the projector

january 9 2006

jets return

whoa!

political style

COVER DESIGN | LYNSEY SABLE

visit us online @ www.rrcsa.com

King's Head Knight's Pub

Private Club

Members & Guests Welcome! • Can apply for membership at the door

NOW CELEBRATING 16 YEARS!

Fri., January 13 - GODSPEED
Sat., January 14 - THE ORIGINAL PAINKILLER
Fri., January 20 - CASTRATI with ALVERSTONE
Sat., January 21 - RUBBER SOUL
EVERY SUNDAY - ALL THE KING'S MEN

TUESDAYS AND WEDNESDAYS ARE: STUDENT NIGHT - FREE POOL
Show your student card for discount
7pm - midnight

Hours: Monday – Friday 11:30 am – 2 am, Saturday and Sunday 2pm – 2am 120 KING STREET Ph: 957-7710

staff

Editor-in-Chief
Jillian Brown
editor@theprojector.ca

News Editor
Mike Uhrich
news@theprojector.ca

Entertainment Editor
Jen Zoratti
entertainment@theprojector.ca

Layout/Photo Editor
Grant Burr
photos@theprojector.ca

Layout/Photo Editor
Justen Vogt
photos@theprojector.ca

Advertising and Sales Manager
Guy Lussier
glussier@rrc.mb.ca

interns

Editor-in-Chief
Rudy Zacharias - Kathryn McBurney

News Editor
James Turner - Joanna Fultz

Entertainment Editor
Cara Lytwyn - Amie Lesyk

Layout/Photo Editor
Carmen Barnett - Lynsey Sable

contributing writers & photographers

Kyle Bakx
Erin Carter
Ghislain Courcelles
Alexandra Dodger
Jennifer Jularbal
Alan MacKenzie
Mark Merkoske
Jesse Nerenberg
Sheila North Wilson
Jack Rach
Pamela Roz
Kelly Rybachuk
Nicole Shanowsky
David Smith
Carie Willson
Jen Zoratti

meeting

the next story meeting for *the projector* is:
12:00 p.m., Friday,
Jan. 20,
in W102 Newsroom.

contact

the projector:
Phone: 204.947.0013
Fax: 204.949.9150
The Projector
c/o Red River College Students' Association
P 110 - 160 Princess Street
Winnipeg, Manitoba, R3B 1K9

For advertising information, contact
Guy Lussier at:
204.632.2070
glussier@rrc.mb.ca

news briefs

DAVE WILLIAMSON RETIRES

The New Year usually brings changes, and '06 is quickly living up to the rule. Red River College announced in mid-December that Dave Williamson, dean of Business and Applied Arts since '88 will retire in January.

One of Williamson's most notable achievements as an educator was the founding of the Creative Communications program, which remains one of RRC's most well known programs. The program, which began with 25 students, has grown to accommodate 150 students across four majors. In '02, Williamson took a two-and-a-half-year leave of absence to lead the academic programming and planning of the new Princess Street Campus.

The projector wishes him all the best in the future.

PERSONAL SAFETY INFORMATION

When using Public Transit make sure you are alert to your surroundings.

Try to make use of well-lit, busy bus stops, and if possible don't be alone for any length of time.

Using the Tele-Bus phone service in advance will prepare you for the time your bus arrives.

Make sure you know where you are going and if transferring, how to get home.

If alone on the bus, choose a seat close to the driver. Report any problems to the driver – the bus is radio-equipped to call for help if necessary.

Trust your instincts, and be aware of your surroundings, especially when you get off the bus.

CRIME PREVENTION TIPS (AUTO THEFT)

Last year, Winnipeg had over 13,000 vehicles stolen. Several auto theft devices are now on the market, such as the Immobilizer, Armour Collar (metal shield that locks around steering column), Steering Wheel Lock (Club), and Alarm System.

To discourage theft of your vehicle, use an anti-theft device.

TRAVEL PHOTOGRAPHY SEMINAR

A seminar on introductory / intermediate travel photography will take place on Jan. 18 & 25, (7:00 - 9:00 p.m.) at Sport Manitoba (200 Main Street).

Part I will cover photographic equipment (digital cameras and technology) and security and care for equipment while traveling. Part II will cover creative aspects of photography (elements of good photos, shooting tips, and storing, cataloguing, and showing images).

Cost: $15 for both days, or $10 per session (free for Hosteling International members). To register, contact: Hostelling International - Manitoba (784-1131).

Presented by HI - Manitoba and Don's Photo.

letter to the editor

December 20, 2005

Editor-In-Chief
The Projector
via e-mail

Dear Editor:

On behalf of The War Amps, I would like to thank reporter Lizz Bottrell for her excellent article about The Boys of Kelvin High: Canadians in Bomber Command, the newest release in our Military Heritage Documentary Series. The Boys of Kelvin High is one of the many projects The War Amps has undertaken to mark the Year of the Veteran.

The response to the documentary has been overwhelming and seems to have struck a nerve with the younger generation. Due to demand from the public, a second showing was added recently in Winnipeg, with another full house. Ms. Bottrell added a poignant element to the article by interviewing the sister of one of the bomber pilots who was killed.

It is a touching testament to the reality of the situation these men were in, and I commend her for this approach.

Sincerely,

Cliff Chadderton, CC, O.Ont., OStJ, CLJ, CAE, DCL, LLD
Chief Executive Officer, The War Amps, Ottawa

Cherryl Melnyk
Communications Assistant (Electronic Media)

Got something to say? We want to here from you.
Email your letter to editor@theprojector.ca

coffee company grinds environmentalists

timmys fails to recycle

BY HELEN CHOLAKIS

Environmental advocates remind us to reduce, re-use and recycle, but unless you plan ahead, it's not easy being green when you're a customer of Tim Hortons.

For customers who want to reduce their unnecessary paper consumption, re-useable china mugs are not available. Travel mugs are sold as an alternative to paper cups, but Shaban Tariq, who works at Tim Hortons at the Red River College (RRC) Princess Street campus, estimates only five per cent of customers use them.

According to the City of Winnipeg Water and Waste Department, Tim Hortons coffee cups are not recyclable because of the wax coating on them. Tim Hortons head office acknowledges the only place in Canada where the cups are recyclable is Moncton, New Brunswick.

Public criticism, which has become increasingly vocal, has also focused on the chain's annual "roll up the rim to win" promotion. Critics charge the contest promotes unnecessary cup waste because employees give customers paper cups even if they drink their beverage out of china or travel mugs, in order to give the customer a chance to win. Another identified problem is that customers are frequently given double cups, as the company doesn't use sleeves for hot beverages.

Darryl Hawula, a frequent customer of Tim Hortons at the RRC Princess Street campus, left the kiosk recently with a double cup, although he didn't ask for one.

"...our hands are somewhat tied because of corprate Tim Hortons policy."
NATALIE SEABA

"They just gave it to me," says Hawula. "It's actually good in a sense because a lot of times the coffee is really hot, and it burns your hand...but there must be another way that's more environmentally friendly."

One employee estimates 520 cups of coffee are sold each day at the franchise on RRC's downtown campus. That means 494 non-recyclable cups are being used each day for coffee alone. If Tim Hortons is open five days a week for 50 weeks each year, that is, 250 days per year, it means 123,500 non-recyclable paper cups are being used and put into landfills each year as a result of coffee purchases at this location.

Tariq says customers get one free coffee with the purchase of a large travel mug ($3.99) or deluxe extra-large travel mug ($4.99), and they save five cents on each large or extra large coffee each time they use them. These savings, however, are not advertised at the kiosks.

Natalie Seaba, RRC's environmental affairs coordinator, says she is planning to put up signs to inform people about the savings as an incentive to use the travel mugs.

"We have identified that cup waste is an issue," says Seaba. "Staff have brought it up too, not just students, and we are working to resolve the issue, although our hands are somewhat tied because of corporate Tim Hortons policy."

Jacqueline Leung and Loretta Lau, both students of McGill University, are among those calling for change. In Nov. '05, they posted an on-line petition, at thepetitionsite.com/takeaction asking Tim Hortons to "put more effort in taking care of the environment by reducing their paper waste...by promoting the usage of travel mugs and ensuring every dine-in customer is given a china mug for hot drinks."

phd for peace

BY GHISLAIN COURCELLES

When John Lennon wrote his anthem *Imagine* in '71, he urged the world to operate as though there were "no countries, no religion, and no possessions." This, he reasoned, would leave us with "nothing to kill or die for," only people "living life in peace."

But what is peace? Can it be defined, let alone achieved? What are some of the concrete actions individuals can undertake to help the peace process along?

Starting in '06, the University of Manitoba will offer Canada's first doctoral program concerned with peace and conflict studies. The program is one of only three doctoral-level programs in North America and one of only eight in the world.

The program will be taught inside the new Arthur V. Mauro Centre for Peace and Justice at St. Paul's College.

The course is the culmination of a two-year planning process led by Dr. Sean Byrne, executive director of the Mauro Centre. Byrne is thrilled that all the approvals have been secured and authorization granted to begin.

"Students of this program will develop the attributes needed to analyze conflict and to design procedures that will bring peace and justice to conflict ridden areas," Byrne says.

Scholars may likely end up pursuing such careers as researchers and policy-makers on issues of international peacekeeping, inter-group conflict resolution, human rights, or economic and social development.

Canada's role as an international peacekeeper keeps expanding. At the core of the Mauro Centre program is the drive to understand the causes of the terrible conflicts seen around the world, as well as the need to educate people who can work for peace and justice in their homes, communities, and institutions - here and abroad.

WELLNESS PROGRAMS
(Notre Dame Campus Location)

Fitness Fix (Late Afternoon)
Mondays 4:15pm – 5:15pm, North Gym January 16 – April 10 (10 Classes)
Instructor: Eleanor Tsang.
This class combines a blend of muscular strength and endurance work with cardio activities.
Cost: STUDENTS: $40.00 STAFF: $45.00 Minimum of 10 participants.

Fitness Fix (Noon Hour)
Thursdays 12:00pm – 12:50pm, North Gym January 19 – April 6 (10 Classes)
Instructor: Eleanor Tsang.
This class combines a blend of muscular strength and endurance work with cardio activities.
Cost: STUDENTS: $40.00 STAFF: $45.00 Minimum of 10 participants.

Fusion
Wednesdays 12:00pm – 12:50pm, North Gym January 18 – April 5 (10 Classes)
Instructor: Mary Sweridenko.
This class combines **Yoga** and **Pilates** to help tone and strengthen core muscles while enhancing mind-body conditioning for relaxation and stress management.
Cost: STUDENTS: $40.00 STAFF: $45.00 Minimum of 10 participants.

Aikido
Thursdays 4:15pm – 5:15pm, North Gym January 19 – April 6 (10 Classes)
Instructor: Brant Erickson (Head Instructor Winnipeg Ki Aikido)
Aikido is a unique blend of physical and mental training that emphasizes harmony, self-control, while promoting health and well-being. Aikido aims to neutralize an attacker's energy instead of inflicting harm.
Cost: STUDENTS: $50.00 STAFF: $55.00 Minimum of 10 participants.

Registration Deadline: Thursday, January 12.
Registration payments may be made at the Student Service Centre, D101
Call 632-3030 for more information.

Red River College
STUDENTS' ASSOCIATION

Make it yours!

Feel Free to contact us at:

Rex Masesar
President
(204) 632-2474

Adam Rogocki
VP Academic
(204) 632-2477

Matt DiUbaldo
VP Princess
(204) 949-8466

Helena Herrera
VP Support Services
(204) 632-2480

Notre Dame Campus
CM20 - 2055 Notre Dame Avenue
Winnipeg, Manitoba
R2H 0J9
(204) 632-2375

Princess Street Campus
P110-160 Princess Street
Winnipeg, Manitoba
R3B 1K9
(204) 949-8466

Up & Coming Events

January

15– Mayhem in Mexico Trip Deadline

8 –Ski Trip Final Payment Due

30– Ski Trip Deposit due

To find more out about the SA events. Join the SA Events Email List. Email saevents@rrc.mb.ca with "add me to the list" in the subject line.

CHECK OUT THE STUDENTS' ASSOCIATION WEB SITE WWW.RRCSA.COM

Message from the Executive

Welcome back everyone and hope you had a great holiday season. The New Year holds many good things from the Association including the upcoming Meltdown Week from January 30th to February 3rd.

As we all kick start our brains back into "school" mode, remember that the SA is always here to help you out with life on campus. Feel free to drop by our offices located at CM20 at the Notre Dame Campus and P110 at the Princess Street Campus.

Rex Masesar, President
Adam Rogocki, VP – Academics
Helena Herrera, VP – Support Services
Matt DiUbaldo, VP – Princess St. Campus

Proud Members of CASA ACAE

THE OX STUDENTS' STORE

Pizza Days!!!
Notre Dame
Wednesdays
January 11, 18, ,25

Princess Street
Thursday
January 12, 26

STUDENT HEALTH & DENTALPLAN

OPT-OUT DEADLINE

30 Days from Start Date of Program

OPT IN - RETURNING STUDENTS:

30 Days from Start Date of Program

Student Benefits Plan Office ROOM FM 66 – Notre Dame Campus

Students' Assoc. Office Princess Campus – P-110

Or call (204)632-2503
sahealth@rrc.mb.ca

Meltdown Week!!!

January 30 - February 3
Glow Bowling, Floor Hockey and Poker Tour, Hypnotist, Comedians, and Much Much More!!

Food Bank Days
Short on Cash for Groceries? We Can Help!

RRC Students' Association provides a Food Bank service for students who need support. This service is open to all RRC Students. Just fill a form out no later than (Tuesday) prior to each foodbank day (Friday) and submit it to CM20 (SA Office across from the Ox Store), or at P110 at Princess Street. Student card and medical card numbers must be on request form to fill orders. Late applicants will be taken after 3:00PM only and while supplies last.

Upcoming Food Bank Days
January 20
February 3

Hours of operation: 2:00 pm to 4:00 pm
Food Bank donations gladly accepted. Contributions to the Food Bank can be placed in the big wooden bin opposite the Cave at the Notre Dame campus. Donations should include any non-perishable food items, canned goods, pasta, or cereals. We can also use plastic grocery bags.

RED RIVER MERCANTILE
est. 2003
Purveyors of General Merchandise & Supplies

Safe Walk

Be Smart!! Call Us!!

Princess Street Campus
Contact Campus Security at 949-8305

Notre Dame Campus
Safe Walk Phones or call 632-2323

election '06: party summaries

BY JAMES TURNER

With the federal election looming, major players on the Canadian federal political scene are ramping up the rhetoric and making major promises that involve spending a lot of cash, in hopes of grabbing attention and support on Jan. 23. Here's a quick run-down of what they say they will accomplish on some student-related issues.

The NDP

- $1.5 billion towards cheaper tuition, along with a restoration of $4 billion in post secondary education cuts;
- An immediate and full transfer of five cents per litre in federal gas tax to cities for the purposes of public transit and infrastructure;
-Wildcard: offering targeted tax cuts for progressive environmental technology and reductions in fossil-fuel dependence;
-Watch out for: the odd emphasis on tax cuts, atypical for the NDP.

The Conservative Party of Canada

- A cut in the GST (an immediate one per cent cut to six per cent followed by a reduction to five per cent within five years);
- A new transit tax credit allowing users of public transit to write off up to16
per cent of their total transit bill.
The Conservatives say that the average savings will
be about $153;
- A proposition allowing for apprentices and trades people to deduct part of the costs of their tools and equipment;
- Wildcard: a tax credit for participants in organized athletics;
- Watch out for: an increase in student loan limits without a corresponding increase in bursaries or grants.

The Liberals

- Mega-billions for student aid, with post-secondary initiatives in equipment and training programs;
- $110 million for security initiatives on public transit;
- Wildcard: large amount of tax cuts ($30 billion), including reducing the tax rate for the lowest income earners;
- Watch out for: promises, promises, promises. Remember the Red Book?

The Green Party

- Creating a mentorship network that would engage Canadian youth with older people in order to pass along skills;
- Work towards a new distribution of federal tax revenues towards cities;
- Wildcard: would work towards taxing raw materials instead of people, and removal of tax increases on greener fuels.
- Watch out for: the Greens may stand to gain some visibility in this election, but are (like the federal NDP) a gamble.
-with files from *theglobeandmail.com*

aboriginal celebrities run for public office

stars come out for liberals

BY SHEILA NORTH WILSON

Glen Murray and David Northcott might sound familiar to Manitobans: Murray is the former mayor of Winnipeg, and Northcott, the former executive director for Winnipeg Harvest, was a voice for Winnipeg's poverty-stricken citizens.

Both ran for office during the 38th federal election in '04, gaining media attention during the campaign just for their influential positions and pseudo-celebrity status. To some, they became the candidates to watch.

"I'm really excited about running, and I think other people are too..."

RAY ST. GERMAIN

But Murray, who ran for the Liberals, lost to Conservative Steven Fletcher, and Northcott, also a Liberal, was beaten by Pat Martin of the NDP.

In the upcoming election, Jan. 23, Aboriginal celebrity candidates Tina Keeper and Ray St. Germain, both Liberals, are throwing their names into the political arena.

Keeper, best known as Michelle on CBC's hit series North of 60, is running in the Churchill riding, which covers northern Manitoba. St. Germain, an Aboriginal Hall of Fame inductee, is campaigning in Winnipeg Centre.

St. Germain was part of the media until he stepped down as an announcer on Manitoba's only Aboriginal radio station, NCI-FM.

"Canada has really been good to me, and I want to give something back," says St. Germain. "I'm really excited about running, and I think other people are too, including Paul Martin."

But another Martin, who may not share St. Germain's enthusiasm, is Pat Martin. Pat Martin has been the MP for Winnipeg Centre since the '97 federal election.

Becky Barrett, campaign manager for Pat Martin says, "Yes, Ray St. Germain has a name, but Pat has the record...we never discount other candidates, but constituents will recognize his track record."

St. Germain says, "I know he's tough to run against...but I think the riding would be better served if I, as a Liberal, was elected."

At dissolution, the Liberals held 133 seats, and St. Germain says he hopes candidates such as himself and Keeper, will increase that number.

transcona residents oppose pork-processing plant

citizens say plan stinks

BY DAVID SMITH

The Concerned Citizens Coalition held a protest rally at the Manitoba legislative building on Dec. 12 to voice concern and anger towards the proposal to build a pork-processing plant in east St. Boniface.

Transcona Ward Counc. Russ Wyatt addressed the crowd of approximately 200. His message echoed the sentiment of many in attendance.

"For the past six or seven months, negotiations have been going on with the [hog] industry to build a processing plant, and nowhere along that process was the community involved - we were an afterthought," Wyatt said. "This is not acceptable, and we cannot tolerate this. There is no reason to build this plant that close to a residential area. The only reason it comes down to, is money."

"...nowhere along that process was the community involved- we were an afterthought."
RUSS WYATT

Wyatt also addressed the notion that his opposition to the plant is due to political reasons, stating, "this is not an issue of left or right, this is an issue of wrong or right, and it is wrong."

Protestor Greg Usenko lives in Transcona and explained his reasons for attending the rally.

"I work on Marion Street and have insight into how the animals are handled on the pig trucks. Often times when I drive to work. I notice pig fetuses and body parts along the road that have fallen off the trucks," he says. "There are also a lot of pigs that are injured during transport with broken legs or worse; their squeals of pain can be heard for miles. And that's just a small meat plant.

"This will affect our taxes and bring our property values way down. I also don't like the way in which this all came about - it was very sneaky," says Usenko.

Dave Huminuk also lives close to where the proposed plant could be built and says the smell it will generate will be horrendous.

"I've got a country background and know that the awful stench that comes from a pork plant can be smelled for miles. You know there's one close by - you can't see it, but boy can you smell it," Huminuk says. "The mayor's claim that the smell will be kept to a one kilometre radius is an absolute lie. It's a blatant lie."

PRAYER ROOM AT NOTRE DAME CAMPUS

We are pleased to announce that the Notre Dame Campus has a new "**PRAYER ROOM**" in Room **A2-33**. This prayer room has been in process for quite some time and is now open and available to both staff and students. It is open from 6:00 a.m. to 9:00 p.m. People of all spiritual paths, cultures and traditions are welcome.

The **PRAYER ROOM** will be used for "silent prayer, meditation and stillness". It is a place of **PEACE AND SERENITY**, amidst the busyness and many activities of college life. Our hope is that all those who enter there will find renewal and tranquility.

A "**Grand Opening**" of the prayer room will be hosted later this fall and will be announced as soon as it is scheduled . . . so be on the lookout for this upcoming event.

Everyone is invited to use the prayer room whenever there is a need for some "quiet time" and we hope you will enjoy this "**OASIS**" that we have been gifted with.

cold medications under watchful eyes

government restrictions implemented

BY NICOLE SHANOWSKY

If you have a cold this winter, you likely won't find Sudafed on any pharmacy shelves. As of Jan. 15, many common cold medications will be kept hidden behind counters in pharmacies across Manitoba.

Pseudoephedrine, the common ingredient found in many cold medications, can be used to create crystal meth. Restricting access to these medications will enable pharmacists to monitor and put a halt to bulk purchases. It is a step the province is taking to fight the production and abuse of the drug.

Saskatchewan implemented the same policy, Dec. 1, '04.

Michelle Glass, a pharmacist at Munroe Pharmacy, thinks the new legislation is a smart move.

"It's being proactive before it becomes a major issue," Glass says. "We'll be able to keep a better eye on the purchases of these products."

Manitoba's attorney general, Gord Mackintosh, says up to 70 per cent of legally imported ephedrine and pseudoephedrine is used to produce crystal meth.

The drug is gaining popularity among drug users. It's easy to make, it's cheap ($10 for one-tenth of a gram), and its effects can last up to 12 hours.

Former addict Brent Jason thinks it's about time the government and police take serious action against the production and abuse of the drug. Jason, who's been clean for over two years, has seen meth break apart friendships and families, and destroy lives.

"It's much more powerful than other commonly abused substances such as cocaine or heroin. It stole my life, my moral compass - even my will to live," Jason says.

It's not just Manitoba that recognizes the need to put a stop to production. Paul Martin has authorized more resources, specifically inspectors, to fight crystal meth. Martin's decision followed a Winnipeg Free Press investigation that showed over half of legally imported ephedrine and pseudoephedrine is used for making the drug.

Jason thinks it's about time happens.

"More energy needs to be spent on fighting meth for reasons that are becoming obvious to us all," Jason says. "It truly is about life or meth."

dangerous drug use rises

increasingly present among middle class

BY AMIE LESYK

It was the holiday season and all through the 'Peg / many teens and young ones had cocaine filled heads / it was Christmas, and a white Christmas indeed / excuses galore to reach a faster speed / everyone is letting loose and living fast / but when does the blitz come to a crash?

It may seem ignorant to make a joke about such a serious matter, but cocaine is becoming the new beer in the young party world. Heading out to a few gatherings lately, it has been no surprise to see a slew of people whacked out on coke and/or ecstasy.

Using heavier drugs has become a regular weekend activity for young professionals who are classically non-stereotypical druggies. These are substitute teachers, computer technicians, and students who have somehow incorporated this expensive and incredibly addictive drug into their everyday lives. How do they manage to keep sane with all the sleepless nights and serotonin depressions that follow a drug binge? How do they return to their 9-5 schedules?

Coke is much too harsh of a drug to be used so casually. It steals from your wallet, your mind, and your body. If my generation is so inclined to indulge, how does this affect our future? These drugs have serious effects on the brain and contribute to conditions such as adult ADD and schizophrenia. What will be the effect 20 years from now, or has this effect already taken place?

Technology is advancing at warp speed and is rapidly entwined into our lives, from intense video game systems to new T.V. and Internet features. The next trend is always bigger, harder, and faster, and for our generation this fast-paced life seems to include fast-paced drugs. I, for one, am scared of where this is going.

I'm not saying that I am innocent, and I'm not in any position to preach. I write this out of concern. At parties, I see people turn into people unlike themselves as they rush around and ride a dopamine wave.

There are still many people who don't partake in this drug culture, but cocaine and ecstasy are becoming commonplace forms of entertainment for many young people.

Cocaine takes away from the person they are and robs them of the ability to make their own decisions. The addiction rules their life, and once the thought or appearance of the drug establishes itself, everything is tunnel vision. With cocaine becoming increasingly present in all kinds of social scenes in Winnipeg, people at a younger age are becoming more desensitized to the drug, and the possibility for addiction reigns high.

government cracks down on loan companies

proposed legislation to protect citizens

BY JAMES TURNER

The Province of Manitoba is set to introduce new legislation in order to regulate the practices of payday loan companies.

A rash of these businesses have been opening in downtown Winnipeg lately, creating concerns that they are actively targeting low-income citizens who are more likely to be unable to repay their loans.

Manitoba Minister of Finance Greg Selinger suggests that the proposed legislation, which would alter the Criminal Code of Canada to allow the province to regulate the interest rates that these companies charge, will directly benefit consumers.

"It raises the bar to protect the consumer from getting into something for which there's no way out," Selinger says. "It will put upper limits on what can be done."

Selinger also says that the increase in the number of payday loan businesses can be partly attributed to the strict rules that mainstream lending institutions apply to those looking for short-term loans.

"Consumers are not getting access through their regular financial institutions," he says. "We want to encourage the mainstream [lenders] to provide better services to people in the community."

According to a 2002 consumer watchdog report published by the Public Interest Advocacy Centre, "payday loans have attracted the attention of legislators...because they involve fees that constitute interest rates which may range from 300 per cent to over 1,000 per cent."

"Short term there are benefits, but if you don't pay it back you get caught in the system."

CHRIS TEKPETEY

The report also states that the costs people face when they are unable to pay off their loans in time leads to bigger financial problems.

"As the time-frame of the loans is so short, and the costs of the loans are so steep, many borrowers may find they are unable to pay the loans off in full...the borrower then enters into a cycle of renewals...with increased fees...and is perhaps the key to the lucrative nature of the business for lenders."

Chris Tekpetey, a Red River College student who spent eight months working in the credit review department of a payday loan company, says the company he worked for had to be aware of how profitable these rollover loans were.

"Most times, one person who has a loan from a payday company will be using one or two others," he says.

Tekpetey also says his experience working for a payday loan company showed him that they are not completely upfront with their customers about the costs of borrowing from them.

"They don't explain the default penalty costs when you get the loan. There's a set procedure of telling people what's going on," he says. "Short term, there are benefits, but if you don't pay it back you get caught in the system. That's why you see so many loan companies on so many people's records."

jets alumni return to ice

event helps aboriginal community

BY CARIE WILLSON

You cheered them on from their WHA days to their final season in Winnipeg. You watched Hawerchuk dominate in scoring, Daley halt opposing offense, and Cronin take on all the tough guys.

And now, the Winnipeg Jets are suiting up again. At least, they are for a one-time alumni game.

On Jan. 12, Jets legends will join aboriginal hockey stars for a benefit event.

"Winnipeg can be proud of this historical and spiritual event."

BRYAN TROTTIER

Legends and Legacies is the first of what the aboriginal community hopes will be many hockey matches between NHL alumni and aboriginal hockey stars.

"This is the kickoff; we're working on other towns," said Bryan Trottier, New York Islanders Hall of Famer, and one of the Legends game organizers.

The day's events will be highlighted by the hockey game, but will include many other activities.

The documentary, *They Call Me Chief*, will be broadcast on the MTS Centre jumbotron. Highly acclaimed, the film discusses the challenges experienced by aboriginal NHL stars before, during, and after their careers.

There will also be musical performances by several local aboriginal artists, including Sierra Noble, Aaron Peters, and Billy Joe Green.

But the event is more than just a hockey game and social occasion.

Legends and Legacies was conceived as a way to honour the first aboriginal hockey stars, including Fred Sasakamoose, the first aboriginal NHL player. The event has grown since then.

The event is meant "to build self-esteem and pride in our heritage," said Trottier. "Winnipeg can be proud of this historical and spiritual event."

"We hope this will encourage kids to join sports teams, powwow groups and rock bands – not gangs," said Don Marks, Legends organizer.

Money raised from the event will benefit the White Buffalo Spiritual Society, a local aboriginal community group.

The MTS Centre is "proud to host and support community events...such as this one," said Kevin Donnelly, senior VP of event management and building operations for the MTS Centre. The event will introduce a new program for the MTS Centre for community use and access.

The aboriginal stars will include players such as Trottier, Reggie Leach, Stan Jonathan, and Jim Neilson.

The Jets will dress former NHL stars Dale Hawerchuk, Thomas Steen, Joe Daley and Ulf Nilsson, among others.

"These guys are really role models everywhere, especially in the North," said Mike Ford, former Winnipeg Jet. Tickets are $15 and available at Ticketmaster.

kyoto accord: political ploy?

scientists want more done

BY CARMEN BARNETT

Environmental scientists want Canadians to know that what they haven't heard about climate change, carbon dioxide, and the Kyoto Accord may affect public opinion about tax spending for a greener environment.

Dr. Tim Ball, who was professor of climatology at the University of Winnipeg for 32 years, refers to the recent awareness of global warming as "environmental hysteria." Ball admits Canada has obvious pollution problems, but says the government is trying to "solve problems by creating fear." He says that "Kyoto is terribly politicized and that 3.7 billion dollars could be invested in health care or education instead."

The Kyoto Accord is met with much debate. It is legally binding, with requirements Ball claims will only collect millions of dollars in fines for Canada once the greenhouse gas emissions (GHG) reduction commitment is not met.

"It's ludicrous," Ball says. "Kyoto's supposed to be about pollution, but it isn't. It's about C02, and all scientists know that accounts for less than 3 per cent of GHGs."

The Doer government continues to embrace the carbon economy, and it's difficult to judge if it is taking anything but aggressive measures to reduce Manitoba's GHGs. More notable efforts include capital projects, such as the Selkirk Conversion and the Red River College Princess Street campus.

Manitoba is placing an emphasis on hydrogen fuel production, wind energy resource assessment, greater hydro generation and distribution, and increasing transit ridership. Manitoba Hydro's Power Smart project, the One-tonne Challenge, and the Greening Government Leadership in Energy and Environmental Design, are all set up with the same ecological goals: to improve air and water for a sustainable development of the environment on provincial, national and global levels.

Tom Carter, Canada research chair in urban change and adaptation for the Institute of Urban Studies, says that's not enough.

"As a city, we really haven't done a lot to mitigate sustainable development," he says.

Without focusing on improving Winnipeg's transit system, Carter says the city places "an extra pressure on resources," and notes that bus fare hikes don't increase ridership, but rather maintains reliance on private automobiles.

"There's a focus downtown on smart growth principles, like Mountain Equipment Co-op, but those are isolated initiatives," Carter says. "Overall, we haven't done a lot."

Ball believes making the right environmental choices starts by removing all research and control from the hands of bureaucrats in order to keep solutions objective.

"Real viable uses of alternative energies simply don't work," he says. "It's political agenda versus science, and when you play these games without evidence, you make all the wrong decisions."

student vote could have major impact in upcoming elections

BY ALEXANDRA DODGER

TORONTO (CUP) -- For the first time in five years, the federal election will be held while most students are on-campus, and with so many potential young voters able to cast ballots on Jan. 23, the student vote could have a serious impact on the final election results.

Nowhere will the student vote count more than in the heart of downtown Toronto, where University of Toronto residence students fall squarely in the hotly contested Trinity-Spadina riding, sure to be a nail-biter.

Incumbent Liberal MP Tony Ianno will be seeking re-election, while hot on his toes is New Democrat challenger Olivia Chow. Chow narrowly lost her bid to unseat Ianno in the '04 election - Ianno raked in 23,202 votes compared to Chow's 22,397, while the Conservatives and the Greens trailed far behind at 4,605 and 2,259 respectively.

An issue many voters cited in '04 was the fact that Chow had not stepped down as a Toronto city councillor before seeking a seat in the House of Commons. Chow is responding to local residents' concerns by resigning her seat, meaning Trinity-Spadina is set to get new representation at City Hall too.

With only an 805-vote margin deciding the victory in '04, Green and Conservative candidates may influence the outcome of Trinity-Spadina's election. Sam Goldstein is the Conservative Party's candidate. The Green Party plans to field candidates in all 308 ridings with the over $1 million they have received since the last federal election in public funding, but as of press time, the name of the Green candidate for Trinity-Spadina was not available.

In fact, there were 10 seats in the last election that were decided by less than 300 votes, giving students the opportunity to make a real difference by voting. Though not all of the 857 students in the New College residences are eligible voters, if enough students make it to the ballot boxes, they could seriously sway the results.

In a minority parliament, a single MP may cast the deciding vote – as happened in May '05 when the Layton-Martin budget amendments passed. It's apparent that the outcome of the whole Government may depend on the votes of a few individuals – possibly readers like yourself.

Both the NDP and the Liberals take credit for what they deem student-friendly platforms. The NDP highlights their role in the $1.5 billion from the Spring '05 budget allocated towards post-secondary education and their pledge to up PSE transfer payments to $4 billion per annum, to be targeted at reducing tuition fees and student debt. The Liberals have stressed their funding increases for research conducted at universities, and expanding the Canada Access Grant to students in all years of study. The Conservative Party is promising more opportunities for apprenticeships and more flexible student loans.

Elections Canada wants you to vote. If you are a Canadian citizen 18 or older, you may already be registered to vote. If you have ever voted in a federal or provincial election before, or hold a driver's license, you will probably receive a yellow voter's card in the mail. The voter card contains all the information you need to vote. It's all you need to bring with you to the ballot box.

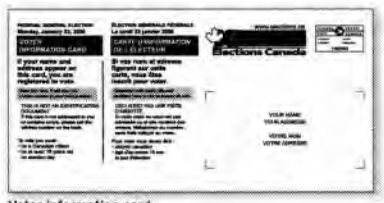
If you are not a registered voter, or you wish to vote in another riding (e.g. you no longer live in the riding you received a voter's card for), you can register in one of two ways. You can simply call Elections Canada at 1-800-463-6868 to give them updated information, or you can register on the day of voting.

To register on Election Day, you must bring photo identification, and proof of address. Proof of address can include your current address being listed on a driver's license, a lease, or a phone or utility bill with your name and address. Remember – it is your right as a citizen to vote either in your "home" riding (where your parents live and where you used to live) or your school riding, as long as you deem the riding you vote in to be your permanent residence.

Students can find more information about each political party's stance on education issues at *voteeducation.ca* In the mean time, consider hooking up with a local candidate to help them on the campaign trail, or to get a bright sign for your window or front door.

?

YOU WANT TO KNOW WHERE AND WHEN TO VOTE?


Voter information card

Keep the voter information card we sent you. It has all the information you'll need to vote, and you'll get through the voting process more quickly if you have it with you.

To vote, you must be a Canadian citizen and be at least 18 years old on election day.

If you haven't received your voter information card, or if you received it but found an error in your name or address, please contact your local Elections Canada office now. You'll find the telephone number at www.elections.ca by clicking on the Voter Information Service icon.

ON MONDAY, JANUARY 23, VOTE.

www.elections.ca
1 800 463-6868 toll-free in Canada and the United States
001 800 514-6868 toll-free in Mexico

TTY 1 800 361-8935 for people who are deaf or hard of hearing
toll-free in Canada and the United States or (613) 991-2082 from anywhere

Elections Canada

your health matters

establish goals for results

BY JACK RACH

The thing I hate most about New Year's are resolutions that are predestined to fail. It's easy to find hordes of people going to the gym in January, then watch the volume slowly decrease in the following weeks, so that by spring there are only a few dedicated (and often obsessive) regulars working out.

While many factors tug people away from the gym, it's important to push forward and make time to achieve those goals.

I'm guilty too. I've made resolutions to work out everyday and become a human lung. But inevitably, school assignments pile high, and midterms, exams, and so on take precedence over running nowhere on a treadmill.

Regardless of carefully scheduled time for studying and time with girlfriends (or spousal units in general) who can consume time like addicts of *myspace.com*, working out always seems to take the back seat.

It's easy to set aside resolutions and health goals when you're busy. Here are a few simple things to keep in mind for your health oriented resolutions.

Determine what you want. Whether you try to quit smoking, lose weight, or become more fitness oriented, measurable goals will be easier to track.

Focus on the process, not the product. For example, start by working out three times a week, and then move into something more specific. Why not set a specific distance to run and maybe even time to do it in as well? If you're new to running, are injury free and able bodied, 5 km in 30-35 minutes is an excellent start.

Keep your goals realistic. If you've been relatively inactive or are new to running, a marathon will not be your first achievement. Set smaller, yet still challenging goals. Incrementally move toward the end result. This will prevent injury and allow for more enjoyable exercise.

Write your goals down. This allows you to revisit them as often as you like, which can be motivating. If you're really gung-ho, set them out where supportive family and peers can see your progress as well. Other people can be extremely encouraging.

Have Fun. If you don't enjoy running, don't do it. Try cycling, swimming, inline skating, aerobics, yoga, Pilates, and so on. Also, do the activity where you're most comfortable. I still find weight rooms and gyms intimidating, so I get over the intimidation by doing activities I'm familiar with first and slowly explore the periphery. Also, mixing up your workout every couple of months helps maintain interest.

Find a partner or group with similar goals. Having a partner to work out with or a group to run or cycle with provides additional motivation.

Create your schedule. Stick to it as much as possible. It's important to remain flexible, as long as some sort of routine is followed. Select convenient times like during a break, at lunch, or at the end of your day if possible. It will also help if you have a plan for making up missed workouts. Commitment to any goal is crucial to achieving it.

Finally, consult as many knowledgeable sources as possible. The Red River College health office can give lengthy advice as to what is covered on the student health plan in terms of consulting personal trainers, nutritionists, and other health care professionals.

If going to the gym or working out isn't your resolution, setting goals in other areas of your life are beneficial as well. Try it with family, career, finances, and so on, to give yourself more direction.

learning to love lethbridge

absence makes the heart grow fonder

BY JACK RACH

One of the greatest things I've found about growing up was the ability to move on from home and explore new places.

I grew up in Lethbridge, Alberta (home of the lethbian) and spent my first 22 years in the small town of just over 77,000. The day finally came when I could leave, only returning to visit family and friends during holidays, such as this past Christmas break.

But now, 28, I returned home and I could see some of the greatness Lethbridge has to offer.

I'm not referring to the claims by the City of Lethbridge regarding the relatively high quality of life (according to many residents, there are no homeless people). Nor do I refer to the ample business opportunities or strong economy. The fact that Lethbridge has both a college and university offering world-renowned programs is appealing, but definitely not the reason why I return, nor is it reason for anyone to stay.

Respectively, there are more swimming pools and skating rinks than there are McDonald's in the city. The Rocky Mountains are only a 90-minute drive away, and there are many recreational outlets within the city too, especially in the wind-sculpted river valley of the "coulees." But I never go to the mountains when I'm visiting, and the mountain bike trails in the coulees don't compare to those on Vancouver's north shore or the interior of British Columbia.

The greatest thing about Lethbridge, I feel, are the friends I've made there. Every time I go back to the sprawling city, friends and acquaintances come out of the woodwork. The Penny Coffee House always becomes a spontaneous, unplanned gathering place; an escape from the big-box expansion overtaking the rest of the city. My first coffee is usually cold by the time I finish it because of so many passing hellos and two-minute catch-up stories.

Lethbridge is a franchised, big-box suburbia full of meatheads and similar ilk. It's so relieving however, to find refuge in the friends I've made. These are people who enthusiastically spew their verbal diarrhea about bands like the Libertines or the Primrods. These people never take themselves too seriously and can go to meat-market bars simply to dance and have a good time. These are people who when finding a drunkard pissing on the door handle of their car, avoid fights by politely asking the offender to open the piss-soaked door for them.

A close friend of mine who also grew up in Lethbridge, has moved on to call the place "Lethdirge," an apt title for the most part. In the summer, tumbleweed rolls across the streets without fear of being run over; there is no traffic. The city has a slow pace with the comfort of a small town, but the liveliness of the animated individuals who still celebrate living in the dead city brings vigour back. Without these people I would not have learned to love independent music, art, architecture, and getting my drink on.

Lethbridge, Alberta isn't the greatest place to live. It's an awesome place to be.

Interview skills rusty?
Resume need a lift?

CAREER AND EMPOYMENT SERVICES CAN HELP YOU!

Career and Employment Services provides a full range of employment services to students.
Please contact the RRC Employment Centre for assistance with:

- job-seeking skills
- résumés
- cover letters
- interview preparation
- employment application forms
- current labour market information
- any other career/employment-related matter

Employment opportunities directed exclusively at Red River College students are posted on **workopolisCampus.com**, an employment website used by many colleges and universities across Canada. The service allows students and alumni to look for jobs online 24 hours a day, 7 days a week. Using WorkopolisCampus is absolutely **FREE**!

HOW DO I REGISTER WITH WORKOPOLISCAMPUS?

To register with **WorkopolisCampus** log on at **www.workopolisCampus.com** and simply click on the New Job Seekers Register Here button. Each user will be required to complete a mini registration (personal information and academic data). To view job postings targeting Red River College you will need a password which is **RrCcMb97**.

NOTRE DAME CAMPUS (204) 632 – 2128 ROOM D102

back 2 bakx

PUMPED ABOUT BLOOD DONATIONS

KYLE BAKX, COLUMNIST

Maybe you didn't get what you wanted for Christmas, but you can give a free gift so others can get what they really need in this New Year.

The Red River College Student Association recently held a blood donor clinic at the Notre Dame campus with Canadian Blood Services.

I wasn't there because I gave blood in December, and donors must wait at least 56 days between donations. This was my first time giving blood, and it was definitely a unique experience for good and bad reasons.

There is a great reason for anyone to give blood. Every time you donate, up to three people will benefit. You don't need to pull someone out of a fire to save a life. Plus, giving blood is an experience that combines joy, strength, and discovery.

Ok, it's selfish, but the main reason I gave blood was because I wanted to know what my blood type is. Succumbing to the repetitiveness of those Canadian Blood Service commercials was my other reason.

I flew through the initial screening of checking my iron levels, but my sugar levels were a little low. When you go for a blood test, as part of a regular check up with your doctor, you aren't supposed to eat breakfast. Conversely, for donating blood, you should eat and drink plenty before donating. A couple of pieces of toast and a cup of tea, as I learned, won't cut it.

I waited briefly in a reclining chair, until a nurse was ready to start my donation. The most painful part of the whole experience was not when they inserted the needle, but when they checked my iron levels. The pain when blood was taken from the end of my fingertip was a result of the abundance of nerve endings in the fingertip.

After donating, I slowly made my way to grab some juice and a doughnut, and because I was feeling light-headed, another doughnut and a yogurt. Sitting down, I knew something was wrong. I couldn't eat, had a raging fever, and felt like diving head first into a snow bank.

I got up, and taking a few steps toward the nurse said, "I feel a lil' dizzy."

I'm not sure if I got the last word out because my vision became cloudy, and I had to feel with my hand for the chair. Before I knew it, I was back in another comfy recliner, but this time, there were ice-cold wet rags on both sides of my neck and forehead.

Note to self: eat like I have hollow legs before giving blood – no coffee break styled meals.

Half an hour passed, and I ate again before leaving the building. I felt fine for the rest of the day, other than having a soaked collar.

Am I doing it again? Absolutely! I may be selfish at times, but I'm giving something that can't be copied, reproduced, or artificially made.

So you can call it a New Year's resolution if you want, but at least give donating blood a try this year. There is a chance you too may need blood some time.

Ipsos-Direct

Ipsos

Need a Job with Flexible Hours?

Find Out How The World Thinks!

We are currently hiring for the position of

Market Research Interviewer

Photo by courtesy of www.bigfoto.com

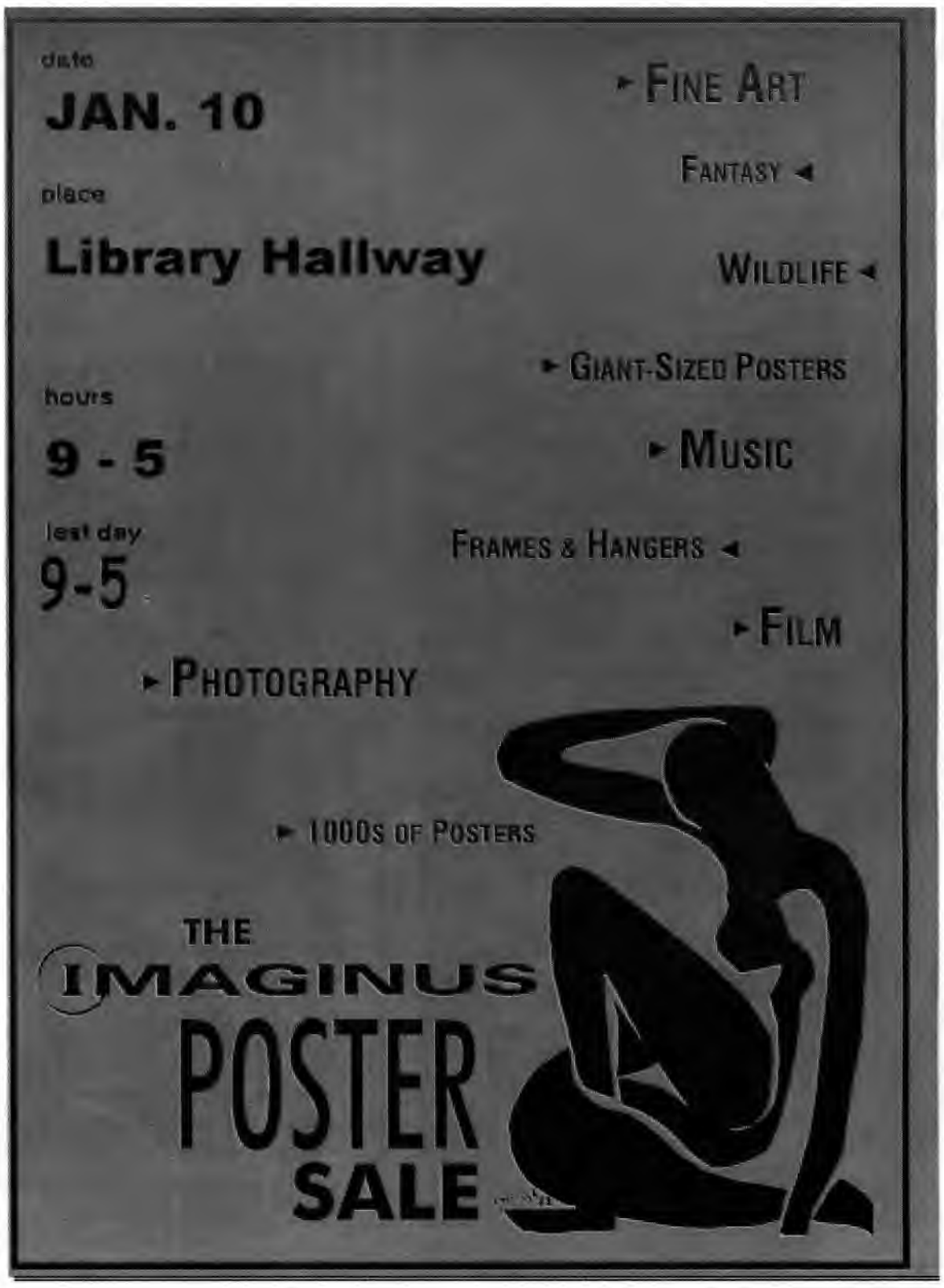
Evening Interviewer Shift choices:
Monday to Friday
4pm-10pm, 4pm-11pm or 5pm-11pm
Saturday 11am-6pm and Sunday 3pm-10pm

What You Need:
- Strong written & oral communication skills
- A typing speed at least 24 wpm
- Be able to commit to a minimum of 3 shifts per week (including 1 weekend shift)

Submit your resume online or drop in to complete an application form today!

Recruitment Coordinator
Ipsos-Direct
2nd Floor, 175 Carlton Street
phone: 975-3370/fax: 949.9371
www.ipsos-na.com/careers

APPLY NOW!



faceoff

battle brews over java joints

BY JAMES TURNER

Call me a dreamer, but I love being told stories. Dress the most pointless and boring information up in a sexy narrative, and I'll fall for it like a randy teenager in front of the SUNShine Girls Calendar. It's this little trait, more than any other about me, that keeps me feeling young, which is an accomplishment, since I have a lot more gray hair than most, if not all, 30-year-old men.

It's also the main reason I prefer Starbucks Coffee Company.

Judging by the traffic in the store, loving Starbucks isn't unusual. I have a store a block away from my house, and I usually walk over there at some point in the day. The thing is, I'm not really interested in Starbucks products. I have yet to have a latte from there. I refuse, much to the clerk's chagrin, to spend more than two dollars on a coffee, and I wouldn't be caught dead ordering anything that involved me having to say such nonsense such as 'half-calf' or 'frappa' anything. I go there because Starbucks, over repeated visits, has sold me a story.

The company makes great use of literary symbolism to back up their products and actions. A close look at their mermaid logo – now revised - conjures up meanings implying The Sirens of Homer's Odyssey, and of T.S. Eliot's Prufrock. In each story, a male figure is lured by the Siren's song into a situation that not many (with the exception of the cunning Odysseus) survive. Starbucks is dangerous, in a good way.

To me, Starbucks sells not coffee, but a North American style journey into the exotic and the sexual; a curious timelessness exists in their universal-style cafes that I find far more thought provoking, lively, and yet cerebral, than what the competition has to offer.

For example, across the street from the Starbucks I go to is a Second Cup. Just this morning, I noticed the garish atmosphere in there. The entrance, which announces in large black block lettering, 'WELCOME TO OUR NON SMOKING ENVIRONMENT,' seems to be the most prominent selling feature of the place - now available everywhere in Winnipeg. Another bland-looking banner, describing their 'new latte,' describes how one of the most traditional coffee drinks available has somehow evolved by their hand. Considering the company has been around for some time, I figure the fact that they are only getting it right now, says a lot about them. Inside, their elderly customers look shell-shocked and frail as they trip over a space with tables too small to hold the cups their insipid drinks are served in. Folk music and Christian rock fill in the gaps when customers are not reading the Winnipeg Free Press.

Back at Starbucks, New Orleans jazz and torch singers complement the bustling atmosphere. There's room to think, to move about, and even to smile at the jealous faces trying to intimidate me from the window across the street. I see them looking, but I'm safe here, because I'm young again. I can be timeless too.

A visit to the Second Cup, it strikes me, is like a reminder of my certain death.

I want to live, dammit.

BY JOANNA FULTZ

One might think that when a person is desperate for the bitter nectar of the bearable morning gods, they would not give two beans as to where the alert-inducing, black, gold was coming from. But, coffee drinkers are fervently divided about which foaming utter they are slurping their hot beverage from: upscale Starbucks or simple Second Cup. What's your poison preference?

Not only is Starbucks coffee excessive in caffeine content (according to a University of Florida College of Medicine study a 16-ounce cup contains a whopping 259 milligrams), but they are also pretentious when it comes to the actual experience of purchasing coffee. I have one simple question: must the cashier always yell the order to the barista and the barista then yell it back? Does the noise from the steam or the beeping of the cash register really impair hearing to that degree, or is it simply an attempt to make the order seem critical, in turn making the customer feel some sense of self importance in ordering a drink with an accent?

On my last visit, I picked up a tiny book filled with Starbucks etiquette, containing information about how to order a Starbucks drink correctly, as if I was an uncultured buffoon whose foam wasn't on the top of their latte, but dripping from their mouth when neglecting to use the correct Starbucks lingo. I felt terribly embarrassed after reading that I was supposed to order my coffee 'with legs' instead of just saying 'to go.' This added to the excessive embellishment of the coffee experience at Starbucks.

Many people may desire a stronger coffee, and that is well understood; I prefer the subtle environment at Second Cup. I support Second Cup not only because of their coffee, which happens to suite my taste, but also because they are more casual. As well, it is a Canadian born company.

Just like this concluding paragraph, ordering a cup-o-joe at Second Cup is what it should be: effortless and unexaggerated.

speak Out!

By Brook Jones

Christmas is a joyous time, and during this holiday season Santa Claus was found at most major shopping centres throughout Winnipeg.

So, *the projector* asked Santa Claus, "what does Christmas mean to you, and what are the three most popular toys on a child's wish list?"

Santa Claus, St. Vital Centre

"Christmas means hope... If we could have this hope all year round, that would be a good thing."

1) Dora Dolls
2) Play Station 2
3) Princess Barbie

Santa Claus, Kildonan Place

"It is nice to see the children happy, and I can also help the parents with having an enjoyable Christmas for their children."

1) Dora Dolls
2) Remote control cars
3) Game Boys

Santa Claus, Garden City Shopping Centre

"Christmas is for the kids, and that's exactly why I do this. This is the best job I've ever had."

1) Xbox 360
2) I Pod
3) Dora Dolls

Santa Claus, Polo Park Shopping Centre

"Christmas is a time to be with family, to be happy, and to think about the good things in the world."

1) Temecula
2) Dora Dolls
3) Play Station 2

nhl addicts dream for jets' imminent return

BY ERIN CARTER

There hasn't been a cornfield to plow or a voice urging it to be done, but the new $133 million MTS Centre has some Winnipeggers fielding their dreams of bringing the National Hockey League (NHL) back to town.

"Hockey is the greatest game on earth," says Jason Fifer, 26, a business administration student at Red River College. Fifer believes that it was "the Jets who put Winnipeg on the map and made us a first-class city in terms of media exposure."

Fifer is part of a growing number of people determined to make Winnipeg an NHL city again. In the last few years, a bring-back-the-Jets campaign has been gaining momentum, especially since Darren Ford launched jetsowner.com, a website dedicated to returning an NHL franchise to Winnipeg.

The campaign isn't trying to make new fans; it's trying to awaken the spirit in those that are already die-hard, born-and-raised hockey fans, like Fifer.

"One of the greatest sounds is the roar of the crowd when a goal is scored," says Fifer, who has many fond memories of the Jets. His favorite is when, at age 8, he wrote to all of the players - his hockey heroes -, hoping one would write back. He was rewarded and thrilled when he received a hand-written letter from Doug Smail, .who played with the team from 1980-1991.

The Winnipeg Jets Hockey Club not only responded to young hockey fans, but also played a key role in charitable organizations such as The Goals for Kids Foundation, which raised money for less fortunate children. The Jets were part of the Manitoba community and a source of sport spirit from 1972 to 1996.

"They can call them the fairies and wear pink jerseys," Fifer says, "but if they don't come now, they're never going to come."

Fifer feels that all the obstacles that have existed in the past are gone, and now it's just a waiting game.

According to Fifer, the three roadblocks in getting an NHL team in this city were the need for a sustainable collective bargaining agreement (CBA), a reason (such as considerable losses) for a team to consider relocating to Winnipeg, and a new arena – all of which are becoming realities.

Fifer believes it is the perfect time to put Winnipeg back on the map and that it could happen "as early as this year." He has been working hard, talking personally with both Winnipeg Mayor Sam Katz and Manitoba Premier Gary Doer.

Fifer says he was filled with hope after talking to Doer, who smiled at him and told him, "we're working on it."

As Darren Ford writes in the opening line of his website, "It's time, Winnipeg!"

dangerous sport attracts thrillseekers

sky, snow, and speed appeal to adrenaline junkies

BY HELEN CHOLAKIS

Turning onto Lee Boulevard, about two kilometers from the University of Manitoba on a winter day, the change in landscape is striking. In under a minute, you no longer feel like you're in the city. As far as the eye can see, everything is white, except for some winter brush, hay bales, and grain silos. Then you see the kites.

This is where Winnipeg's snow kiting enthusiasts gather, after checking each other's excited postings on their message boards. With kites bobbing and swirling, they congregate around a Canadian flag fluttering atop a 16-foot flagpole, which they use to gauge the speed of the wind and the height of their jumps. Some stand in boots, tentatively flying their kites, while others harness the wind and swoop around on snowboards, seemingly without effort, launching into the air and doing 360's, jumping the hay bale or flying over the road.

Chris Mason, one of the owners of Boost Kiteboarding says, "It's a great adrenaline rush. I think that's why most people do it; it's a jumping sport, if that's what you like, because it's really easy to jump. If you like speed it can be a speed sport. One of our guys has gone 52 miles per hour on skis, and it's really accessible. If you have a couple of hours in the winter you can just come out here, if there's any wind there'll be people out here."

Boost Kiteboarding and the University of Manitoba's Recreation Services department offer $65 clinics on Traction Kiting and Kite Boarding. Mark Koenig, another owner of Boost Kiteboarding, says they also teach people who buy equipment from them. He notes that it's very important to learn how to wind lines, hook them up, and set up the kite, as the sport is very dangerous if you don't know how to do it.

While kiting is done on snow and water, Koenig says it's easier to learn in winter on the snow.

"People are having fun right away with it and learning it."

He says that while there are currently more men kiteboarding than women, "the women that are out there, I really feel they seem to learn faster than the guys and a lot more women are getting into it, and I think you'll see that in the future more and more."

Tim Dickinson, who took kiteboarding lessons in Winnipeg after a friend saw it in Fiji says he has gotten up to speeds of 60km/hr and up to twenty feet of air on his snowboard.

"It is dangerous," Dickinson says, "but as long as you're educated on what you're doing it doesn't have to be…You take precautions and wear protective gear and harnesses and safety systems…People should take lessons. It definitely isn't a sport where you can just buy your gear and go out and do it. There's no way… you'd get thrashed."

PHOTO: HELEN CHOLAKIS

THE 7TH ANNUAL RRC DIVERSITY ESSAY CONTEST PRESENTS...

STEP OUT OF YOUR BOX
DIVERSITY CHALLENGE:

3 WINNERS WILL BE SELECTED FROM THE SUBMISSIONS AND AWARDED $500, $300, & $200 SCHOLARSHIPS!

THIS DIVERSITY ESSAY CONTEST CHALLENGES YOU TO STEP OUT OF YOUR CULTURAL BOX AND OPEN YOURSELF UP TO THE DIVERSITY IN YOUR COMMUNITY. THEN CREATE A PROJECT THAT EXPRESSES WHAT THIS EXPERIENCE TAUGHT YOU AND WHAT DIVERSITY MEANS TO YOU

CONTEST OPEN TO ALL RRC STUDENTS
DEADLINE: FEBRUARY 15TH, 06

Diversity & Immigrant Student Support

For more information or to pick up your entry form contact:
Alix Reynolds, Diversity & Immigrant Student Support
Building D, Room 105 (Notre Dame Campus) or
P210J, 2nd Floor (Princess Street Campus)
Phone: 949-8393 • Email: areynolds@rrc.mb.ca

RED RIVER COLLEGE
OF APPLIED ARTS, SCIENCE AND TECHNOLOGY

dick pound for pound a cheater's worst enemy

outspoken head of world anti-doping Agency slams pro sports in particular for drug problems

BY JESSE NERENBERG

MONTREAL (CUP) -- Dick Pound hates cheaters. As chairman of the World Anti-Doping Agency, it's his job to catch cheating athletes in the act.

"[Doping] is cheating—it should be exposed," Pound said earlier this month at the Rogers Sportsnet Workshop in Sports Journalism and Broadcasting.

The bulk of Pound's speech was concerning the use of performance enhancing drugs in sports of all levels — a very lucrative business.

"The economic value of [the steroid] market exceeds the market value of marijuana, cocaine and heroine put together," he said.

Pound, a former Vice-President of the International Olympic Committee, doesn't buy the story that steroids are often taken accidentally.

"Doping is not an accident, no matter what you read . . . most of these things are deliberate and they're done with the complicity of coaches and medical doctors."

"Doping is not an accident, no matter what you read."

- Dick Pound

He said that using steroids is like any other method of cheating and sanctions should be severe. In his opinion, a first offence should carry a minimum two-year suspension in any sport. He scoffed at the excuse used to defend some professional players that suspensions shouldn't be too lengthy because athletes have a right to work.

"I'm a lawyer. If I steal my client's money, I have a right to work, but not as a lawyer," he said.

Steroid use has been making headlines recently. Major League Baseball has been under particular scrutiny, leading to an overhaul of the league's drug policy. The National Hockey League also adopted its first-ever policy on performance enhancing drugs when the latest collective bargaining agreement was negotiated earlier this year.

"I think [the NHL] got a copy of the old baseball policy," said Pound, mocking the league's seriousness about the issue.

This past week, Pound said about one third of the 700 NHL players were using performance-enhancing substances. Pound was also critical of the policies in the National Basketball Association and the National Football League. He said that when leagues, such as the NFL, claim to be drug-free, they are simply kidding themselves.

"Somewhere between a third and two-thirds [of NFL players] did not get into that kind of shape by eating mom's oatmeal porridge."

Pound said the first step in the fight against doping has to take place at the professional level.

"Once you get the professional leagues in, you're home free."

Fly for FREE to London
when you buy one of the following Contiki tours departing Canada by May 23/06:

- European Explorer
- European Adventurer
- Ultimate European
- 47-Day Camping

Or fly at special discounted rates when you buy other selected Contiki tours departing Canada by May 23/06 – ask your Travel CUTS consultant for more details.

contiki HOLIDAYS for 18-35's

BOOK EARLY...SPACE IS LIMITED AND IT WON'T LAST LONG!

Applicable tours must be booked and paid in full between Jan.02 - March 31/06. Space is limited, and may sell out before this date. Weekend surcharges, taxes, and other government/airline/service fees not included. Valid International Student Identity Card (ISIC) required. Terms & conditions apply.

Travel CUTS is owned and operated by the Canadian Federation of Students.

473 Portage Ave.
783-5353

TRAVEL CUTS
See the world your way
www.travelcuts.com

BENCH WARMERS
Every Wednesday | 7 p.m. | 92.9 KICK-FM
"RIDE THE PINE WITH US"

disclaimer

Canadian University Press (CUP) is a national student journalism organization providing daily wire services. *The Projector* selects articles from the wire which may interest our readers.

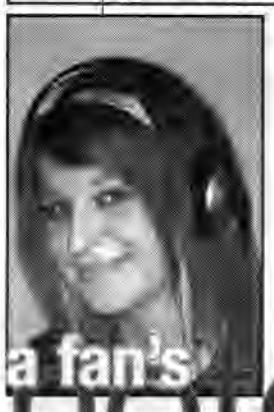
OUTLAW BOOKSELLERS
New and Used Discount Textbooks

We offer daily Delivery to Princess Street Campus!

Why wait in a line? Order On-line and SAVE!!

48 Stevenson Rd.
204-697-3939

Save up to 15% on New Books!
Order Online @ www.outlawbooksellers.com



the year in review

JEN ZORATTI,
ENTERTAINMENT EDITOR

There's one all-important New Year's tradition that is mightier than dressing up, kissing at midnight, or resolving to lose ten pounds. That tradition, my friends, is the Top Ten List.

Music writers spend agonizing hours compiling these lists. Arguing, crying, and debating takes place to produce a list that is thanklessly tossed aside, and of course, bitched about. Writers make lists, readers complain. It's as inevitable as death.

As much as I'd like to avoid the top ten list experience, 2005 really was a note-worthy year. Some pretty exciting stuff happened this year. Canadian indie rock climbed out of its hiding place underground and onto the pages of *SPIN*. It was the biggest year for tours since 1992. Winnipeg got to prove that the flatter the land, the harder the rock. We fell back in love with the synthesizer and pondered why the shit might be bananas. And, as you may have heard, Green Day made a really good album this year.

So, let's take a look at some of the bands, albums and places that rocked 2005.

Best Album: Green Day, *American Idiot*

It was the year's most hyped album, but Green Day's *American Idiot* was a turning point for our favourite California punks. It's a rare album that's good from start to finish, a successful concept album that reinvented the rock opera. Most importantly, it's an album that brought politics back into punk rock at a time when it's most relevant. They're still the bratty punks we love from *Dookie*, but sometimes, it's not a bad thing to grow up.

Best Canadian Album: The Arcade Fire, *Funeral*

Montreal indie super group The Arcade Fire have quickly become one of Canada's foremost bands with their debut album *Funeral*. Although dark is what the title suggests, *Funeral* is actually a soaring, uplifting album that's as beautiful as it is tragic. Win Butler's distinctive, broken vocals paired with the chorus of his seven bandmates give power to an album that commands you to move and is easily one of the most stunning albums of the year.

Best Winnipeg Album: Novillero, *Aim Right for the Holes in Their Lives*

Although these guys hail from right here in the 'Peg, the indie rockers sound like they could be from across the pond. With their 60s inspired mod rock sound, Novillero have won the hearts of many Winnipeg scenesters and nay critics alike. Tightening their sound (and their live show), Novillero delivered on one of the most locally anticipated albums of the year. *Aim Right for the Holes in their Lives* is a downright infectious little album, and one of the most fun spins from 2005.

Best Music Scene: Montreal

Now before you call me a traitor, hear me out. I love Winnipeg's music scene. I really do. Winnipeg is why we have the aforementioned modsters Novillero and equally retro Telepathic Butterflies, two of my favourite bands. But in 2005, Montreal proved themselves as an indie hot spot, producing bands such as The Arcade Fire, Wolf Parade, and The Dears. Montreal received some press earlier this year in *SPIN*, and with their booming scene, truly deserve the title as "the next Seattle."

Overall, I give 2005 an A-. Of course, extra points for the 16-date Pearl Jam tour.

mayhem natural for nerd-rock band

BY CARA LYTWYN

PHOTO: CARA LYTWYN

A weird Sunday spent at the practice of Winnipeg's Project Wild Rice, is nothing short of a gong-show hosted by three supreme clowns.

As they begin to play in the tiniest living room in the world, the influences of Weezer and Nirvana are exposed, as mellowed angst and odd humour fill the room. Many of the songs feature fast-paced punk, a sound often missed in a world of trendy O.C. bands.

"It's hot in here," says drummer Joel Passante between songs. "I don't want to take off my shirt. There's a lady present; I don't want to make her barf."

Self-described, sexy, geek-rock, PWR has been playing together for nearly two years. The Band members consist of three, strange, young men: Roman Kulczycki (lead guitar, vocals), currently enrolled at Red River College; Joel Passante (drums), currently manager of a Wal-Mart toy department; and John Marquez (bass), a computer technician.

All three boys have dignified roles: Kulczycki, the magnetic charmer; Marquez, the affable drinking buddy; and Passante, the nerd to an almost Screech Powers degree.

"Yes, I own a remote controlled robot," Passante admits.

The boys played for over two years in the band E.S.V. (Eat Shit Victor), and even cranked out a complete album.

"Apparently, when people listen to it while being really drunk and stoned, they love it," Marquez says.

The demise of E.S.V came after the disappointing CD creation, members constantly ditching practice, and the guys wanting to change instruments: Kulczycki played drums; Passante, bass; and Marquez, keyboards.

"Nobody plays keyboard anymore," says Marquez with a laugh. "Except for Exit, those guys were f***ing awesome."

PWR's name came from a combination of being a secret side-project while still playing in E.S.V., and they felt wild rice best represented their different ethnicity.

All songs are written by Kulczycki, who is often inspired after getting burned by a lady. How often does that happen?

"Well, look how many songs we have," Marquez answers.

Songs are cleverly composed about break-ups and unrequited love, such as *Stupid Shallow* and *Like me*.

"It's real emo and weenie," says Kulczycki. "(*Like me* is) one of our very first songs."

You're very tasty, is a song about Buffalo wings. *She looked 23 to me* includes the lyrics, "She doesn't know who Brian Mulroney is / she thinks Metallica is a chemical element."

On stage antics are completely inimitable, causing stomach aching bursts of laughter. Shows often feature sister/mom jokes, giant foam cowboy hats, thongs, sparklers, and of course, cowbell.

The boys have a distinct style, especially Passante with his bowties, checkered wristbands, and suspenders.

"I've been wearing ties a lot longer than that whore Avril," says Passante.

PWR has one strong element that's often missed by many bands today. They care about entertaining crowds and just having fun while they play. They're refreshingly free of pretension and the redundant importance of "making it."

PWR has goals, such as playing Skalloween, making a four song LP, becoming more established locally, and creating merchandise. Currently, they offer clever stickers that read, "Eat Rice Today."

To date, they have developed partnerships with local talent, such as The Angst, and have played at The Zoo and The Pyramid.

"We're not looking to score any record deals with Chad Kroeger or anything like that," says Kulczycki.

For more information visit: *myspace.com/projectwildrice.*

multi-talented musician not taken for granted

BY MARK MERKOSKE

If you're eager to discover Winnipeg's best-kept secret, you should drop by 691 Corydon on a Thursday night. That's where you'll find multi-instrumentalist Grant Leutschaft ripping it up at the Red Cactus.

From rock to country to reggae to blues and jazz, nothing is off limits during any given set list. Accompanied by Nazeem Lakay on bass guitar, Grant draws a consistently large crowd.

"In the winter, on a week night, there's usually, like, four people in here, but Thursday nights are a completely different scene," said waitress, Holly, while trying to avoid the flow of traffic.

Leutschaft is a Winnipeg-based musician who's been plugging away on the local scene for 13 years. Playing guitar and singing in various bands for the better part of his career, Grant had been concentrating on solo gigs for about four years until he hooked up with Lakay six months ago. Lakay's classy and tasteful chops lend a unique element to the music. At first listen, it's hard to believe that only two people are producing the depth of sound that's created.

Leutschaft has been writing as long as he's been playing. *Grant Leutschaft: Volume I*, recorded mostly in his living room, is his debut. Representative of his many influences, the recording features his stellar musicianship and sensible song writing. He's now looking forward to working with Lakay, formerly of Wild T and the Spirit, on his next project.

"There's nothing better than getting paid to play the guitar."

- GRANT LEUTSCHAFT

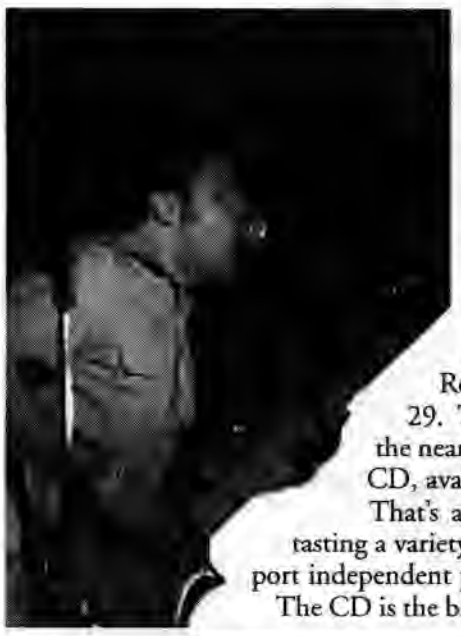
"I'm playing about three nights a week right now, plus private parties here and there," Leutschaft said. "After I take some holidays over Christmas out on the east coast, we're going to hole up in my basement for most of January and start recording."

So if it's a night of dancing you're looking for, or you just want to sit back and soak up the sounds, you're sure to find something you'll love about this multi-talented entertainer. He's always willing to interact with the audience, and it is seemingly impossible to stump him on a request. Leutschaft loves what he does, proving it with every performance. In his own words, "there's nothing better than getting paid to play the guitar."

You can also catch Leutschaft at Earl's on Main every Tuesday night. Check out his website at *grantleutschaft.com.*

IS YOUR BIRTHDAY IN FEBRUARY?
First February-born RRC student to e-mail us wins Taste-the-World "all-you-can-eat" buffet for two ($30 value) plus $25 betting voucher to spend in our Las Vegas-style big-screen horseplaying area at Assiniboia Downs. Five others win $10 betting vouchers. contests@assiniboiadowns.com.
Watch this space each issue for new birthday months

PHOTO: MATTHEW PARRISH, TRUTHEXPLOSION.COM



punk bands promoted

BY AMIE LESYK

Rock out with some of Winnipeg's finest bands at the 3rd Generation CD Release Shows, Jan. 27 and 29. The roster features 11 of the nearly 40 bands that are on the CD, available for only five bucks. That's a very reasonable price for tasting a variety of music and to help support independent productions in Winnipeg.

The CD is the brainchild of a certain group of Winnipeggers called 3rd Generation.

"3rd Generation is a collective of punkers and activists," says The Brat Attack's Davey Brat. Brat is part of the crew who masterminded 3rd Generation.

This collective has been putting together CDs, releases, concerts, and promoting local and allied bands for over 10 years. The first release was a run of 100 cassettes in '95. The new release is a mastered CD of 38 songs by 38 allied bands from across the country.

"Exposing people to new amazing music is the key goal," Brat says, "to get our friend's bands heard."

The CD will be sold by participating bands at their shows and, it will be sold on tour to spread the word about these awesome local bands.

"We will distribute all across Canada and sometimes the states," Brat says.

Radio stations will also receive copies, and the bands hope this will help them gain new ground in Canada.

Aside from the musical spectrum of concerts and albums, 3rd Generation wants to express an opinion. The Brat Attack has always been known for their political stances, and being a part of 3rd Generation is another way for them to get their opinions heard.

"We hope to expose people to new ideas, to expose them to the injustices that need to be fought, (and) to give people hope," Brat says. "Many times I sit down with strangers and try to answer to the best of my ability any questions they have about activism, how to get involved, how to network, build bridges, DIY punk culture, anything...that being apathetic is not the final solution to anything."

Even though some people criticize bands for being too political, The Brat Attack thinks it is appropriate. If you're going to have such a powerful outlet, why not use it to say something that's worth hearing? That is the opinion they seem to present.

"I would never want the band to fall into the pit of singing songs about broken hearts, materialism or how much we rock," Brat says.

Some of the bands featured on this compilation include The Farrell Bros, High Five Drive, Closet Monster, and Port Amoral. Both concerts are all age shows. Friday night's show starts at 7:00 p.m. at the West End Cultural Centre. Sunday night's show is at the Fort Garry Community Centre, beginning at 6:00 p.m. For more information, visit *thebratattack.com*.

blues king blows crowd away

BY MARK MERKOSKE

While more than 15,000 fans were losing their voices screaming for rock icons Aerosmith and Lenny Kravitz at the MTS Centre on Dec. 8, an eternally grateful, intimate crowd of about 2,000 was mesmerized by living legend B. B. King at the Centennial Concert Hall.

If there was any doubt about whether the ageless blues idol could still get the job done, it was certainly expelled. Although King plays less guitar during the shows these days, his nimble fingers can still dance across the fret board like a man 30 years his junior, while his singing is as strong and honest as it has ever been.

But then, that's what living the blues for sixty-plus years does for you. King, 80, has been playing to crowds since his youth in Itta Bena, Mississippi, busking on street corners for spare change. At 22, he hitched his way to Memphis to launch his career, and he's been touring ever since.

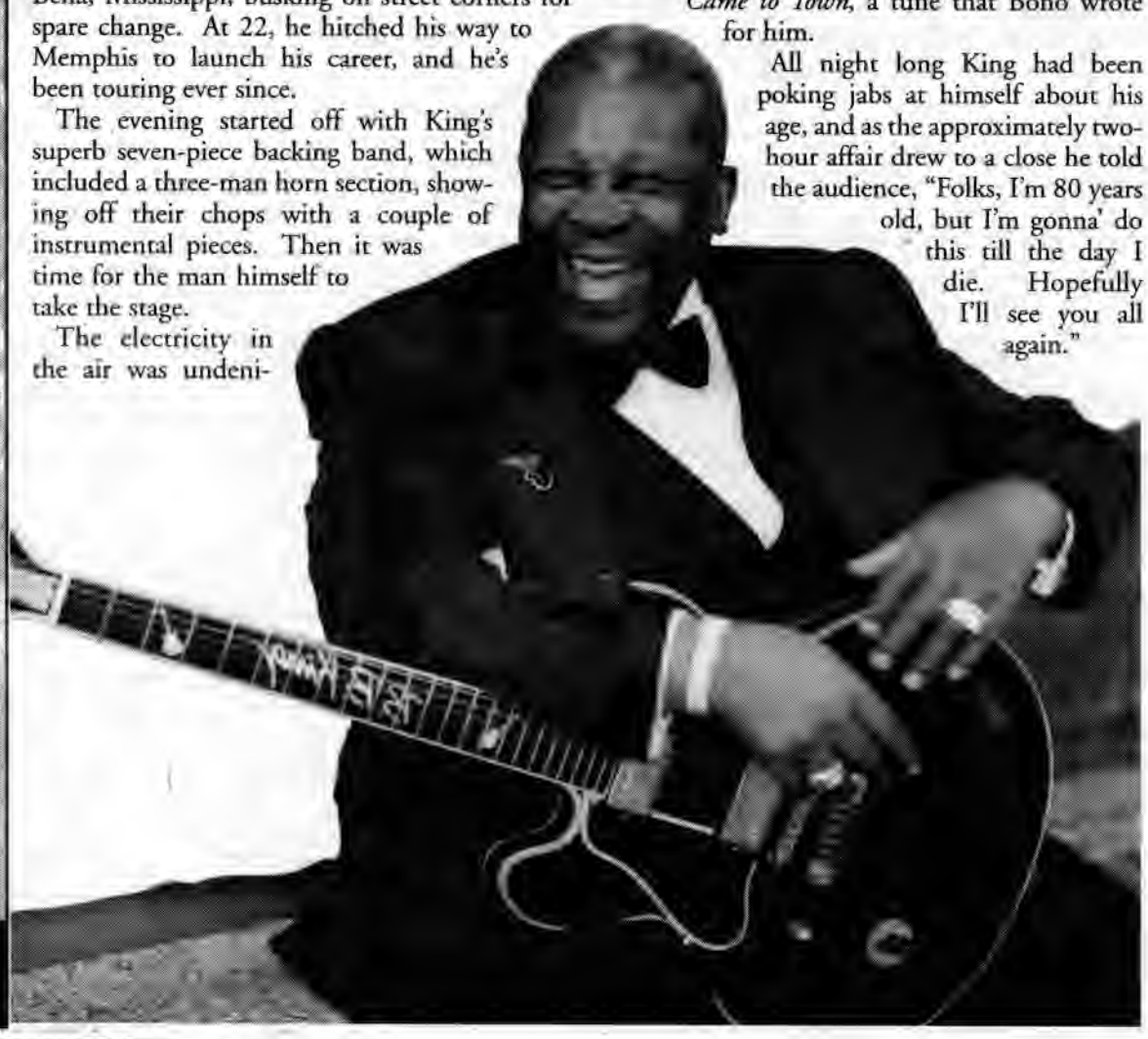
The evening started off with King's superb seven-piece backing band, which included a three-man horn section, showing off their chops with a couple of instrumental pieces. Then it was time for the man himself to take the stage.

The electricity in the air was undeniable as King exuded an aura that permeated the crowd. A master of showmanship, King and his signature guitar, Lucille, had the crowd in the palm of his hand for the entire show. At times he told stories while his band laid down the groove behind him. Then, when least expected, he would tear into the vocals of the tune like a man possessed, his band following right on cue.

The audience whistled and hollered their approval all night long while being schooled in Blues 101. The band's dynamics and clever interplay, along with King's distinct, instantly recognizable guitar playing and desperate vocals had, the hair on my arms standing at attention throughout the show.

Included in the evening's set was *Rock Me Baby*, *Ain't That Just Like a Woman*, and of course his staple, *The Thrill is Gone*. King also gave a tip of the hat to Bono when he played *When Love Came to Town*, a tune that Bono wrote for him.

All night long King had been poking jabs at himself about his age, and as the approximately two-hour affair drew to a close he told the audience, "Folks, I'm 80 years old, but I'm gonna' do this till the day I die. Hopefully I'll see you all again."



Diversity & Immigrant Student Support

Are you an immigrant or international student? Are you having difficulty adjusting to College culture and Canadian life? For the rest of the year, the office of Diversity & Immigrant Student Support will be publishing a series of columns in the Projector that deal with common problems faced by newcomers to Canada.

Making Friends

"It is very hard for me to stay here because my family and friends are all in my country. Here, I need to start a new life and choose new friends. It is not so easy for me to create that new life."

Veronica, from Venezuela

Coming to Canada means leaving the familiar people and things from your homeland. These include your family and friends, food, routine and your place in the community. In Canada, you have to start over, make new friends and build a new life.

It is natural to feel angry, sad and confused as you build your Canadian life. There are no familiar faces or places to go to. It is not easy to make friends – other students always seem so busy. And when you do meet new people, they may have ideas about your life or your country that are not accurate. It can all make you feel tired and frustrated.

Do not give up.

You can, and will, make new friends at Canada. It takes time. It is easiest to make friends with other newcomers, as you share the experience of living in a new culture. Farat, a refugee from Turkey said, "It was difficult to find friends because of the language, but when I went to English school it was easier. I also met a lot of friends in the gym and when engaged in volunteer work. Now I improve my English by practicing with my new friends."

Also, remember that most of us made friends when we were young. Making friends when you are older is harder. Older people have more routines and are busy with work and family. Therefore, they have less time and energy to make new friends.

Tips

Here is a list of College programs and outside organizations where immigrant/international students can make new friends:

- Saturday morning English language and Canadian culture workshops
- The Cultural and Language Mentorship Program
- Student Association activities and events
- Diversity events (such as Chinese New Year, or Foreign Film Fridays)
- At a temple, church, mosque or other religious or spiritual places
- Volunteer organizations
- At fitness classes and Wellness activities at the College

Please visit the office of Diversity & Immigrant Student Support in Building D, Room 105, Notre Dame Campus and Room P210J at the Princess Street Campus for help joining in on these activities.

You can also call **632-2404** or email Lauren Phillips at **lmphillips@rrc.mb.ca**

"Making Friends" has been extracted from: Citizenship and Immigration Canada. Alone in Canada: 21 ways to make it better. Toronto: Centre for Addiction and Mental Health, 2001

RED RIVER COLLEGE
OF APPLIED ARTS, SCIENCE AND TECHNOLOGY

cd reviews

C+

Prozzak
Cruel Cruel World

In the late 1990s, they brought you the song Sucks to be you and a few other equally catchy, sickly-sweet pop songs. Now the cartoon duo of Simon and Milo are back with a new effort, the first in five years.

The lapse between records has seen a change in musical style; their previous efforts were dance driven, and the new effort is more rock-driven. The change is a more suiting fit from the imaginations of two members of The Philosopher Kings.

The updated sound can be heard as the disc starts, with a pleasing upbeat guitar rift in the song, When I Think of You. The older rock style continues for several songs, such as Tricky, Don't Love Me that Way, and Just Friends. The latter teases by beginning with a synthesizer intro, only to give way to a rock beat.

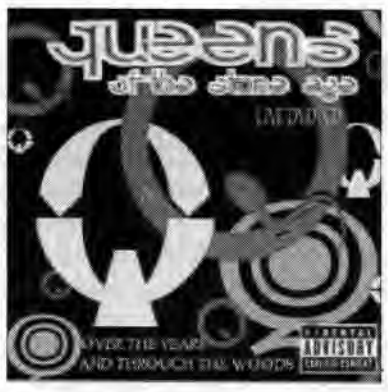
The flow of the album switches between a rock and a decidedly '90s beat. Songs It's Not So Bad and Cruel Cruel World, include '80s synthesizers and drumbeats. Not completely unpleasant, they are, a distraction from the feel of the rest of the album.

While the duo has allowed their sound to mature from their old dance hits, they continue to produce songs with simple, catchy lyrics reflecting that Simon is still searching for love.

Choruses continue to contain repeated phrases, creating the irritating effect of getting these songs stuck in your head. The simple sounding lyrics and occasional aggravating vocals detract from an otherwise pleasant album.

With the pair's reinvented sound and long wait between albums, it still remains to be seen whether their old fans will welcome them back with open arms. And honestly, will those fans want to admit to it?

- CARIE WILLSON



A-

Queens of the Stone Age
Over the Years and Through the Woods
Interscope Records

Fans who got a chance to see Queens of the Stone Age (QOTSA) back in April 2005 at the Burton Cummings Theatre will love the new live album, Over the Years and Through the Woods.

The album/DVD, released in Nov. '05, is the band's first live recording and covers a concert that took place in London, England.

The beauty of this recording is that it captures the sound of that tour. When I sat down to listen to this album, I could not believe how much it sounded like the show at the Burton Cummings theatre – one of the best rock shows I have seen. The album is nothing short of what I witnessed that night, including very funny anecdotes by front man Josh Homme.

The cinematography of the DVD is amazing and includes extra tracks that the CD does not have. The concert footage on the DVD was recorded in a theatre much like the Burton Cummings. QOTSA fans can relive that amazing night over and over again.

The DVD also includes bonus footage of the band on past tours in its many incarnations, most notably with past members Dave Grohl and founding member Mark Lanegan.

The new album and DVD is a treat for the eyes, and ears. If you're a real QOTSA fan, you won't need much more incentive to buy this album than being able to see Josh Homme gyrate his hips one more time.

- JENNIFER JULARBAL

B+

Dr. Rage and The Uppercuts
Hittin' Wood and Diamond Hard
Independent
Interscope Records

Hearing the name Dr. Rage and The Uppercuts you may expect a rough thrash type sound. Even the album art, featuring bloody fists and a metal-looking lead singer, is misleading.

But Dr. Rage and The Uppercuts have a sound that is mellow, bluesy, old-school-type rock. They remind of cruising down a highway on a warm summer day or sitting around a summer night's bonfire, drinking a cold beer.

The feel brought on by this album is totally relaxing. The songs are heartfelt, yet still chilled-out, Rock n' Roll tunes. It has a bit of classic rock feel, not cheesy classic rock, but classic, solid, '70s style rock.

This album is good as a whole, as more of a soundtrack or background to whatever's going on in your life. There isn't one song that is way better than the rest. It all levels out, and that consistency is probably one of the bands major traits. They stick to the tried and true and probably don't try to be anything other than that.

They also make some funny and bold claims on the back of the CD cover about how most of the album is recorded live off the floor and not "processed, manipulated, cut and pasted together". This knocks some of today's popular bands who struggle to sound good live after releasing massively edited studio albums.

The band warns that if "you are expecting to hear an over-processed pop rock album with the same…cookie cutter production that every rock band on commercial radio has, your tiny brain will probably be over stimulated." For these comments Dr. Rage and The Uppercuts earn bonus points from me.

I do feel they'd probably be awesome friends, jamming around the previously mentioned summer bonfire. Maybe I'll invite them over in the summer for a backyard party. And if I ever get the muscle car of my dreams these guys will definitely be playing on the stereo as I cruise down to Memphis.

- AMIE LESYK

B+

Kustom 45
Self Titled
Ploud Records

I rocked out with these greaser boys on New Years Eve and somehow ended up with a copy of their CD in my hand.

They are a straight-up rockabilly band from Saskatchewan who put on an awesome live show with a swinging metallic lime-green stand up bass and wicked hair-dos.

The evening was a blur, but I do remember some serious dancing going on to the tunes of this band. I must have been impressed, since I picked up their CD featuring eight tracks of pure rockabilly. This fun music features classic bass riffs, fancy guitar pickin', and a loose-greaser singing style.

Being a fan of this type of music helps in appreciating these Saskatchewan boys, who otherwise seem like a bunch of yokels.

They play Friday night music that's great for dancing (not club style, friends). It's innocent and nostalgic of the early eras of rock n' roll; a great ode to this time in music history. I grew up with this old school style of music so those bass riffs have a place in my heart as they most likely do for these boys.

It's nice to have this type of music when one just wants to have a good time and not think about anything else. Put on some dancing shoes and swing away.

They are a small time band, doing their own thing. I am not even sure if Ploud Records exists or it's on the back of their CD for decoration, so more power to them. They're probably doing this on the side purely because they love it and that is when music is the best.

- AMIE LESYK

from the cutting room floor

same 'ol song and dance

ALAN MACKENZIE, COLUMNIST

Should singing and dancing be left on the stage?

The box office, critical, and Academy Award success of the 2002 film adaptation of the Broadway musical *Chicago* inevitably led to Hollywood pumping out more re-workings of song-and-dance shows, but for some reason other recent musical adaptations have completely failed to capture movie goers' imaginations.

A lukewarm response to Christopher Columbus' screen version of *Rent* led to the film playing the cheap theatres within a month, the same will likely happen to the latest version of Mel Brooks' *The Producers.*

The Producers is entertaining enough, but left me with a desire to see either the stage version or Brooks' 1968 original; not because I wanted more, but because I wanted to see something that feels right.

First-time director Susan Stroman's *Producers* is just far too faithful to the stage show. It isn't like watching a movie, more like a filmed stage play. Some moments are very funny but, for the most part, the humour is too broad for the screen, and the songs feel forced. The best part of the film is the musical within the musical – Springtime for Hitler – which works well because there's a reason for the singing and dancing.

From the 1930s to the 1960s, many of the biggest motion pictures were musicals – *The Wizard of Oz, The Sound of Music, West Side Story,* and many others – but since then the genre has struggled. Occasionally there are cult hits along the lines of *The Rocky Horror Picture Show* (1975), but nothing mainstream.

Today's movie audiences, I think, just have a hard time accepting characters breaking into song. *Chicago* worked because the musical numbers were treated as dream sequences, and *Moulin Rouge* (which was written specifically for the screen using popular songs) worked because it was so highly stylized that it seemed to make sense for characters to sing. The musical format also works well in animated films, from family fare (*The Lion King* or just about any other Disney movie) to *South Park: Bigger, Longer, and Uncut.*

Of course, that's the problem with the Hollywood studio system – films are produced because they could make a load of money. Just as the success of *Star Wars* in 1977 led to inferior sci-fi like *Battle Beyond the Stars*, the success of *Chicago* paved the way for less inspired musical fare.

Fans of musicals can find some salvation in the indie and foreign markets. The 2001 film version of the off-Broadway hit *Hedwig and the Angry Inch* and the French murder mystery *8 Women* (2002) are among the best recent movie musicals, although they might not appeal to mainstream North American audiences.

The failure of *Rent, The Producers,* and *The Phantom of the Opera* (2004) probably means there won't be more musical adaptations on the big screen in the near future, but eventually some filmmaker somewhere will find a way to make it work as well as it did with *Chicago.* Until then, song-and-dance fans will have to seek out cartoons and maybe some harder-to-find titles.

cash prizes for amateur filmmakers

BY KELLY RYBACHUK

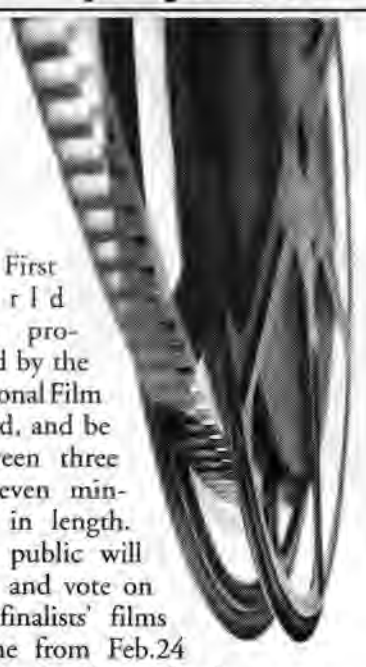
Calling all aspiring filmmakers. The upcoming months could provide you with exciting opportunities for national exposure for your film and lots of cash for your pocket.

The National Screen Institute and Movieola - The Short Film Channel, have teamed up to present the NSI National Exposure Amateur Movie Contest 2006. The contest gives filmmakers a chance to bring their ideas to life and submit a short film, of up to five minutes in length. Finalists can win cash prizes and big exposure, including a premiere at NSI FilmExchange Canada Film Festival held in Winnipeg in March and a world broadcast premiere on Movieola.

For the first time there will be a Viewers' Choice Award voted on by Movieola viewers, with a cash prize of $1000. Audience members attending the screening at the festival will also vote on their favourite film to decide who takes home the NSI FilmExchange People's Choice Award, also worth $1000.

Eight additional awards including Best Actor, Best Director, and Best Film from Manitoba will be chosen by an industry jury. The jury will also present an award for Best Overall Film, with a cash prize of $500. The deadline for submission is Jan. 20.

The National Film Board of Canada is holding a short film contest called, Make Shorts, Not War, for filmmakers between 15 and 25 years of age. All shorts must carry a message of peace, include one sequence of archival film of the First World War provided by the National Film Board, and be between three to seven minutes in length. The public will view and vote on the finalists' films online from Feb.24 to March 24 at *nfb.ca/makeshorts, silenceoncourt.tv, youngcuts.com,* and *terminus1525.ca.*



All shorts must be received by February 13. Registration information and contest regulations are available at *nfb.ca/makeshorts.*

typos of the year

Here is a collection of some of the year's biggest mistakes in journalism as reported by *regrettheerror.com.* The website's "Crunks '05: The Year in Media Errors and Corrections" piece serves as a reminder of how little mishaps have big consequences.

"Correction of the Year: The *Denver Daily News* would like to offer a sincere apology for a typo in Wednesday's Town Talk regarding New Jersey's proposal to ban smoking in automobiles. It was not the author's intention to call New Jersey 'Jew Jersey.'

"Best Error: Yes, it has to go to *Newsweek.* As you likely already know, The May 9 issue contained a short article that said American interrogators had desecrated the *Koran,* even flushing it down the toilet in one instance.

"The article cited a single, anonymous government source that said an internal investigation had turned up the evidence. *Newsweek* checked with two defense department officials to see if they had any objections to the report. They didn't voice any. "So the story ran and things were quiet until newspapers in Pakistan and Afghanistan began running accounts of the story. Then one politician used the report to help spur on protests that turned into riots that killed at least 15 people.

"Suddenly, the White House was all over the report, criticizing *Newsweek* and calling for a retraction. The pile-on continued and the magazine was unable to defend its reporting. Finally, *Newsweek* retracted the story.

"At one point, the *New York Post* ran a front-page headline: 'Holy Shiite.' How embarrassing for everyone.

"Typo of the Year: Feast your eyes on this November *Reuters* report about the recall of 'beef panties.'

"WASHINGTON (Reuters) – Quaker Maid Meats on Tuesday said it would voluntarily recall 94,400 pounds of frozen ground-beef panties that may be contaminated with E. Coli.

"First Runner Up: Norma Adams-Wade's June 15 column incorrectly called Mary Ann Thompson-Frenk a socialist. She is a socialite.

"Second Runner Up: Technology has revolutionized most of our lives in recent years and the media has particularly benefited from developments in IT and communications. But all technology should always be treated with a degree of caution. This was a lesson brought into sharp focus last week following a review of the Welsh National Opera's double bill performance of *Cavalleria Rusticana* and *Pagliacci* at the Empire Theatre. The problem arose when the computer spell checker did not recognise the term "WNO" (Welsh National Opera). A slip of the finger caused it to be replaced with the word 'winos'. All stories in the *Daily Post* go through a series of checks for error, but unfortunately this one slipped through the net. It just goes to show that it's hard to beat the good, old-fashioned dictionary."

– REGRETTHERROR.COM

WELLNESS PROGRAMS
(Princess Street Campus Location)

Fusion
Thursdays 12:00pm – 12:50pm, P107 January 19 – March 31 (10 Classes)
Instructor: Mary Swiridenko.
This class combines **Yoga** and **Pilates** to help tone and strengthen core muscles while enhancing mind-body conditioning for relaxation and stress management.
Cost: STUDENTS: $40.00 STAFF: $45.00 Minimum of 10 participants.

Aikido
Mondays 4:15pm – 5:45pm, P107 January 16 – March 27 (10 Classes)
Instructor: Brant Erickson (Head Instructor Winnipeg Ki Aikido)
Aikido is a unique blend of physical and mental training that emphasizes harmony, self-control, while promoting health and well-being. Aikido aims to neutralize an attacker's energy instead of inflicting harm.
Cost: STUDENTS: $50.00 STAFF: $55.00 Minimum of 10 participants.

Registration Deadline: Thursday, January 12.
Registration payments may be made at the Student Service Centre, P104
Call Recreation Services at 949-8499 for more information.

pam culture

appearance not a political issue

PAMELA ROZ, COLUMNIST

Physical style, appearance and choices are three issues Canadians are concerned with lately, not of themselves, but of the politicians who are vying for the role of all mighty Prime Minister.

I say role because the controversy over politicians' styles could easily be compared to the controversy that surrounds the ever-so-criticized actors in Hollywood.

On more than one occasion Conservative leader Stephen Harper has been criticized for his comb-over haircut, snooty suits, and noisy ties. Now, place these opinions in the "When Bad Clothes Happen to Good People" section of *US Weekly* and not only would he be mildly criticized, he would be torn apart.

For example the writers for *US Weekly* would pick a specific scenario Harper had been involved in. We'll go with the fact that he wants another vote in Parliament regarding same-sex marriages. Connect that with one of his outfits. How about the one he wore during the Election debate? Now add the caption "maybe Harper should take a style note from those whom he wants to stop from living married lives together". We all know who I'm talking about and those men are stylish.

Then again there were some quotes saying Harper was the most stylish of the bland bunch and that his pocket puff alone made him so. There will always be another side to the story.

One thing that actually made me laugh aloud was a suggestion about facial hair. I'll admit I didn't really notice NDP leader Jack Layton's moustache until a local paper published a close-up of it on the front page, declaring he needs a change in his looks.

Through the grapevine I have heard comparisons of Layton to a used car salesman, suggestions that facial hair isn't an issue, and a who gives a crap about the situation attitude (the latter coming from me of course).

Seriously people it's a mustache. We can all say we've seen our share of villains in movies and TV with facial hair (channeling David Hasselhoff in *Knight Rider*), but this is real life. Maybe his mustache is a tradition in the family? Maybe he doesn't actually have an upper lip?

I think if he shaved it off, it would create more controversy anyway. But that's what people want isn't it?

There hasn't been a lot noted on Gilles Duceppe and Prime Minister Paul Martin's appearances.

Duceppe, frankly, doesn't make a ton of headlines. Even if he were to wear something extremely notable Harper's play dough style hair would outshine him in the end. Similar to how Colin Farrell's attitude would out-do Adrian Brody's sweetness any day.

As many headlines as Martin's posh style makes, the Grandpa of the group's choices will be overshadowed by the pocket puffs and facial hair of the campaign.

When it comes down to it, vote for the right reasons - for what you believe is best for the country. Take note of the style because, heck, it's worth a laugh or two, but remember this isn't Hollywood. These men aren't actors and their choices in appearance don't dictate their opinions.

basil's experience baffles

D

Basils
137 Osborne St.

BY KATHRYN MCBURNEY

Basil's restaurant is a bewildering mish mash of styles: a large projector screen airing a hockey game, Aztec styled clay pots, wicker chairs, giant green umbrellas, ornate tiles, and pillars adorned with hazardous shards of fancy antique dishware.

The menu mirrored this eclectic style. The restaurant, belonging to Winnipeg entrepreneur Basil Lagopoulos, boasts an "unpretentious" atmosphere without "unpronounceable meals" on the menu. Open for dinner Mon-Sun, and lunch on Fri-Sat, Basil's offers everything from burgers with fries to Lamb and Vegetable Medley. Entrees cost $7.95-18.95.

The busy menu was a strain on my over-eater eyes. My husband, taking the easy route, chose the chef's special; lamb with rice and vegetables, priced at $15.95. For thirst quenching, a Moosehead beer for $3.95 was served up in a frosty mug. It was good enough for another.

Undercooked orange coloured rice arrived on a muted orange plate. The vegetables were thin slices of zucchini, onion and carrots. After a bite of his tough lamb I emitted an audible "ugh" and attempted to discreetly spit out gristly chunks into my napkin.

I ordered chicken skewers that came with boring romaine leaves and bland, oily linguini noodles for $14.50. Surprised the skewers didn't come with tsatziki sauce; I ordered it on the side at $2.50.

I've heard people say Basil's is an Osborne Village landmark, disappearing for 10 years before being re-established in May 2003. Perhaps Lagopoulos squeezed a little too much zest back into it upon its resurrection, since my lips puckered at the tangy chicken overtaken by lemon, and the tsatziki sauce which I normally sop up fully with bread had to be left for fear my lips might stay in a wrinkled position.

Before our meal we ordered hummus, smooth and heavy on the garlic. An abnormally long wait between appetizer and main dish forced me to order the drink special; a Long Island iced tea for $3.25. This too was laced with excessive lemon causing my mouth to crease. Did someone leave the lemon-making machine on?

Naturally at some point we needed the washrooms. Both of us wandered in confusion since there is no signage giving directions to the abodes. After asking a waiter, who grunted directions, we found a destination of neglected fixtures and floors that must not have been washed since the original opening. I did a one-finger touch of all doors and taps. Apparently they haven't heard that lemon juice works well as a cleaning agent.

Our friendly waitress, who maintained our needs without interrupting while our mouths were full, brought two suckers with our bill of $58.19. But, for 58 bucks, weren't we the suckers?

hu's gets a hit, but not a home run

B

Hu's On First
1 Portage Avenue E.

BY KELLY RYBACHUK

My curiosity piqued after I had heard conflicting opinions about the Hu's on First experience.

Stepping out of the elevator and onto the third floor of CanWest Global Park, I was greeted with an enticing aroma, beckoning me inside.

The interior of the restaurant was sleek, contemporary, and Asian inspired. Eye-catching bamboo posts extended up to the ceiling and a gorgeous fountain trickled into a tiny stream. When taking the reservation, the hostess had been gracious and accommodating, but when we arrived, there was still a short wait for the table. The Asian bistro was bustling and loud on that Friday night, an atmosphere better suited for a party than an intimate dinner.

The crispy honey chicken ($12.95) – tempura chicken, wok-tossed and served with broccoli and water chestnuts in a honey soy sauce – was excellent. It delivered just the right amount of sweetness in every bite. The chow mein ($13.95) was appetizing but didn't especially stand out to my taste buds. It included wok fried egg noodle cake topped with thinly sliced beef, vegetables and egg crepe, all in a light oyster sauce.

White rice, simple but appreciated, was complimentary.

The highlight of the meal was unquestionably dessert – banana walnut spring rolls ($5.55) with fresh bananas, walnuts and brown sugar wrapped in a hot, crispy pastry, served with vanilla ice cream and drizzled with hot caramel sauce. Although their delivery was delayed, it was definitely worth the wait as the warm banana melted in my mouth. Despite the menu's large wine selection, I chose the drink special for the evening – the tasty Shanghai lemonade ($4.95), a pink, fruity, vodka soaked concoction that was right up my alley.

Our server was amiable and knowledgeable, able to rattle off the beer selection and describe the drink special and dessert with ease. Unfortunately, the servers' uniforms were uninspired, just jeans with a white shirt and tie, a missed opportunity given that the Asian theme could have been reflected in the attire.

The washrooms were also disappointing and seemed like an afterthought. Down a hall from the dimly lit restaurant, the trip completely removed you from the atmosphere. Although the sinks looked like woks (very cool), the washrooms that were clean but institutional were another missed opportunity.

To my excitement, traditional Chinese takeout boxes with handles, something seen in the movies but rarely in Winnipeg, were used for the leftovers.

I look forward to returning to Hu's on First in the summer to take advantage of the excellent view of the baseball field but, however clichéd it is, I was disappointed to not receive a fortune cookie along with the bill.

Not sure how to address that touchy situation? Maybe a PC response is just what you need.

E-MAIL: carlyandpaul@theprojector.ca

Dear Carly and Paul,

What's your take on Internet dating? I always thought that Internet dating was for losers, but recently I met this girl who lives in Vancouver. We have been talking online for about 3 months now and I think we have a connection. We want to take it to the next level but don't know what the next level is. Am I wasting my time in this computer romance? Is there any hope?

- Nerd Love

PAUL SAYS:

The next step in your relationship would probably be a handshake, or perhaps a firm wave hello.

Internet relationships are easy because they are safe. In most cases you never actually meet the person you are dating and that takes a lot of the pressure off the whole situation.

But the problem is that they aren't real relationships until you actually meet the person in the flesh. Until then, it's just like flirting with a pen pal, except that you can feel like an idiot in seconds, instead of the standard two-week mailing period.

Sorry, but I don't think your dating will go any further until one of you makes the move to either Vancouver or Winnipeg for a visit.

And definitely don't trust any pictures she sent you online. That is one trip to Thailand and a visit with a lady, boy, I'll never forget.

CARLY SAYS:

Once again, Paul sees only the negative in this situation. I know lots of couples that have had wonderful relationships (even marriages) come out of an online meeting.

Maybe the best way for you to measure the possible success of this flirtation turning into something more is to look at how you are online: are you yourself or do you act like you are someone you aren't? Would you say the same things out loud that you type?

If you can honestly say that you are the same person online as you are in real life, then trying to get together to see how things go is a sensible step in your relationship. If you can't say you are the same in real life, save her the money and the time and just e-dump her.

Dear Carly and Paul,

I have been seeing this guy for about six months and although the sex is fantastic, one aspect is a little offsetting.

My boyfriend is an avid cat lover and insists on having his three cats in bed with us while we're making whoopee.

Don't get me wrong. This is not some deviated sex practice. The cats are not involved. They just 'linger' around and it gets annoying, distracting and problematic.

I've talked to him about this, and he says the cats must stay. "Love me, love my pussies," is his argument. Any suggestions on how I can deal with this?

- One Pussy Is Enough

PAUL SAYS:

Yeah, this is an easy solution. Put your foot down and tell him, "No cats in the bedroom while we are getting busy or there will be no more business for you!"

Any guy who would take his voyeuristic cats over what you are offering, probably doesn't deserve what you are offering and is more than likely sick in the brain with stupid disease.

And it's chronic. Get out while you still have your dignity intact. No one wants to lose out to a couple of cats.

CARLY SAYS:

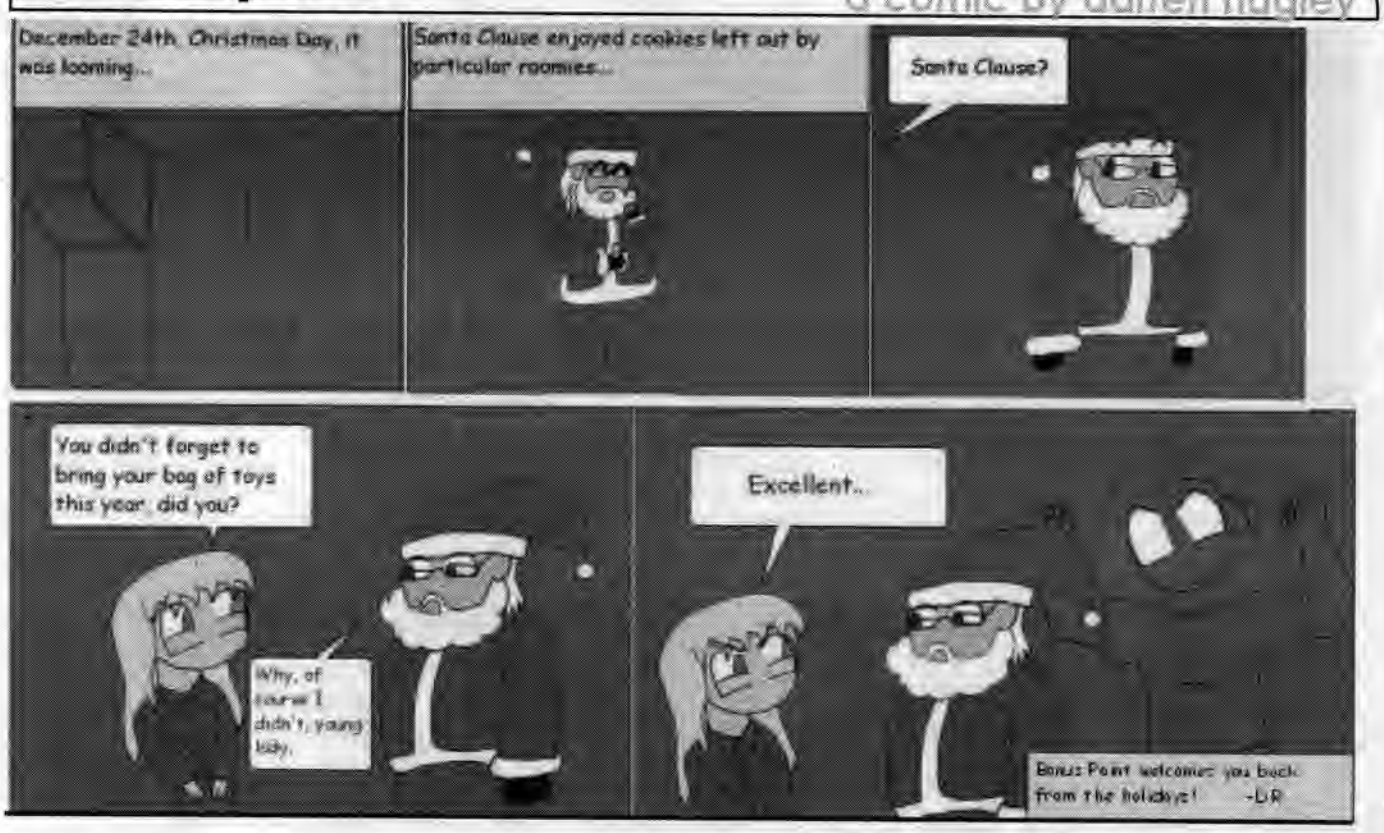
As much as I enjoyed reading your letter of excuses, I must tell you I think that you have taken the blinded-by-love-lady thing just a tad too far.

Here's the harsh truth: this guy is so selfish he can't sacrifice 20 minutes with his cat for a satisfying sexual encounter with you. If he is this emotionally dependent on his cats, imagine how much is going to be expected of you if this keeps going.

That's about as appealing as cleaning a litter box used by 3 cats. You should have pretended to be allergic from the start.

bonus point

a comic by darren ridgley



Like our cover?
Think you can do better?
Prove it.

Pay the us a visit in W102, or email us at photos@theprojector.ca and sign yourself up for some good old-fashioned picture-taking.

This issue of *The Projector* was brought to you by some really keen interns.

If you'd like to join the fun, come on by!

The next *Projector* meeting is Friday, January 20 at noon in W102.

We look forward to seeing you!

Meltdown Week 2006

January 30—February 3
Red River College

Comedians, Musicians,
Hypnotist, Movies,
Prizes, Pancakes,
Floor Hockey,
Poker,
Bar Nights,
Glow Bowling,
And lots more!!

One great week of Events

For more information, check this space... next issue...Jan 24th