulva" – a tidy package with tiny, pink inner labia hidden by the outer lips. Surprisingly, this is a form that only rarely occurs in nature. But because heterosexual women almost never see other vulvas (even in the showers at the gym, it's not like we sit and spread 'em), and because our culture places a taboo on the frank discussion of female genitals, they never realize that their long inner labia or asymmetrical lips are actually shared by the majority of women.

So how can we change these misplaced feelings of shame? Enter Vaginapagina.com (VP). A website dedicated to female reproductive health, VP boasts over 12,000 members. In response to a disturbing number of posts from women like K., VP created the Everyday Bodies Project.

The premise is simple: women from the community send in anonymous photos of their vulvas (and other body parts), which are then placed in an archive for all members to see. The project, which is now in its second year, has a catalogue of hundreds of vulvas, presenting a stunning portrait of female genital diversity.

What's more amazing than the variation is how many women write VP, expressing that seeing other normal vulvas was all it took to get them to turn the lights on and stop hating their bodies.

"I always thought my vulva was deformed," said one teen girl. "But there's so many here like mine… I don't feel so ashamed anymore."

Another woman, a mother of two in her mid-30s, shared that sentiment.

"I just can't believe how much better I feel about my body after seeing these," she wrote. "I guess my husband was right… my vulva is normal.

To check out VaginaPagina's Everyday Bodies Project, check out http://community.livejournal.com/vaginapagina/8905020.html or www.vaginapagina.com. Full disclosure: the author is a maintainer of VaginaPagina, and a die-hard supporter of female genital diversity.

You can reach Melissa at born_afire@yahoo.com.

Education As Just Another Product

By J.T. Ramsay, NightViews (Ryerson University)

Patrol Sargeant Karen Tymchuk of the Winnipeg Police Service shows off what the bank really does with people's money at RRC's Enterprising Womens' Conference on Oct. 28.

Photo by James Turner

TORONTO (CUP) -- "**A cynic knows** the cost of everything, but the value of nothing." Oscar Wilde could well have been musing about post-secondary students' attitudes toward tuition fees.

It's not so much that students don't value a post-secondary education, but rather that as the price of education increases and, more disturbingly, as the burden of student loans looms like a financial Godzilla over the heads of 20-, 30- and 40-somethings, can students afford to not be cynical about tuition fees? Tuition fees vary wildly across North America. Medical school costs, for example, top the price of a very fast, late-model German sports car. Tuition at NYU, a Tier 1 private university, is about $50,000 a year, roughly four times the yearly undergraduate tuition fee at Rutgers, the highly regarded New Jersey State university.

Further along the spectrum, yearly tuition at a Canadian university approaches $10,000, still a bargain by Western hemisphere standards, if you can afford it. Canadian colleges tend to be less expensive. A continuing education course at a Toronto college costs about $250. These are the costs for the privilege of enrolling in post-secondary education. Being able to live above the poverty line while enjoying this privilege adds another $10,000 a year. Webster's Dictionary defines tuition as: "1. a sum charged for instruction at a school or university. 2. Instruction, especially when given individually or in a small group." The definition seems straightforward.

So why then, as an adjunct prof who has taught big U and small college, do I increasingly hear students talking about "getting their money's worth" even though, when asked to elaborate on this question, they can't really define what it is they want?

Current reality has changed the very idea of tuition fees. In the first half of the century, post-secondary education was an elite privilege. Beyond that, additional schooling was viewed as a component of one's education, usually complemented with travel and apprenticeship with a professional.

Being educated meant reading Latin and/or ancient Greek, speaking a modern foreign language and having a specialized skill which you likely did not depend upon as a sole source of income. With economic changes such as the rise of the middle class and a shift to an information economy in the West, secondary education has become a bare necessity.

The Darwinian slope has steepened: We now need more education to compete for scarcer jobs and fewer resources. This has turned post-secondary education into a very big business, fostering an increasingly consumerist view of secondary education for students and education providers alike.

What are students buying? The bottom line is that they are buying the right to be enrolled at an institution, and the privilege of taking courses that will allow them to work towards a career and afford themselves a few choices. Other fees cover other perks, such as a gym membership and the ability to join clubs and unions. What blurs this bottom line is a fuzzy conception of "quality." Beyond the privilege of attendance, and an opportunity to achieve, is there not some guarantee that the learning environment will be set up so that everyone has a good chance of success, that the student is provided with the "best" of all academic worlds? This is the crux. There is a subjective sense at play. What does "best" mean for a given individual?

It could mean a large, internationally renowned "name" university and the chance to make contacts with others who will succeed in life. ("I see you went to Yale," chirps the prospective employer in the first minute of an interview at Posh Corp. "I was a Bonesman myself, 1978. Consider yourself hired.") Quality trade-off: classes large enough to be held in the Roman Forum, taught by academic "stars" who use teaching assistants like bodyguards to avoid unscripted student encounters and a quality of education so remote one might as well be doing it via webcast in Baffin Island.

Best could also mean a small, affordable college that offers a diversity of learning experiences, and profs that actually have office hours and foster a sense of creativity and personal exploration.

The trade off is that if you want to do post-graduate work at Big U, and nobody there has heard of your profs or your school, you may be spending another year working at the Gas and Sip, hustling like a pool shark to make your own luck.

There are no guarantees in school. Sometimes we get poor profs. Sometimes we don't get the grade we feel we deserved. Focusing on education as a quantity, perfectly correlated with tuition paid, defames the nature of education.

The old definition is the correct one: We pay tuition fees to get tuition, in some form. Colleges and universities worth attending take care to ensure that qualified professors are hired, libraries are excellent, computer support is plentiful and the opportunity for personal growth is enshrined.

What they don't do enough of is to stress that a huge portion of our learning goes on outside the classroom. They don't place education within the context of lived experience. It is not entirely the fault of the colleges. Students come to college seeing the degree as a means to an end, not as an end in itself, something worthy of achievement, more than just a pass card to a job.

As long as we think that tuition fees mean "job," education as a consumer product will flourish. We will all be vying to attend Name U in order to get a job at Posh Corp.

In a world where the acquisition of knowledge is divorced from the pursuit of self-knowledge, how can we learn to savour our experiences? Lifelong learning cannot thrive in a person who does not learn to savour experience for its own sake. Education is not the sum of one's credentials.

As Mark Twain wryly observed: "You can't let school get in the way of getting an education.

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Haiti Today

By Christopher Webbchristopherswebb@yahoo.ca

A violent coup of a democratically elected leader who stood up for the poor, and rejected the rule of foreign elites is apparently not news-worthy in the mainstream media. If it were, images of Haitians massacred in the streets of Port-au-Prince and bodies lying at the feet of United Nations, United States, French and Canadian soldiers would spring to mind. Sadly, for many Canada's involvement in Haiti is an unknown injustice.

In February 2004 the Canadian government followed the US lead in removing Jean-Bertrand Aristide from power in Haiti. The US was concerned with the way Aristide was acting as a voice for the poor and oppressed among the Haitian people, and with his mix of liberation theology teaching and unity amongst the Caribbean nations he was a threat to neo-liberal free-trade policies.

A foreign orchestrated overthrow took place, followed by bloody violence which left over 8,000 dead, 35,000 cases of rape and thousands of incidents of armed threats in the 22 months after the overthrow, according to the British medical journal The Lancet. The Foreign Affairs Minister at the time, Bill Graham, described the military actions as a "constitutional transition".

The constitutional transition Graham referred to was a coup backed by the Canadian, US and French governments and carried out by the revival of Haiti's military force that served the country's small elite population. Although this was by no means a singular and unique incident, Haiti's tumultuous history has been marred by coups and incidents of external political engineering for many years.

A foreign orchestrated overthrow took place, followed by bloody violence which left over 8,000 dead, 35,000 cases of rape and thousands of incidents of armed threats in the 22 months after...

Let's look at foreign involvement in Haiti since Aristide was elected in 1990, up until the recent elections in February 2006.

In 1990, Aristide overwhelmingly won Haiti's first democratic elections. George H.W. Bush was wary of Aristide's political leanings and moved to undermine the new Haitian government by withholding aid and supporting opposition groups. Nine months into his term, Aristide was ousted by General Rauol Cedras, backed by the CIA, who instituted a reign of violence which led to the death of over 3000 people, mostly supporters of Aristide's Lavalas party. Aristide was eventually restored to power under the Clinton administration, on condition that he adopt the neo-liberal policies of the International Monetary Fund (IMF).

Aristide and his Lavalas Party won the elections in 2000 by a large majority. It was during these elections that the current Bush administration froze aid to Haiti, and with the country cut off from multilateral financing Haiti's economy went into a tailspin, spurring political discontent. During this period, the International Republican Institute, a Republican party backed think-tank, gave Haitian opposition political parties three million dollars a year.

In February of 2004, opposition soldiers armed with US made weapons marched into the country from the Dominican Republic and overthrew Aristide's Lavalas government, forcing him to flee the country. Many of these "rebels" were simply murderers and narco-traffickers, including Emmanuel Constant, who was on the CIA payroll, and Guy Philippe who was trained by the U.S. military as an army officer in Ecuador, according to Yves Engler, a writer who has published a book on Canada's involvement in Haiti.

They were forced to lie down and were then shot in the back of the head...

An interim government under Gérard Latortue was installed. After withholding aid to Aristide's elected government, Canada now gave nearly $200 million to the imposed Latortue's regime. Canada was one of the top international supporters of the Latortue government and offered continuous financial backing as well as training Haiti's new police forces through the UN.

Amnesty International, Human Rights Watch and the Institute for Justice and Democracy in Haiti have documented hundreds of killings of poor Lavalas supporters by paramilitary death squads and the Canadian trained Haitian National Police (HNP) since the 2004 coup. On Oct.26, 2004 the HNP rounded up 12 young men in the Fort National slum. They were forced to lie down and were then shot in the back of the head - just one of the many incidents recorded by these non-governmental organizations.

On Feb.7, 2006 Haiti held their fourth presidential election since 1990. It was also the fourth landslide victory for Rene Preval, who won with a clear 60 per cent of the vote, while his nearest competitor came in with a mere 11.8 per cent. Canada and the US poured millions of dollars into the campaigns of opposition parties and candidates of the elite once again, and an intense propaganda campaign was waged against Preval by Haiti's elites and foreigners. The Provisional Electoral Council which controlled the vote count and worked with the UN and the Organization of American States, set out to undo a first round victory for Preval by systematic ballot destruction, and gross vote fraud and mishandling. Finally, after tens of thousands of Haitians took to the streets, a deal was reached and Preval gained a first round win.

The lead up to this election saw a brutal campaign of violence and intimidation against Haiti's poor majority. Since the 2004 coup, several thousand Lavalas supporters have been killed or jailed. The Canadian government bears responsibility for the coup, the repression of fair and democratic elections and the violence which occurred. Presently, a 100-member contingent of RCMP forces runs a training mission for the HNP. The HNP has been responsible for the countless killings and jailings following the coup in 2004.

The negotiated settlement of the 2006 presidential elections makes for a very fragile situation in Haiti at present. In order for Haiti to become a functioning democratic country, there needs to be an end to the threats and foreign interference by the elites and occupying powers. A complete withdrawal of foreign forces, an end to the trade and aid embargo and Canada must admit the damage it caused to the Haitian people and economy and pay the needed reparations.

When political author Yves Engler said, "Canada's intervention in Haiti has exacerbated, rather than improved, Haiti's human rights situation," it seems he was entirely correct.

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PHOTO ESSAY BY AMIE LESYK

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ROCKSTAR ENERGY DRINK

Rule Of Art Begins In The Exchange

By Jason Hasselmann jasonhas@gmail.com Photo by James Turner

"Hi there. I have never met you…However, I read the following quote on A Northern

Chorus' website – 'We also have to thank those in Winnipeg for doing such a good job promoting and organizing the (Exchange) show...' I would like to know if you would be interested in working with our band."

The above e-mail came from Steve Gates – and soon after, Gates and his Halifax-based band, Caledonia came to Winnipeg to perform at the newly-refurbished Red Road Lodge in the Exchange District. The venue, located at 631 Main Street, is a part of the North Main Project.

Spearheaded by Richard Walls, the building's owner, the goal of the North Main Project is to develop an artist village to become part of the ongoing urban renewal taking place in the Exchange.

The financial backing for the project is coming directly from Walls, a designer-developer with ADI Design, who does not expect to reap any financial rewards from his work in the foreseeable future.

"I may never see a profit come out of this building," says Walls, who says the idea is to foster economic development based on the rich cultural diversity that already exists in the community.

Students from RRC and the University of Winnipeg stroll the streets, where ten years before, the streets were devoid of student life.

As well, artists are now a dominant character of the area, and the number of art galleries is a direct result of this cultural activity occurring.

Caledonia, who have received acclaim back at home, are in the middle of their first cross-Canada tour. The band says they aimed to play a show in the Exchange, based on the great experiences other bands were relaying online from across Canada.

"Our show in Winnipeg felt like a homecoming, and we played to the largest crowd of the tour," the band says on their website.

Whether it is art, film or music, Winnipeg has always seemed to support the independent arts establishment. It has been a breeding ground for some of Canada's most influential artists. Success stories like Neil Young, or more recently, The Weakerthans, Guy Maddin, and Miriam Toews not only inspire local talent, but also create inspiration for social and cultural movements. They influence the trends that surface and recede and point us in directions that moved them artists in the first place.

It was never the critic or the established reviewer that came to these communities. It was the underlying community of like-minded individuals who created emerging trends and transformed public consciousness, broadening the language of what is culturally relevant and acceptable today.

"The support you hear for new and independent music is becoming a Winnipeg

hallmark," says Gates. The band's sound, as described by the band, combines "distorted organs" and "surf/country style guitar".

"We had to skip over Calgary because we couldn't find anywhere, or anybody who would let us play. If you are an unsigned and an unknown talent, some people are less willing sometimes to give you an opportunity. Winnipeg was really welcoming that way," he says.

Many trends inevitably become diluted by the very popularity they attract, and ultimately, they come and go. Yet, the original artist stays constant in their pursuit of higher meaning and individual excellence, regardless of trend and the route their art inevitably takes them.

Perhaps there is something revealing to be said about living in a city so isolated from any other larger influence. Perhaps that isolation is why Winnipeg is gaining a reputation as being an independent cultural centre, where new movements are encouraged and supported from behind the shadows of the established arts scene, between the streets of the exchange.

Smiles, Nods & Voodoo Spells

By Amie Lesyk

I Know I Should Know Better

Instead of staying away from a topic that has already gotten me into trouble, my nature is to delve deeper into my self-dug hole and hang out there for a while.

I debated writing this column on Christianity after a week of offending at least one and most likely more Christians. I knew full well I would probably write something that would be taken wrong and that the subject matter would be so sensitive that it would likely end badly.

But in lieu of that racy topic I will write about how I do things I know I shouldn't do. It's like Eve picking the apple, to make an ironic bible reference. Even though I know full well that consequences will surely kick my ass, I tend to do things anyways. I have this tendency to live day-by-day.

This goes for a lot of things in my life. I lean towards the drama. It's not usually too harmful or even important. It's more about making things interesting, and as a result harder, for that one moment.

It's not that I'm evil, don't get me wrong. I don't dramatize other people - only myself. And I don't lie or stretch the facts. I'm a terrible liar. But I stir things up and stress myself out seemingly because I like to keep myself busy.

This drama can usually be found within my chaotic love life, my long-distance affairs with mysterious, torturous characters. And it can be found in my misadventures, like being stranded in Fargo, which could have easily been Texas, and having to pawn something for money to get home. Or in lighter matters, when I park where I know I will get a ticket but pretend the laws don't apply to me, or drive around on empty for days.

For some reason I don't take steps to avoid the problems that arise from these situations, though I easily could. But those steps would probably take away from whatever fun factor I had invented. I slide into these situations knowing full well, almost anticipating, what I'll have to do to get out of them.

But this tendency breaks off piece by piece, and is slowly weathering away. There comes a point in your life when you get tired of not knowing or of putting yourself in a corner. This is all a part of getting older I guess. That need for security and preplanning.

Everyone has a different sense and pace when it comes to this. While some never care, some always have. I imagine I am somewhere in the middle of that scale which, in this case, isn't a bad place to be. You live enough to learn, and learn enough to know when to live.

You can reach Amie at arts@theprojector.ca.

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Aboriginal Student Support & Community Relations

We are pleased to announce the R-Crew for 2006/2007 school year. The R-Crew is a group of students who distribute information, offer support and assist in the organization of events for Aboriginal students at the Notre Dame and Princess Street Campus. The R-Crew are role models and leaders that make students feel welcome on campus and work hard to establish student support systems. Please welcome our R-Crew.

Jonathan Anderson - Operations
Karen Angeconeb - Special Events
Shirley Haynes - Special Events
Bernadette McLean - Office Assistant

The Gas Menagerie

By Amie Lesyk, Arts & Culture Editor Photos by Amie Lesyk

Building larger than life art comes from larger-than-life visions for Max Streicher.

Streicher is an Alberta-born artist who now lives in Toronto and has been building large air-filled art installations for years. His work is often suspended from ceilings and looms overhead, taking up several precious meters of space in galleries.

His latest creation, Mammatus…an Installation by Max Streicher, was inflated in the Winnipeg Art Gallery's Eckhardt Hall late last month.

Mammatus is comprised of huge, sewed-together pieces of white nylon and Tyvek (a lightweight, yet strong synthetic material). They form puffy white clouds, interspersed with odd shapes like a horse, babies and even a large, roach-like insect.

For Streicher, the odd additions to the cloud formation represent a surreal element derived of his inspiration from historic painters.

"Tiepolo, I really like. He always has these menageries of elephants and giraffes and horses…coming through the clouds," Streicher says, "and Correggio too. He did that a lot."

He has been working with this medium since 1989 and has created several of these huge pieces.

"I was interested in air and how air animates life, but also how it relates to the word spirit. [Spirit] is the same word as air in Latin," he explains about his choice of medium. "So we have this connection with air and spirit and animation of various kinds. I did one work and I thought that would be it."

This is his third time working with cloud formations and in the past his work has been of inflatable people and animals of fantastic states.

> For Streicher, the odd additions to the cloud formation represent a surreal element derived of his inspiration from historic painters.

"I really like the process of designing a pattern and sewing it together and seeing it go from this flat shape to this three-dimensional shape. You never tire of putting a fan in and seeing something come to life."

One of his other creations is a multi-toned unicorn made of recycled billboard material that stands six metres tall. This work, Stuck Unicorn, was displayed in Germany in 2003. You can see pictures of his work on Streicher's website, maxstreicher.com.

"They overtake galleries and provide a real physical experience for people and I think that's real important to my work. I couldn't imagine working in another medium," he says.

Fabrice Marcolini, director for Artcore, a gallery in Toronto, has been working with Streicher for five years.

"A number of international galleries have been interested in his work," Marcolini says. "We created an international network of galleries to exhibit his work over the course of the last four years.

Marcolini goes on to list several countries where Streicher's work has been shown. "Germany…Spain…Brussels…"

Apart from having exhibits at international galleries, Streicher has also become a permanent fixture in some of them.

Marcolini goes on to explain about another technical aspect of Streicher's work.

"It's animated by an intake of air that is governed by a timer for a determined number of seconds, and it generates movements," he says.

Shadow, light and setting also play a key role in Streicher's work.

"It's very important to have the right light on the figures otherwise they would kind of disappear into the white Tyvek," he says.

> "You never tire of putting a fan in and seeing something come to life."

In the WAG's Eckhardt Hall, Streicher's piece is lit with natural light from windows as well as spot lighting from the ceiling. He designed this piece specifically for the WAG.

Streicher moved to Toronto in 1986 to go to school and has called it home ever since. He says that the scene in Toronto has been really supportive for his art though his art has been increasingly successful in Europe over the last ten years.

Mammatus will be showing at the WAG until March, 2007.

KEEPING THE BOYS FLYIN' HIGH

By Amie Lesyk, Arts and Culture Editor

During the Second World War, planes plunged through the air guarding waters or firing inland. Riding the noses of these killing machines were the beauties of the time. Paintings of saucy pin-up girls baring resemblance to movie starlets contradicted the planes and the reality of their vicious nature. According to writers like Max Allan Collins, who has published collections of Second World War art, these girls were reminders of what the guys were fighting for - their wives and girlfriends back home.

The girls were painted by men in the service, some being more detailed than others, and usually had names beside that related to the nickname of the plane and the situation the girl appeared to be in. Some names were "Victory Girl", "Net Results", and "Untouchable". The paintings adorned mostly larger planes such as Liberators, Flying Fortresses, Mitchells and Super Fortresses.

Much of the art mimicked publicity photos promoting movies and products of the era. Big movie stars like Rita Hayworth, Betty Grable and Ava Gardner were often posed as pin-up girls in photos to promote their movies. These images then became popular in advertising and eventually were taken on by artists in the military who attempted to recreate them.

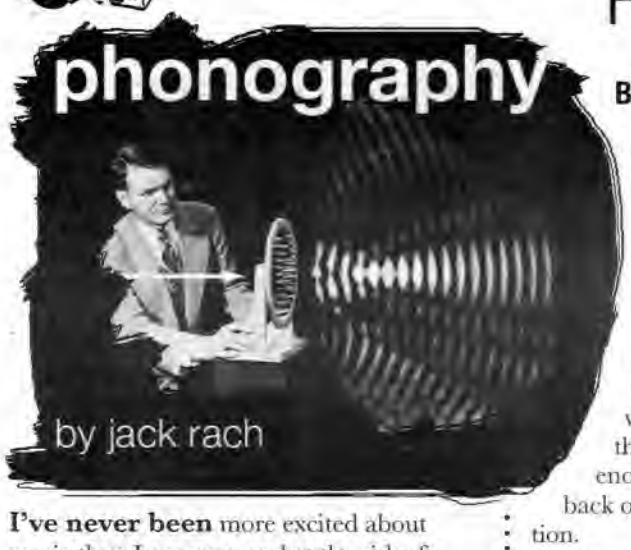
There are a few men who are said to have created the image of the pin-up girl with their art. George Petty is said to be one of the originals. He is most famous for the work he did with Esquire magazine, using airbrush - a then uncommon technique - to eventually render what would be dubbed Petty Girls (see: Petty - The Classic Pin-Up Art of George Petty by Reid Stewart Austin) in the future. His artwork became famous but due to a financial issue, Petty left Esquire and went on to work for several magazines including True and in 1957, Playboy Magazine. This was somewhat ironic, according to Collins, because Playboy's display of the female body had taken an audience away from Petty's hand-drawn semi-nudes.

Alberto Vargas took Petty's place at Esquire and adopted Petty's technique (checkout: For the Boys by Max Collins). Soon Vargas developed a more realistic style for his pin-up girls, though they still held onto some of Pettys' exaggerated beauty. Vargas' pin-ups became known as Varga Girls.

This style of art was also credited to Britain's Merlin Enabnit as well as Billy Svorse, Earl Moran and female artist Zoe Mozert. Another artist called the "father of the pin-up" by Collins is Rolf Armstrong.

Armstrong published much of his work in the 1920s and 1930s. He would paint not only models but stars like Mary Pickford, Greta Garbo, and even Boris Karloff.

phonography



I've never been more excited about music than I am now, and at the risk of sounding one-dimensional - I only listen to dance music now. Specifically, robot disco, mashups, bastard pop, bootlegs, and techno sleaze plus whatever else fits into these loose descriptions. I've spent hundreds of dollars on records in the last few months and am anxiously waiting to order more. In addition, downloaded mp3s have eaten away nearly 20 gigs of memory in that same amount of time. I want to share all of it with anyone willing to listen.

Records have been the DJ tool of choice to share their finds with dancing listeners for decades. Compact discs started to make inroads among some jocks but for the most part, DJs consistently perform with their stacks of wax. CDs, I believe, are going the way of the 8-track and will soon become extinct among DJs. They will largely be replaced by laptops and accompanying mp3s with time-coded virtual records that integrate the tactile nature "spinning" records requires. This is good news for travelling DJs who will no longer need to carry as many heavy and bulky records with them since everything will be stored on their computers.

This raises interesting copyright questions however. Bloggers, like me, who post and share mp3 files of tunes they're digging could become extinct, or at the very least, need to alter download links to incorporate copy protection. The entire economic structure between record labels, producers, and DJs would have to be re-organized. That battle is a long way away, so, on with the music.

Generally speaking, techno (the specific genre, not the blanket term for electronic music) defines new media for me – it is the future and it's what I continue to share. Evolving from disco and hip-hop, techno developed into its own sub-culture in the late 1980s. In search of something representing the current, and dare I say, the future state of techno I looked to the past. I found Moby, who just released a "best of" album last week that spans releases from his early techno singles to recent mega-hit pop tunes. Listening to his newer material it's hard to believe Moby once had a huge influence on underground dance music. One of Moby's first singles "Go", became a rave anthem immediately after its release in 1991. I first heard it a few years later, recognizing "Go" from the eerie Twin Peaks theme sampled prominently throughout it.

Like ex-girlfriends however, Moby means nothing to me anymore. It's interesting to see up-and-coming artists like Denmark's Anders Trentemoller remixing "Go," twisting it into something almost entirely unrecognizable. If it weren't for the Twin Peaks sample mentioned above, Trentemoller's reconstruction would sound nothing like the original. For the most part, producers like Trentemoller make techno so much thicker than their predecessors did. Synthesized melodies are viscous and goopy like squeezable peanut butter (if there was such a thing). Basslines no longer roll, they smear, leaving behind a sticky mess worse than the smut between Belinda Stronach and Peter MacKay.

You can reach Jack at manalogue@gmail.com.

Folk Pixie Makes Bets With *Spare Change*

By Doug McArthurdougmcarthur0@gmail.com

Somber, reserved, and reclusive are typical words to describe folk songwriters who use six strings instead of a soapbox to mount their platforms to the world.

Nothing could be further from the truth for Serena Postel though, a blue-eyed pixie with enough spunk to kick-start the jukebox in your heart, and enough soul to coax the hairs on the back of your neck to stand at attention.

Postel's debut EP, Spare Change, was recorded in whirlwind fashion and on a shoestring budget. Local pop piper Scott Hinkson played producer, and local talent, such as The Perms drummer John Huver, backed up Postel on the disc, as well as international act and Australian finger-style guitar champ Dale Willis. But don't get confused, Postel is still the real star here.

Her voice on tracks like "Big Bad Wolf" and "Lullaby" ranges from forceful blue-sky clarity to gusty, dirt-under-your-fingernails honesty. She uses her voice as a tool to paint a vivid and revealing self-portrait. Postel says she's pleased with the production of the songs.

"Working with Scott's studio was great, because I wasn't in a situation where I was watching the clock, and thinking about how much I would have to pay for studio time. I've got a full-time job, and two kids, so the kind of flexibility he gave me is the only way I could have recorded it. Originally, it was just going to be acoustic [guitar] and vocal, to keep it simple. But when I got in there, we started recording Lullaby first … and I had always envisioned cello. Something fat, with strings, something really moody." Postel says the rest of the songs were then re-evaluated and other instrumentation added.

Postel is humbled by her musical cohorts on the EP, particularly Aussie Dale Willis.

"He is just amazing. When I first saw him play at the Osborne Freehouse, I was completely awe-inspired [and] intimidated. They introduced me to him and asked if I would come up on stage."

Reluctant, but willing, Postel and Willis' jam that night led to a friendship that would last - whenever Willis is in town, he makes a special effort to play shows with Postel.

In fact, Willis is making a trip back to Winnipeg to play with Postel at her release, along with Huver on drums and Dave Landreth on upright bass. Postel also plans on recording her next album in Australia, with Willis taking on production duty.

The Spare Change CD release party is Nov.10 at the Gas Station Theatre.

Accepting Silence Making Noise In The West

By Shawn Houde Srhoude@shaw.ca

Winnipeg's own Accepting Silence is making a loud impact on the local punk-rock scene, and it just might be due to their more than 18,000 friends on MySpace.com.

Recently The Projector spoke with the River City band after their Oct. 20 performance at the Western Canadian Music Awards.

In 2004, with a new combination of members hailing from St. Vital and St. James, Accepting Silence's lineup was finally solidified. The additions to band came from the further combination of Jesse Meyer on bass, and Kyle Meyer on lead vocals.

And while Jesse and Kyle are committed to the band, Jesse would be the first to admit that his joining the band was due to his brother's generosity.

"Accepting Silence was already a band for a couple years before we joined," Jesse said, "But two and half years ago they needed a singer, so Kyle said he would come along and sing as long as they brought me with them."

After the band solved the lineup crisis, they started working on Soma, the band's 2006 EP release. Kyle, a proud Dakota High School grad, said when it comes to song writing, the responsibilities are spread around.

"We all kind of do it," said Kyle. "There's usually one single idea, say a chorus, and then we all get involved and change it around. So we pretty much all do the writing."

After the EP had been released Accepting Silence hit the road to make some noise outside of the Peg, and one memorable stop came during a heinous show in Brandon.

"We played a church …and I guess there was a rowdy youth group there, and after we were done the show we noticed a couple of pews at the front were broken," Kyle said. "We felt terrible."

Rowdy perhaps, but the band obviously owes a lot of their recent success to their growing Internet fan base. A lot of that support comes from the growing community on MySpace.

"Everyone in the scene is amazing," Jesse added. "We have great fans that support us."

After building up a solid fan base, the Winnipeg punk-rock band were asked to join the WCMA tour along side Sick City, Our Mercury, Ghosts of Modern Man, and The Alibi.

"Sick City asked us to play the show…and we've been friends with those guys for a long time," Jesse said. "We were more than happy to oblige."

The dust has now settled on the WCMA show and Accepting Silence is looking towards the future.

"We might be recording a new album in the near future, possibly 2007," Jesse said. "And in November were going to Saskatchewan for a few dates, kind of a mini-tour," added Kyle.

With new material on the way, Winnipeg fans should be sure to check out the next Accepting Silence Winnipeg show at the Red Road Lodge on Nov. 9.

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The Stills On The Move

By Shawn Houdesrhoude@shaw.ca

In the beginning The Stills released a post-punk, new-wave '80s revival record that highlighted a dark lyrical style. But it took time – one year of writing to be precise – for The Stills to be reinvented and create 2006's Without Feathers, a throwback to '70s pure rock.

Recently The Projector spoke with Olivier Crowe, bass player for The Stills, about the record, the new lineup, Metric's Emily Haines, and one late night with Conan O'Brien.

On Oct. 24, in a University of Manitoba parking lot, The Stills rest in their tour bus before sound check. Stretched out on a couch, Crowe relaxes in front of a TV and a stack of Arrested Development DVDs. For Crowe and the rest of The Stills, this stop in Winnipeg is unique.

Molson Canadian hired The Stills and The Trews to go across Canada exclusively playing universities with the tab being picked up by Molson. For each show, fans can win tickets and see a free show (the only thing not covered being the overpriced Molson beer).

For The Stills, hooking up with Molson was logical.

"We were on tour with Kings of Leon and wondering what we would do after that," Crowe said. "We got a bunch of other [offers]…and this one made the most sense routing wise because it got us back home."

In 2003, Montreal's The Stills released Logic Will Break Your Heart, which became part of the '80s revival alongside bands such as Interpol and The Killers. But in 2006, the band traveled further back and ended up with Without Feathers, a throwback to the '70s, somewhat similar to the sound of fellow Quebecer, Sam Roberts.

"The whole market got so oversaturated with '80s fucking crap and dance shit," Crowe said. "So we got together and we made whatever we felt like making."

Crowe admitted The Stills were taking a huge gamble with the new sound.

"We knew it was going to be really tough. We changed the lineup and we changed the sound, and people don't like change. People like to hear the same old shit."

With four changes in the lineup, the biggest being Dave Hamelin, ex-drummer who switched to guitar and lead vocals, The Stills were a new band.

> "The whole market got so oversaturated with '80s fucking crap and dance shit, so we got together and we made whatever we felt like making."

"Some people got really mad and took it personal," Crowe added, "Like somehow you've slapped them in the face."

Insults aside, The Stills made the record they wanted - a record that included Metric's Emily Haines on the track "Baby Blues".

"We toured with Metric…and [Haines] recorded her lyrics on the back of the bus on a 4-track. We shoved it on the album, and she ended up being on the song."

In December 2003, The Stills had the chance to play on Late Night with Conan O'Brien. For Crowe this was one of the band's biggest highlights.

"We met Conan and he was super cool," Crowe said, laughing about the time he spoke with O'Brien's guest Ian McKellen.

"His main commentary was actually about Conan. He said to us, 'Conan is such a terrific comedy writer, but his delivery is awful. Thank God college kids are awake at this time, or he'd have no show.'"

One show the band regrets playing is the Late Late Show with Craig Kilborn.

"He's a loser," Crowe added. "You know his roles that he plays, the asshole roles, he's not acting."

Kilborn may have been a bad experience for The Stills, but it hasn't lessened their desire to play the talk-show circuit again.

"I think if the stars were aligned better, we would have been able to do Conan, Letterman, and Leno," Crowe said, "But fuck Leno and Letterman, Conan is for our generation more than those other cats."

The stars, however, have lined up for The Stills to start working on a new record.

"December and January we're going to start writing the new record…and I'm hoping it will come out in 2007," Crowe said.

What will the new record sound like after the band has already dived into sounds of the '80s and '70s?

"I think the new record will sound like a mix of the two. It will be a really cool mix."

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He's Punk, And His Pen Proves It

By Erin Chatelain Echatelain@hotmail.com

As he answered the phone, his deep raspy voice brought me back to the photograph on the back of one of his books - tattooed skull, chain around neck, and a look that says "don't mess with me."

Chris Walter has been punk for a long time and can prove it. It wasn't until his late thirties, that Chris realized he was battling a life of punk rock dysfunctions. He was going to have to change something or he was going to die.

Walters' days were numbered and he realised that his addiction held him captive. He continued to take drugs, and after some unwelcome setbacks, self-published his first novel, Beer.

The sense of accomplishment drew Walter to continue.

"There was this joy of putting words together," he says.

Without a typewriter or computer, Walter says sometimes he had to be creative. "I would write in pencil on a piece of cardboard or whatever I had."

Halfway through writing his second book, his demons pulled him astray, and he spiralled deeper into addiction. His passion to write was held prisoner and Walter wondered if it would ever be released.

But he cleaned up, and without distractions was able to rekindle an even deeper perception of his talent and creativity.

With the help of a printing shop, Walter began producing books relating to drug life, punk rock realities and all those subjects that won't get you published.

Walter didn't let lack of corporate support stop him. He started Gofuckyerself Press and went on to publish 10 of his own books and those of two other underground authors as well.

From the jail cells of Winnipeg to Vancouver's drug-stricken streets, Walters' novels tell the truthful story of a punk rock lifestyle.

His latest, Welfare Wednesdays, combines threads

of living on the streets of Vancouver's Eastside and being in love. It was easy for him to create descriptions and scenarios of dysfunctional love because according to him, "all relationships are dysfunctional."

As Walter wakes up and gets ready to walk his son to school, he says he relishes the beautiful life he's attained. "Life is good," he says – he adores his family, writing, and music.

Walter works full-time on his novels, currently blasting one out every six months.

He leaves off with a piece of advice that one knows he follows himself, "Don't write just to get published, write from your heart," he says.

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Professor Given Room On Campus To Smoke Pot

YORK PROF STILL BATTLING STIGMA ASSOCIATED WITH MEDICINAL MARIJUANA

By Frances Olimpo Excalibur (York University)

TORONTO (CUP) -- **A York professor** will get his own room to smoke pot for his medical condition.

In the second known case in Canada, York University has provided accommodation for a professor to smoke marijuana for medicinal purposes on campus.

Brian MacLean, hired in July as an assistant professor in sociology, suffers from a severe form of degenerative arthritis that requires him to use the controversial substance once every four hours. As of Nov. 6, he will no longer be forced to find private areas to medicate himself out of fear he would be stigmatized by students or colleagues.

"Part of the problem was the delay of two months. I would be smoking, medicating on campus and people would either see me or they would smell it on me," said MacLean, who admits that he still feels uncomfortable being negatively associated with a drug that he uses for health reasons.

"It's not corrective medication. It's enabling, and I don't think people quite understand that. I think there's a lot of really negative and damaging stereotypes around the use of drugs, generally."

Doug Hutchinson, a University of Toronto philosophy professor, was the first employee to request and be granted accommodation to smoke marijuana as a medical treatment. He now has access to "a drab basement space with a single window and ventilation fan." Hutchinson was also the first to gain media attention in his quest for an accommodation: there were reports of clashes with the head of Trinity College, Margaret MacMillan, who claimed that it was the novelty of the case that slowed down the university's process to confirm medical need as well as finding a space. There was also an upsetting editorial published by the University of Western Ontario's Gazette newspaper, which argued for his right to smoke but also called Hutchinson a "pothead."

"It looks on the outside to be successful," said Hutchinson, when Excalibur contacted him for a phone interview. "However, you will find that it's not. MacLean said that, because of Hutchinson, his experience with York was not an uphill battle and was seen from the beginning as addressing a medical need. Louise Ripley, a representative from his union, the York University Faculty Association, confirmed that discussions with the university have led to a room being set aside for MacLean.

"It took a little time in being able to find a room because York is now totally a smoke-free environment. So, part of the problem was being able to find a room where he can smoke anything that wouldn't disturb other people." When MacLean was authorized by Health Canada to possess and produce marijuana, he said that he approached the head of his department to request accommodation. He had also requested, in the meantime, to refrain from going to campus and offered to hold classes off-campus for students.

After CBC News made an Oct. 19 report that exposed MacLean's illness and treatment, he felt that there was no longer any reason for him to hide, and came to campus only to smoke pot in the "peripheries" of university grounds.

Two weeks later, after discussions between the union, his employer, labour relations and facilities managements, MacLean was notified that a room was available for him.

MacLean, however, said that even when he is given accommodation, there are still myths that need to be dispelled when it comes to marijuana, or what he wants to distinguish as "marihuana," as it is called under Health Canada regulations and academic studies.

"It's a stigmatizing circumstance. And I would hope that my colleagues recognize it for what it is -- a medical condition, however unusual," he said.

"I don't want people assuming that because I have a medical condition that I can't perform my duties properly. It's completely wrong; it's completely unfair; it's completely contrary to the Human Rights Code of Ontario and the Charter of Rights and Freedoms." MacLean, who has a PhD in sociology, has been teaching for almost 25 years. He currently lists "recent developments in the decriminalization of cannabis for medical use" as one of his many areas of substantive research interests.

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Photo by James Turner

U of M President Wants In On Elite Research Group

By Veronica Carr The Manitoban (University of Manitoba)

WINNIPEG (CUP) -- **The University of Manitoba** belongs among Canada's elite research-intensive universities, says Emöke Szathmáry, the school's president. Szathmáry sent a letter to the presidents, principals and rectors of the universities included in the so-called Group of Thirteen, arguing why she believes the newly expanded group should include the U of M.

A little more than 10 years ago, Rob Prichard, former president of the University of Toronto, formed what was originally called the Group of Ten (G10). The group participates in data exchange and its members have some of the highest financial endowments in Canada. "Public and private perception of the G10/G13 gives its members research prowess and research authority that is assumed to be superior to that found at other Canadian universities," Szathmáry says in a news update on her website. In June 2006, three universities -- the University of Calgary, Dalhousie University and the University of Ottawa -- were added to the group to form the G13. Szathmáry is concerned that now "G13 extends from sea to sea, but the University of Manitoba continues to remain outside the group."

Joanne Keselman, U of M vice-president of research, said, "This is a topic the president [Szathmáry] has always had an interest in and for a long time has felt that this was an issue that needed to be addressed. Now that there is that addition of three new members, it is something that cannot be ignored."

In the letter written to G13 members, four reasons were presented for further expansion of the group. The first was the "development of a national science, technology and innovation strategy through all regions that have research intensive universities." Manitoba and Saskatchewan are the only provinces with research-intensive universities that are not represented in the G13. "If we are to create a national science and technology strategy," said Keselman, "every province should be represented at the table."

Another reason presented in the letter was that "merits used for inclusion show that the U of M ranks above some recent additions." Szathmáry also argued for "the U of M's indispensability to Manitoba and how that is important to G13," because the U of M is the only medical-doctoral university in Manitoba. The final reason was simply "the principle of fairness." Szathmáry wrote on her website that "no research-intensive university in Canada merits exclusion from the table when issues are discussed that are relevant to its future, to the province it serves and to the nation." Numerous attempts were made to contact the principles, rectors and presidents of the universities in the G13; many wouldn't respond.

Karen Hitchcock, principal of Queen's University, stated, "I have to gently decline to the request of responding to any questions regarding the topic due to it currently being under discussion."

Worshipping "The Flame Of God"

By Helen Cholakishelencholakis@hotmail.com

Excited shouts of children, the spicy aroma of Indian food, drums, bells and chanting filled the air at the Hindu Temple and the Dr. Raj Pandey Hindu Centre on October 21. About 200 people celebrated Diwali at the newest of Winnipeg's three Hindu Temples. Diwali is a religious festival that celebrates the triumph of light over darkness and good over evil. It also marks the beginning of the new lunar year in India.

Resident Priest Pundit Venkat Machiraju said, "Hindus believe that on this day what happened was at different times in history the demons were killed and then they celebrate by lighting lots of lamps."

He explained Diwali is a festival throughout India, not just celebrated by Hindus but also by Sikhs and Jains.

"Overall it is the same flavour, that you light lots of lamps and this is just to celebrate that the dark forces are gone. One very important thing is that it always comes on a dark new moon day, it indicates the darkness being dispelled by many lights."

"Darkness is demons, your evil qualities, your bad habits... Ghosts and spirits might be existing outside, they might be existing within you which are your own bad qualities…so to break that darkness you light lots of lamps," says Pundit Machiraju.

The Republic of India is divided into 29 states, which have different regional practices. These communities are represented and their traditions maintained in Winnipeg. The Gujaratis, from Gujarat, hosted the day's festivities on Saturday in accordance with their customs.

According to the most recent Census figures available, there were 3,835 Hindus in Manitoba in 2001. According to the CIA Factbook, 80.5% of India's population of about 1.1 billion is Hindu.

Ceremonies began at 4:30 p.m. and concluded with a fireworks show at 9:30 p.m. The first of the day's events was a puja or religious ritual to worship Lakshmi, the goddess of spiritual and physical prosperity and beauty. The service included devotional songs, chanting and offerings. Volunteer Tara Sampat explained the savory vegetarian dishes and trays of sweets set on the steps in front of the brightly colored and decorated statues of Hindu gods and goddesses. She calls the dishes preeti bhooj; food made with love. "These are foods the Hindu people eat every day throughout the year. Today they offer them to the Goddess Lakshmi. Everybody brings something."

Afterwards, a traditional vegetarian Gujarati meal was served in a festively decorated room where people milled about, visiting, celebrating and wishing each other "Happy Diwali!"

At 7:30 p.m., the Diwali service began with a discourse by Dr. Rao Atmuri. He said that festivals are an important way for people to preserve their culture. He also extolled the virtues of open-mindedness, saying,

"If other religions have good practices, just do it! Nothing wrong with that. Embrace the brotherhood like a Muslim. Be humble like a Buddhist. Be tolerant like a Hindu."

The service continued with music, chanting and prayer. At the conclusion of the service at 9:30 p.m. there were fireworks, a common element in modern Diwali celebrations worldwide, meant to entertain the children and scare evil spirits away.

Many Hindus believe in one Supreme Being, Vishnu, but also in gods and goddesses. Their concept of the Divinity includes physical forms. Some believe in him or her as a historical figure.

According to Pundit Machiraju, "Every person has the same lamp within them …so the spiritual significance is to raise beyond all limitations, the human limitations of colour, caste, creed, religion and nationality and have universal love. When I see you, I worship the flame of God in you. When you see anybody, you need to worship the same flame. "

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Aramark Offerings Disappoint PSC Vegetarians

By Aaron Zeghers

It ain't easy eating green, or so some students at RRC's Princess Street Campus are saying. Going to a school where the student association gives away prize turkeys, and free hotdogs, it can be a little hard to be the only one with a beef against meat.

"There's not much selection for vegetarians," says Amanda Ragoonanan, a business administration student concerned about the lack of vegetarian options at the campus cafeteria.

The Princess Street Campus cafeteria is run by Aramark, an international food service company that operates across the globe in countries such as Japan, Hungary, and Chile. In Canada, Aramark serves over 400,000 students in a multitude of secondary and post-secondary schools.

"There is a hot vegetarian meal everyday," said an Aramark supervisor.

"You can also have a sandwich or a wrap."

But when a survey was done, three out of five days the hot vegetarian meal was either not available, sold out or still being prepared. On the two days that the meal was available, it came with Caesar salad, which traditionally contains anchovy spread.

On no day were pre-made vegetarian sandwiches available, but four of five had pre-made wraps, either egg salad or vegetarian. Pizza, salaad, and fries are the other daily vegetarian options, but the price, quality, and nutrition of these meals don't sit well with Ragoonanan.

"I can't afford to pay almost ten dollars for a salad, It's just too expensive," she said.

Students at the Notre Dame campus on the other hand, have the option of eating food prepared by RRC's top-notch culinary arts program.

"They don't have much selection," said vegetarian student Holly Steele of the Notre Dame lunch hour dining, "but the stuff they have is really great."

It isn't just vegetarians complaining. Many students, including Brent Neill, would prefer the vegetarian hot meal, if it was available.

"I'd rather have the vegetarian option than whatever hunk of meat they're serving on a bun," said Neill.

Whatever the option is, students like Holly Steele say they just aren't happy with "a yogurt and a soggy salad with rock hard tomatoes."

Personality key to cheerleading

By Alyson Pilea_pile@hotmail.com

It's not something usually associated with cheerleaders, but girls trying out for the Winnipeg Blue Bombers' Blue Lightning Dance Team are put through an extensive boot camp which includes mental challenges as well physically demanding workouts.

After making it through the open auditions, which are usually held in January, 40 girls move onto the finals and boot camp. "I have a boot camp instructor who comes in and runs the girls hard," says Dena*, coach of the dance team for the third year.

"Part of boot camp is mental challenges," says Dena, "I make four tiers, ten on each, and mix it up to see reactions, see who bears down, who gloats, who helps, it's about team work."

Boot camp is a chance for the coach and judges to see what the girls are made of. It's an intense process, but covers all areas of a person including dance experience and how the girls handle stress.

"I was in tier three," says Lindsay, 19, a first year member of the team. "I realized that I needed to bear down and work hard to get into tier one."

"It can be pretty intense. You don't necessarily need to have training though," says Jackie, 27, captain and ten-year veteran of the team. Girls come with a variety of backgrounds. Jackie has fifteen years of dance experience including jazz, ballet and hip hop.

Thirty girls are chosen for the team, twenty-four get to dress for games. Practices are held Monday and Wednesday nights for three hours and are often as intense as the boot camp. They include a cardio and strength training workout, technique classes and field and sideline dance rehearsals.

The focus on personality continues from boot camp to practices. On Wednesday nights the dance team also has a work shop.

"Workshops are generally about how to make life things better, how to make the team stronger," says Lindsay.

Workshops include topics such as public speaking, self-confidence, character and interviewing skills. These skills are important because the Blue Lightning dancers are out in the community a lot. Each girl is required to do 40 to 50 promotional hours each season, but many exceed the required hours, such as Lindsay, who has already completed 80.

"A lot of our promotions this year has to do with the Grey Cup," says Lindsay, "We went to different small towns, participated in their parades like the Morden Corn and Apple Festival."

** Members of Blue Lightning Dance Team are not allowed to give out surnames to the media*

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RRC Sports

Rebels Stoke Rivalry With Wesmen

By Rhys Kelsorhys.kelso@gmail.com Photo by James Turner

A new rivalry born from history was on display in the North Gym at Red River College's Notre Dame campus on Oct.26.

The Red River Rebels and the University of Winnipeg Junior Wesmen faced each other for the first time in a pre-season game last Thursday. Both of the programs are in their inaugural season with the Central Plains Athletic Conference (CPAC).

But if their first game was any indication of what is to come from this rivalry then you can expect some tough match-ups from these two teams when the regular season gets under way.

The teams may not be familiar with each other, but there's history between the head coaches. Luc Buller, of the Junior Wesmen and Ogo Okwumabua, of the Rebels played against each other in University. Okwumabua played for the University of Manitoba and Buller for the University of Winnipeg.

"It's a good in-town rivalry," said Buller. "Okwumabua and I played against each other in university. So we have always had that rivalry, and it makes for a pretty exciting game."

But, the game got off to a slow start as the players, referees, and scorekeepers were shaking off pre-season rust. As the end of the first half approached things started to pick up pace. The Rebels led at half-time, 39-22.

The second half started at the same pace – two minutes into the half the score was 45-33 for the Rebels. With 10:36 remaining in the game the Rebels received a technical foul for talking back to the referees - giving the Junior Wesmen an opportunity to get back into the competition. Then again, with 4:42 remaining in the game the Rebels received another technical foul. For all the Rebels mistakes, however, the Wesmen weren't able to pull up their socks to defeat the RRC team. The Rebels won the game 79-71.

With a total of 44 fouls, combined for both teams it wasn't the prettiest game to watch, a fact undisputed by Okwumabua.

"I didn't think we played that well," said Okwumabua. "It was a pretty ugly game. We went to Ontario for a few games and I thought our team took some steps forward, but tonight it almost felt like a step back."

Buller was not happy with his team's performance either.

"We shot ourselves in the foot with our turnovers. We had close to 30 turnovers this game. It's tough to win any game when you have that many turnovers."

Okwumabua said he faced some tough challenges in putting together a team from scratch.

"We had 50 guys show up for the try-outs," said Okwumabua. "We started off with a good team and from there guys started to drop out and right now we are left with nine players."

Despite the challenges he is facing, he still has hopes for the team. After the Rebels' lackluster win over the Junior Wesmen Okwumabua said there's one positive he could take away from the game.

"We can only go up from here. We were so bad tonight. This is the worst I have seen my team play so far. I think in a week or two our problems will be resolved and we will be ready to play with the big boys."

Women Taking Over The Great Race

By Nisha Tuli Sendnishamail@gmail.com

Marathon running was once the exclusive domain of men. Barred from Olympic competition, it was believed that women were not physically capable of running the required 42.2 km. As far back as 1896 when the modern Olympics were first started, women often warmed up in hidden places and secretly joined races as renegade runners. It wasn't until the 1984 Olympics that women were finally allowed to run the marathon.

Today things are very different. At last year's Manitoba Marathon, almost half of all marathon and half marathon participants were women. And the fact that women have slowly started dominating the world of marathon running is evidenced in no better place than the Nike Women's Marathon.

The Nike Women's Marathon was held in San Francisco and raised $16 million dollars for the Leukemia and Lymphoma Society. Although men were allowed to participate and made up about 6% of the 15,000 participants, it was clear that this race was all about women.

The distinctly girly affair had a race expo that offered free massages, manicures, and foot rubs. Beautifully designed t-shirts and hoodies proudly displaying the words "Run like a Girl" were for sale, and there was chocolate everywhere you turned.

While the cynic in me acknowledges the fact that the whole affair was a brilliant marketing move by Nike – the girl in me is happy that someone is finally realizing women play sports too. It's better than being largely ignored, as the rest of the athletic apparel industry has been apt to do. It definitely was hard not to be swept up in the "girl power" message being perpetuated into every aspect of the race.

The race course in San Francisco was one of the best I have ever run. The Golden Gate Bridge sat shrouded in early morning mist, leafy green forests dripped cooling dew on our heads, and the crashing surf was enough to inspire a little extra speed in even the most tired runner.

While the incredible views were an important part of the race course, the feeling of "girl power" was in full force during the run where signs with phrases like "You're Beautiful", "You are Strong" and "Run for Joy" were held by spectators cheering on runners.

The final crowning glory of the event was at the finish line where the culmination of female running glory took place. We were each handed a sterling silver Tiffany necklace and a finishers t-shirt. Women of all ages, shapes and sizes walked proudly despite their aching feet, cramping muscles, and tired bodies because this time the t-shirt read: "Ran Like a Girl."

FLU SHOTS

November 16th - 9:00 am-1:00 pm
November 23rd - 8:00 am- 4:00 pm
Notre Dame Campus (South Gym)

November 22nd from 11:00 am-1:00 pm
Princess Street Campus (P105)

Skylark Medical Clinic will be offering vaccinations at the above dates and locations. (You must bring your Manitoba Health Card/Number—International students: please bring your Manitoba International Student Health Insurance Plan card):

**** Skylark Medical Clinic will charge $10.00 cash for those who may not qualify for a free flu shot. ***

It's flu season again and RRC's Health Services has arranged for Skylark Medical Clinic to offer RRC students 'flu shots' at NDC and at PSC. **The 'flu'** (influenza) is a highly contagious virus that infects the respiratory tract and is spread by droplets from coughing, sneezing and touching surfaces/items contaminated with the virus and then touching your nose or mouth. **Symptoms** may come on suddenly and include headache, fever, chills, tiredness, dry cough, sore throat, nasal congestion and body aches typically lasting 10-15 days.

Note: - you cannot get the 'flu' from having the flu shot (the viral strains are not live). Healthy eating, physical activity and adequate sleep are essential to your health but won't protect you completely from the influenza virus.

*** You qualify for a free flu shot if you:**

.have a chronic condition such as chronic heart or lung disease, inflammatory bowel disease, diabetes, kidney disease, celiac disease, rheumatoid arthritis, lupus, alcoholism or multiple sclerosis
.have cancer, anemia, or weakened immune system due to disease or medication
.have a condition that reduces your ability to breath or increases your risk for choking (including spinal cord injury and seizure disorder), mental disability, nervous system or muscular disorder
.are a household member or a contact of those considered high risk (i.e. anyone listed above, small children up to 23 months of age, anyone 65 years of age and older and residents of personal care homes or other chronic care facilities)
.are pregnant in the 3rd trimester
.are a health care worker or other staff in a setting where care is provided for those at high risk
.are personnel or a volunteer in drop-in centres, shelters or soup kitchens
.are a 1st responder (police officer, firefighter or ambulance worker)

Ballet:
Fun and Fitness Dressed

By Nisha Tuli

While the stage will always be reserved for the professionals, there is also a place for anyone who ever had childhood dreams of being a ballerina.

"We have so many people here who have never danced before, and our program provides a safe, encouraging, and supportive atmosphere in which to learn," says Kelly Bale, head of RWB's recreational division. "We also offer many different kinds of dance, so people can try different things out and see what they like."

The RWB billed as Canada's premier ballet company and the longest continuously operating ballet company in North America, offers classes in ballet, jazz, modern, and Spanish dancing.

Adults with no previous dance experience can suit up every Tuesday night for Rachelle Vermette's level one ballet class – a class fulfilling more than just the participant's childhood dreams.

"Ballet increases flexibility, shape, and toning. You get similar results as you would doing Pilates or yoga, for example," says Vermette, who teaches both the level one and level two classes. "Ballet is great for self-esteem. I've had women come to me at the end of the year and tell me that they've lost 'x' number of pounds, and it's all because of ballet. That's a wonderful feeling."

Bale adds that there's even more than just physical benefits.

"There's the social adventure as well – we are a neat little community," says Bale. "There is also the artistic aspect to the program," she adds, "Adults have the chance to explore their creativity in a safe and secure environment."

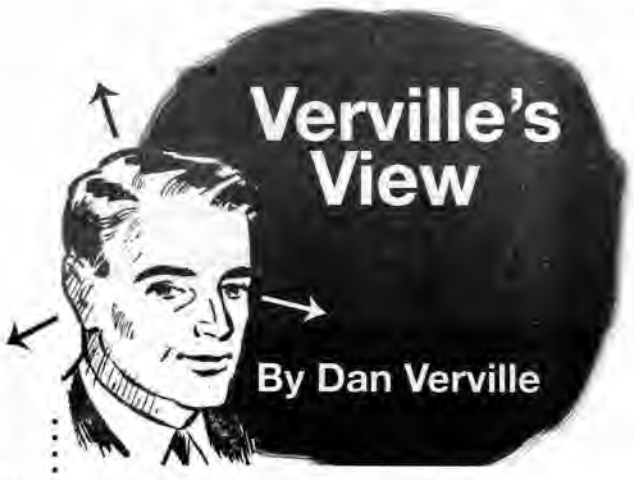
The program also has a place for those with a little more experience.

"We have level four/five for the more seasoned dancer, which is taught by someone from the professional division," says Bale, "So it's a great opportunity for them to learn from a professional teacher."

The fall session of the Adult Dance program runs from September to April. After teaching technique and the basics of dance, the semester also includes a dance recital in March. Vermette says students can invite friends and family to watch.

"The show is always a lot of fun and is great place for everyone to show off what they've learned."

For more information about the RWB Adult Dance Program, visit www.rwbschool.com.



I caught myself doing something wrong the other night.

Maybe it was the HD or the surround sound that lured me in, but I was doing it nonetheless. I was watching baseball. As a sports fan who usually makes an effort to avoid watching baseball (until at least the bottom of the eighth inning), it was odd to find myself enthralled in each pitch at the top of the second and clinging to each and every of Joe Buck's words. It was the World Series though.

If there's ever a time to watch baseball it's in October. The boys of summer have finally trudged their way through a seemingly never-ending 162-game season and finally get down to business to declare a champion. Or something of the sort. The St. Louis Cardinals, this year's World Series winners had the least wins of any team involved in the MLB playoffs this year, with 83. But as we know wins and losses don't matter during the World Series.

What about the losers? The Detroit Tigers were supposed to win the World Series anyway. After getting by the New York Yankees, they then proceeded to sweep the Oakland Athletics to find themselves in the World Series for the first time since 1987. The Tigers, once the laughing stock of the league were now set to immerse themselves and the city of Detroit in baseball glory. But it just wasn't meant to be.

If there's one thing that gets remembered about the 2006 World Series, it isn't Scott Spezio's fiery red soul patch or the fact that David Eckstein was named MVP, it is the Kenny Rogers' incident. Was it pine tar? More than likely. But it really didn't matter in the grand scheme of things. In the end it was the Tigers' errors that forced them to self-destruct. And as Adam Wainwright struck out the final Tigers' batter it was over.

I hadn't followed a series as closely since the infamous Yankees-Red Sox series in '04. And watching the Cardinals celebrate, I was reminded that despite my own ignorance, baseball was a sport too.

Someone reminded me the other day that baseball is 80 per cent stats. But this World Series showed me that it's more than just stats. It's the crack of ball as it's smashed down the foul line. It is the resounding thud as the outfielder makes a diving catch. It's the look on the fan's face sitting in the first row when the catcher, trying to make a catch, ends up in his lap.

Or then again, maybe it was just the HD.

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FROM RRC's CULINARY ARTS STUDENTS

Roasted Butternut Squash Soup With Maple Whipped Cream.

Ingredients:

Butternut squash 3 lbs
Vegetable oil 60 ml
Mirepoix 300 g
- Carrot
- Celery
- Onion

Butter 250 g
Stock 3.5L
Sherry wine 200 ml
Salt and pepper to taste
Heavy cream 500 ml
Maple syrup to taste

Bouquet garni:

- Bay leaf
- Parsley
- Thyme

DIRECTIONS:

Coarse chop the squash and mirepoix. Toss in oil and season with salt and pepper. Roast squash and mirepoix in oven until tender. Put roasted vegetables in soup pot or steam kettle with butter. Cover with stock, add wine and bouquet garni and simmer 30 minutes. Remove bouquet garni and puree soup in blender, strain.Season the soup to taste with salt and pepper. Whip cream and sweeten to taste with maple syrup.

To serve: place a neat spoon of cream floating in the centre of the soup. Makes 12-13 portions of soup.

Hard to Take

with Meghan & Brant

Dear Meghan & Brant,

My girlfriend is WAY too clingy. She calls me twice a day and wants to do something every night. I don't want to break up with her, but I do want a life of my own. What can I say to her to let her know that I have other priorities as well?

Suffocating in Steinbach

Brant:

Well, you don't live with her, so that's simple. You're busy with schoolwork and can't do anything. But if she wants, she can make you a cake.

Seriously though, schoolwork is the key. She'll find it attractive how hard you're working. If she doesn't appreciate the work you're putting in, find someone else that isn't so self-centered.

To make her think you're not self-centered, just send little emails or texts throughout the day to let her know you're busy but thinking of her.

Brant:

Here's what you say: "Dear Baby, Welcome to Dumpsville. Population: You" HA, HA, HA! Okay, now that I've gotten my own humour out of the way, tell her this: "I know that you want to see me, and you are important to me, but I have friends, work, school, and a family to fit in. I'd find it hard if we were to do something every night." Then set an amount of times you can realistically see her in a week, and stick to it, don't give in no matter how much she whines. I say still give her phone calls, but limit them to one a day, that way she has her piece of mind and you don't feel overwhelmed.

Dear Meghan & Brant,

I am in love with my teacher and I don't know what to do! It makes class so awkward for me, I'm thinking of dropping the class. Should I?

Meghan:

THAT'S SOME BAD NEWS, TEACHER'S PET! I say stick it out as long as you can in the class. Think of un-sexy thoughts when you are in the class to get your mind off it. Chances are, the feeling isn't reciprocated, and if it is, it's uber unprofessional. If you really, really love your teacher, you'd respect their feelings and job enough to not act on this. Common sense, kiddo. If you don't have common sense, drop the class.

Brant:

As a wise instructor once told me, "you're going to meet people like this in the real world." They weren't talking about themselves though. It was a general comment. Honestly.

Anyway, what I'm driving at is that you are going to run into the "forbidden fruit" at the workplace during your career. Use this as a learning experience to deal with these situations. You need to learn that you can look, but not touch.

It took Meghan a while to learn that, but we work just fine together now.

crossedwords

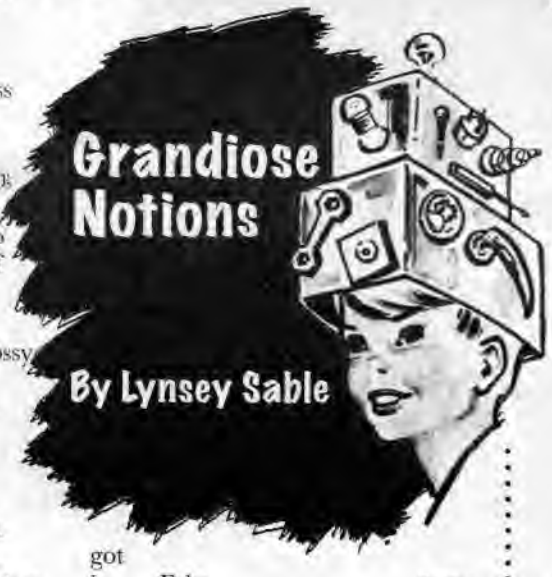
Across

1- Shut with force; 5- Implied; 10- Fertility goddess of Egypt; 14- Sharpen; 15- Hives; 16- Centrepiece of the human face; 17- Image of a deity; 18- Prickly plant; 19- Sect; 20- Republic in N South America; 22- Trims; 23- Long fish; 24- Den; 26- Cow or doe; 29- Third son of Adam; 31- Extent; 35- Serf; 37- Othello villain; 39- Geographical expanse; 40- Member of a largely Middle Eastern people; 41- To provide with a quality; 42- Small mountain lake; 43- Soprano Lily; 44- Matures; 45- Unearthly; 46- Make beloved; 48- Celestial body; 50- Put Down; 51- Vocalize melodically; 53- Greek god of war; 55- Sudden convulsion; 58- Weaken or reduce in force; 63- Species of antelope found in South Africa; 64- At full speed; 65- Went through, as the paper; 66- Potpourri; 67- Insect stage; 68- Type of song, to be sung solo; 69- Scheme; 70- Units of computer memory; 71- Actor Ian;

Down

1- Switchblade; 2- Veinlike deposit; 3- Soon; 4- Fight, disturbance; 5- Small tube; 6- Striking; 7- Overlay with wood; 8- Standard of perfection; 9- Rocky pinnacle; 10- Personified; 11- Tart; 12- Land in water; 13- Tennis matches are divided into these; 21- Gusto; 22- Filled pastry crust; 25- Tropical plant; 26- Silhouette; 27- Wading bird; 28- Gnu cousin; 30- Mythical hell; 32- Chalice; 33- Earth; 34- Accessible; 36- Persistent desire; 38- Gustatory; 41- Acquire through work; 45- Small songbird; 47- Direct a gun; 49- Places of contest; 52- Dry red wine; 54- Twilled fabric of silk; 55- Red sign; 56- Voting-pattern predictor; 57- Capital of Western Samoa; 59- Fruit-filled pie; 60- Dynamic beginning; 61- Follow; 62- Yellow cheese coated with red wax; 64- White linen vestment, usually worn by priests;

Green Grass, Melons and Envious Adaptation



My sister. My wee little sister.

Before the reduction, it was less like "wee" and more like "Double D".

She asked the doc (*best in the city*, they say, *puts your nipples back on just right*, they say, *so you can breast feed*) to take off half of what she had. Half of what was there.

She grabbed my boob while waiting for the elevator at some glossy downtown plastic surgery office, her new boobs still oozing into the recovery bra. She gasped.

I think they're smaller than yours now.

I was the tall one in the family. Took after my dark-skinned, hairy, English father. My sister is fair and has the kind of eyes that change colour with every outfit. She's also shorter, heavier and has, had, giant cajungas.

And I, the knobby kneed wonder-ape, have waited a long time for some speck of cleavage to make its appearance. Maturity and a pile of push-up bras have taught me I can create more cleavage by folding my earlobe in half. But hey, I've gotten by. I'll live.

My sister didn't feel she was getting by.

Clothes didn't fit her like other girls. She simply couldn't just "buy a shirt". Her bathing suits were always a problem, and, bras. Holy shit. For those of you ranking higher in the alphabet with me, well, they cost around 150 bucks a pop. So $5000 later, she's rid herself of carrying the responsibility, so to speak.

And this would be just another tale of love and support if it weren't for one rather unsettling observation. She has a tiny touch of the ol' grass-is-greener-everywhere-but-here syndrome. That insatiable thirst for what everyone else appears to have, everything she feels she's been denied. Envy. The burning fire of the ultimate consumer.

I've never questioned the choices of those going into surgery, even for cosmetic reasons before. Fake titties, you got it. Fake nog-gin', sure, a bad nose can be rough. In today's society, Ani DiFranco nailed it: "God help you if you're an ugly girl".

But my sister isn't ugly, she isn't fat, and she isn't starving for friends. She's surrounded and blessed, and if she was born with one giant set of assets, so be it. That's the way things are. For my sister, I fear, it was just another impulse buy. A sweater you can't afford. A vintage lamp you really don't need. The vision that your world will be better, you'll be closer to complete, as soon as you can just "have that".

For the doctor operating on her, she was just another patient. He even convinced her a touch of liposuction would make things more natural. A medical up-sell. The surgical equivalent to "Would you like fries with that?"

The greenest grass has always been sprayed with chemicals. Even the aphids know to stay away.

On the drive home from the hospital she plucked at the bandages and peeked at the bruised and swollen spheres on her new body.

She looked up at me.

God, Lynsey – I think they're too small.

SAVOUR THIS

Every Man For Our Dinner

By Joanna Fultz, News Editor

Being bombarded by calorie-deceiving mini chocolate bars and the sugar-laden alcohol slurries served at annual Halloween bashes, I needed some time to recover from such spooktacular delicacies.

While relaxing on divan and digesting my ler-shaped chocolates, I ted thinking of far more ghoulish and macabre traditions of the palate to turn the stomach and shrivel the taste buds.

Yes, I was thinking about cannibalism – the unthinkable incest of the taste buds. Eating oneself to live, as it were.

After all, when it really comes down to it, we're all just a pack of wild animals trained to act within some circle of normalcy, dictated by which ever societal grouping we roll with. The reality is we stink, we fight, we fuck, we grow hair in unattractive places, and when things come down to the proverbial wire, we would do anything to survive.

Every man for himself? Every man for our dinner? Anybody want a man-wich?

Although it dates back to the beginning of time, cannibalism is a practice that is rarely seen today. In western society, cannibalism is related more to Hannibal Lector, the gruesome crimes of modern-day serial killers, or surviving after plane crashes. The cannibalism we are aware of falls into four distasteful categories: criminal, sexual, aggressive, and survival.

However, throughout history cannibalism has been a part of many cultures - some thinking it brutal and blasphemous, while others considering it a divine right and delicacy.

The first recorded account of it is thought to have been when Christopher Columbus found that the Carib West Indies tribes ritualistically ate the flesh of other tribesmen.

In some ancient societies, the practice of cannibalism was not so far-fetched and frowned upon. Much of the purpose of it was to bring worshipers closer to the Gods through what they thought to be the ultimate sacrifice: giving themselves up in mind, spirit, and above all - body.

Cannibalism was wiped out almost entirely after it was discovered that tribes people in Papua, New Guinea, in the 1960s were dying from a disease caused by cannibalism. The disease they called Kuru had similar effects on the brain as seen in mad cow disease when cows are unknowingly fed other bovines.

But, put cannibalism on a separate plate from the taboos and gag factor for a second. Can you imagine if cannibalism did exist in our society today? What would the guidelines be?

I can see it now, the Health Canada-approved label on the cellophane packaging of a juicy post-secondary student would read: Caution, not for children: carcinogenic, Aramark fed, small/gristly brain matter, pairs nicely with ANY kind of alcohol.

TaLkInG hEaDs "sibling love"

Matt Urban Matt.urban.amy.ravenburg@gmail.com

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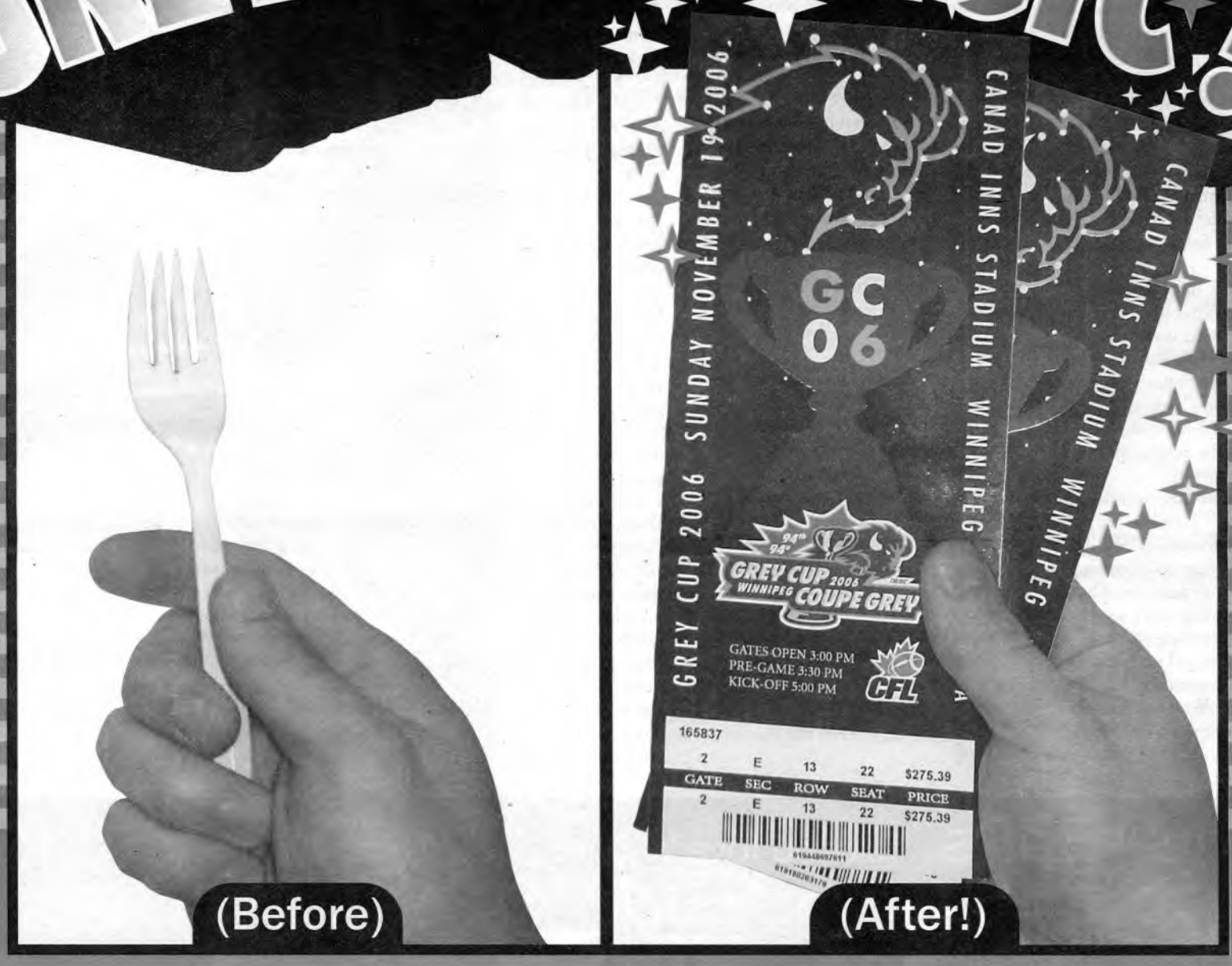

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